

TRAINING CATALOGUE



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ACCOUNTING SKILLS FOR NEW SUPERVISORS

Many of us flinch when we hear terms like depreciation, cash flow, balance sheet, and (worst of all!) budgets. However, these are all important concepts to understand if you're going to succeed in today's business world, particularly as a supervisor. Even better, financial terms are not as scary as they seem!

LEARNING OUTCOMES

Describe the art of finance and financial management Explain key financial terms Determine your role in company finances Find the rules and regulations for your area and industry

Discuss various types of financial reports, including income statements, balance sheets, cash flow statements, and statements of retained earnings

Explain how a chart of accounts is created Tell the difference between cash and accrual accounting Explain single-entry and double-entry bookkeeping Differentiate between debits and credits Identify and analyze important financial data Make financial decisions Read annual reports

Determine whether a company is financially high or low risk Recognize different types of organizational financial plans Explain what budgets are and how to prepare them

Recognize what computer skills you need to make you a financial whiz Deal with financial situations that impact the people that work for you

- 1. Course Overview
- 2. Getting the Facts Straight Starting with the Basics
- 3. General Accepted Accounting Principles (GAAP)
- 4. Getting to Know the Players Identifying the Key Players in Your Organization Governing Organizations
- 5. The Accounting Cycle
- 6. Underlying Principles Overview of the Accounting Cycle
- 7. Case Study: Happy Haircuts
- 8. The Key Reports
- 9. The Income Statement Sample Income Statement The Balance Sheet Sample Balance Sheet The Cash Flow Statement
- 10. Statement of Retained Earnings
- 11. Keeping Score
- 12. Understanding the Chart of Accounts
- 13. Single vs. Double Entry Accounting

- 14. Self-Test
- 15. A Review of Financial Terms
- 16. Understanding Debits and Credits Understanding Debits and Credits
- 17. Working with Debits and Credits
- 18. Your Financial Analysis Toolbox Identifying the Relevant Data Analyzing the Data
- 19. Reading Annual Reports Case Study
- 20. Using Charts and Graphs Using Ratios for Decision Making
- 21.
- 22. Identifying High and Low Risk Companies
- 23. General Guidelines Case Study
- 24. The Basics of Budgeting Defining a Budget
- 25. The Budgeting Process Case Study
- 26. Working Smarter
- 27. Computer Survival Skills Things to Consider When Choosing Accounting Software
- 28. People and Numbers
- 29. Personal Action Plan
- 30. Recommended Reading List
- 31. Post-Course Assessment

ACTIVE LISTENING

Communication skills are at the heart of everything we do each day, whether at home, at work, or at play. Active listening encompasses the best of communication, including listening to what others are saying, processing the information, and responding to it in order to clarify and elicit more information. This course will help participants develop and practice their active listening skills.

LEARNING OUTCOMES

Define active listening and its key components Identify ways to become a better listener

Use body language to reflect a positive listening attitude

Understand the difference between sympathy and empathy, and when each is appropriate

Create a listening mindset using framing,

positive intent, and focus Be genuine in your communications

Understand the communication process Ask questions, probe for information, and use paraphrasing techniques Build relationships to create an authentic communication experience Identify common listening problems and solutions

- 1. Course Overview
- 2. Defining Active Listening What is Active Listening? Identifying Good Listeners Tips for Becoming a Better Listener Pre-Assignment Review
- 3. Body Language Basics
- 4. Attitude is Everything! Understanding Sympathy and Empathy Creating the Right Mindset Being Genuine Making Connections
- 5. Encouraging Conversation What Is Said and What Is Heard **Asking Questions Probing Techniques** Paraphrasing Techniques

- 6. Building Relationships Building Common Ground NLP Tips and Tricks
- 7. Getting Over Listening Roadblocks
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

ADVANCED PROJECT MANAGEMENT

It's easy to forget the "manager" part of your "project manager" title among the other range of activities you are responsible for. However, your management skills are an important part of your success as a project manager, so it is crucial that you grow both of those skill sets. There are also some advanced project management techniques that you can master to help bring your projects to successful completion.

This course presumes that students have a thorough understanding of project management, including topics such as preparing a statement of work, setting project goals, scheduling, budgeting, managing project risks, and executing a project.

LEARNING OUTCOMES

Think critically when choosing a project team Make the best of an assigned project team

Help teams move through various stages to become a high-functioning unit Maximize productivity at team meetings Reward and motivate your team Develop and execute a communication plan

Communicate with sponsors and executives more effectively Identify strategies for working with problem team members

- 1. Course Overview
- Choosing the Project Team Choosing the Team Pre-Assignment Review Four Issues to
 - Address with Project Teams
- 3. Building a Winning Team Why is Teamwork Important? The Stages of Team Development
- Managing Team Meetings Starting on the Right Foot Making Committees Work Making Connections
- 5. Easy Ways to Reward Your Team
- Developing a Communication Plan
 The Five Components
 Case Study

- Communicating with Sponsors and Executives
 Communication Excellence Making Connections
- 8. Dealing w/Problem Team Members Developing Understanding When to Walk Away When Things Don't Work
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

ADVANCED SKILLS FOR THE PRACTICAL TRAINER

Behind every spectacular training session is a lot of preparation and meticulous attention to detail. The truly skilled trainer can make a program exciting! This course will teach you advanced skills that can help you take your training programs to the next level.

We recommend that you complete "The Practical Trainer" before beginning this course.

LEARNING OUTCOMES

Demonstrate your understanding of learning styles and how to accommodate all four learning styles in the classroom Apply the key principles of effective communication in a workshop setting Use a variety of training techniques to stimulate participation

Develop a plan and prepare for an effec-

tive training session Explain the different levels of evaluation and when to use each Identify advanced interventions for difficult situations

Put your skills to work for a training presentation

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Preparing to Learn Pre-Assignment Review Individual Reflec-
- 3. Understanding Learning The Trainer's Role Case Study Personal Skill Identification
- 4. Competencies for Adult Educators Questionnaire Competency Questionnaire Making Connections
- 5. Accommodating Learning Preferences The Learning Process, Part One The Learning Process, Part Two The Stages of Learning Preparing a Plan Learning Styles: The Authentic Idealist, Part One Learning Styles: The Authentic Idealist, Part Two Learning Styles: The Inquiring Rational,

Part One

Learning Styles: The Inquiring Rational,

Part Two

Learning Styles: The Resourceful Artisan,

Part One

Learning Styles: The Resourceful Artisan,

Part Two

Learning Styles: The Organized Guardian,

Part One

Learning Styles: The Organized Guardian,

Part Two

Learning Styles: The Organized Guardian,

Part Three

6. Increasing Your Expertise Learning and Motivation

Things We Know About Adult Learners and Their Motivation Design Considerations

Things We Know About Designing Curricula, Part One Things We Know About Designing Curricula, Part Two Things We Know About the Learning Environment, Part One Things We Know About the Learning Environment, Part Two Changing Points of View

ADVANCED SKILLS FOR THE PRACTICAL TRAINER CONT'

COURSE OUTLINE CONT'

- 7. Using Existing Materials Customizing Courseware What Does It Take To Customize A Program? Copyright Considerations Over-Plan and Over-Prepare, Part One
 - Over-Plan and Over-Prepare, Part Two
- 8. Managing the Stress of Training Easy
 De-Stressing Techniques Building Resilience, Part One Building Resilience, Part
 Two De-Stressing in Class
- Planning a Workshop
 Preparing the Essentials What Significance
 Does This Have for Us as Trainers or Facilitators?
 - Preparation Activities Planning for Success Anticipating Challenges, Part One Anticipating Challenges, Part Two
- 10. Preparing Visual Aids
 PowerPoint Slides
 Video (Digital or DVD)
 Flip Charts
 Whiteboard or Chalkboard
 Smartboards
- 11. Your Role as an Effective Communicator Good Discussions Making Connections
- 12. Questioning as a Training Technique Asking QuestionsTypes of Questions
- 13. Kirkpatrick's Levels of Evaluation Level
 One: Reaction, Part One Level One: Reaction, Part Two Sample One
 Sample Two Sample Three Sample Four
 Level Two: Knowledge Evaluation
 Sample Comfort Level Evaluation
 Sample Pre and Post Test Level Three:
 Transfer of Learning
 Level Four: Impact Evaluation, Part One

- Level Four: Impact Evaluation, Part Two Sample Impact Evaluation for Participants Skill Application
- 14. On-the-Job Support
 Designing Effective On-the-Job Support
- 15. Dealing with Difficult Situations Potential Problems
- 16. Training in Different Forums In Person or Not?Limitations and Considerations, Part One Limitations and Considerations, Part Two
- 17. Webinar Webinar Platforms Webinar Platforms Webinar Planning Webinar Agenda Exercise
- 18. Team Teaching
 What is Team Teaching? Co-Facilitation
 Inventory Training Presentations
- Training Preparation
 Training Preparation Worksheet
- 20. Training Presentations
 Training Evaluation Form
- 21. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 22. Course Summary
- 23. Recommended Reading List
- 24. Post-Course Assessment

ADVANCED WRITING SKILLS

As a writer you want your readers to be sincerely interested and engaged by your writing. If your message has been designed and executed effectively, you can capture your audience's full attention.

LEARNING OUTCOMES

Make your writing clear, complete, concise, and correct. Improve sentence construction and paragraph development. Deal with specific business requests. Create effective business cases, proposals, and reports. Thoroughly document sources that you use in your writing.

- 1. Course Overview
- 2. Learning Objectives Pre-Assignment
- 3. Pre-Course Assessment
- 4. The C's of Writing
- 5. Writing Clearly Familiar Words Precise Words Concrete Nouns Jargon, Part One Jargon, Part Two Writing Concisely Making Connections Writing Correctly Style
- 6. Facts, Part One Facts, Part Two Facts, Part Three
- 7. Choosing Your Sources
- 8. Writing Mechanics
- 9. Building Paragraphs: Emphasis, Part One
- 10. Building Paragraphs: Emphasis, Part Two
- 11. Building Paragraphs: Sentence Unity Building Paragraphs: Sentence Structure, Part One
- 12. Building Paragraphs: Sentence Structure, Part Two

- 13. Building Paragraphs: Paragraph Size Proper Paragraphs
- 14. More on Paragraphs Making Connections
- 15. Dealing with Specific Requests Types of Letters
- 16. Keeping it Real
- 17. Online Business Communications Blogging for Business, Part One Blogging for Business, Part Two Guidelines
- 18. Making Connections
- 19.
- 20. Connecting Through Social Media, Part
- 21. Connecting Through Social Media, Part
- 22. Documentation, Part One Documentation, Part Two
- 23. Editing Techniques
- 24. Pre-Assignment Review
- 25. Personal Action Plan
- 26. Starting Point Where I Want to Go
- 27. How I Will Get There
- 28. Course Summary
- 29. Recommended Reading List
- 30. Post-Course Assessment

AN ENVIRONMENTAL AUDIT PRIMER

This course provides participants with the knowledge and skills to conduct internal environmental audits. Practical, proven techniques for planning, conducting, and reporting on internal environmental audits will be introduced. Role-plays and case studies based on actual audits will be used to reinforce the concepts and provide participants with practice in applying the principles to situations typically encountered during internal auditing.

LEARNING OUTCOMES

Explain the different types of audits and the levels of auditing available.

Know the qualifications of auditors and the preparation that they need to conduct an audit.

Understand the basics steps in an audit and how auditors gather information and evidence.

Develop open-ended questions which will help in audit interviews. Understand the essential aspects of an audit checklist. Develop an audit checklist based on EMS procedures. Prepare for an audit.

Use an Internal Audit Noncompliance and Corrective Action Report to record non-conformances.

Understand the corrective action process and its importance in closing out non-conformances.

Gain experience in conducting an audit closing meeting.

COURSE OUTLINE

- 1. Course Overview
- 2. Auditing
- 3. Overview Types of Audits
- 4. Internal Audit
- 5. Internal Audit Auditors
- 6. Preparing and Conducting
- 7. The Audit
- 8. Basics of an Audit Listening Techniques
 Questioning Techniques
- 9. Audit Checklist
- 10. Developing an Audit Checklist
- 11. Conducting an Audit

- 12. Conducting the Audit
- 13. Noncompliance and Corrective Action Recording Noncompliance
- 14. Taking Corrective Action
- 15. Audit Closing
- 16. Closing Meeting
- 17. Personal Action Plan
- 18. Recommended Reading List
- 19. Post-Course Assessment

ANGER MANAGEMENT: UNDERSTANDING ANGER

Anger is a universal experience. Dogs get angry, bees get angry, and so do humans. You don't have to be a psychologist to know that managing anger productively is something few individuals, organizations, and societies do well. Yet research tells us that those who do manage their anger at work are much more successful than those who don't.

The co-worker who can productively confront his teammate about his negative attitude increases his team's chance of success as well as minimizes destructive conflicts. The customer service agent who can defuse the angry customer not only keeps her customers loyal but makes her own day less troublesome. This course is designed to help give you and your organization that edge.

LEARNING OUTCOMES

Recognize how anger affects your body, your mind, and your behavior Use the five-step method to break old patterns and replace them with a model for assertive anger Use an anger log to identify your hot buttons and triggers Control your own emotions when faced

with other peoples' anger Identify ways to help other people safely manage some of their repressed or expressed anger Communicate with others in a constructive, assertive manner

1. Course Overview

- 2. What is Anger?
- 3. About Anger
- 4. Pre-Assignment Review
- 5. Costs and Pay-Offs
- 6. The Costs of Anger
- 7. What Are Your Anger Pay-Offs?
- 8. The Anger Process
- 9. What is the Process? Understanding Trigger Thoughts Using an Anger Log
- 10. Considering Our Anger
- 11. How Does Anger Affect Our Thinking?
- 12. Is Anger the Best Response? Distorted

Thinking

- 13. Understanding Behavior Types
- 14. Managing Anger
- 15. Coping Strategies Sanctuary
- 16. Relaxation Techniques
- 17. Communication Tips and Tricks Asking Good Questions Active Listening Skills
- 18. The Assertive Formula
- 19. Personal Action Plan
- 20. Recommended Reading List
- 21. Post-Course Assessment

APPRECIATIVE INQUIRY

Do you love those moments of exception, when everything seems to have come together and things are working beautifully? Would you like to create an environment where those rare extraordinary moments become the norm? Then you may just be ready to learn the value of Appreciative Inquiry, also known as AI. Al is a method for implementing change that is rooted in being positive, sharing stories of things that work well, and leveraging people's strengths and the power of co-creation to initiate lasting, powerful changes that can make an organization the best it has ever been, because of people who care and are committed.

LEARNING OUTCOMES

Recognize and work with the fundamentals of Appreciative Inquiry Describe the 4-D's of Appreciative Inquiry: discovery, dreaming, design, and destiny Work through a simple Appreciative Inquiry process

Create thoughtful, meaningful questions

for your own Appreciative Inquiry initiative

Help organizations review what's important, what they can become, and how they can get there

1. Course Overview

- 2. Defining Appreciative Inquiry What Is Appreciative Inquiry? Pre-Assignment Review How is Al Different? **Getting Started**
- 3. Success Principles Five Key Principles Teaching Positivity Measuring Tangible Success Setting the Interview Groundwork **Practical Power**
- 4. The 4-D Model Introduction to the Model The 4-D Model

Discovery of "What Is" Putting It Into Practice Dream "What Could Be" Designing "The Ideal" Destiny

- 5. Test Driving Getting the Hang of It Creating the Guide The Summary From Design to Destiny
- 6. Personal Action Plan
- 7. Recommended Reading List
- 8. Post-Course Assessment

BALANCED SCORECARD BASICS

Over the past several decades, organizations have come to realize that success cannot only be measured in dollars and cents. Intangible assets (like a company's reputation, the knowledge base created by their employees, and training initiatives) can make up a huge portion of a company's wealth.

It only makes sense, then, that we need a new tool to help us measure this expanded definition of success. Enter the balanced scorecard! This tool and its related components will help your organization identify, document, plan, and execute a balanced strategic mission. It will also help your organization evaluate and revise its strategic execution.

This course will introduce you to the basics of the balanced scorecard and help you determine if this powerful tool is a good fit for your organization.

LEARNING OUTCOMES

Define what the balanced scorecard is Identify the benefits of the scorecard Describe the common balanced scorecard pitfalls and how to avoid them Determine if the balanced scorecard is right for your organization Describe the key elements of the balanced scorecard process Identify a strategy map, tactical action plan, and balanced scorecard Create a vision statement for the balanced scorecard

Understand what corporate values, mission statements, and vision statements are and how they tie into the balanced scorecard process

Identify the components of supporting balanced scorecard plans Understand what processes you will need to support the balanced scorecard Identify the members of different balanced scorecard teams

1. Course Overview

- 2. Understanding the Balanced Scorecard What is the Balanced Scorecard? The Need for the Balanced Scorecard
- 3. The Ingredients for Success Is the Balanced Scorecard Right for Us? Top Ten Scorecard Pitfalls
- 4. Overview of the Balanced Scorecard Pro-

The Big Picture Sample Strategy Map Sample Balanced Scorecard Sample Tactical Action Plan

5. Creating a Project Vision Statement Why We're Doing What We're Doing

Making a Statement

- 6. Understanding Organizational Mission, Vision, and Values The Building Blocks for Your Balanced Scorecard Analyzing Sample Statements
- 7. Plans and Processes to Build Building Core Plans
 - A Checklist of Processes Case Study
- 8. Building Balanced Scorecard Teams
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

BASIC BUSINESS MANAGEMENT: **BOOT CAMP FOR BUSINESS OWNERS**

Owning a business requires a vision balanced with attention to detail. You need to be a generalist who understands the multiple aspects of running a business, as well as the ability to step back and see the big picture and to reach into the future.

The business environment is a complex place to be. Whether you wish to work as a consultant or freelancer, establish a corporation, or set up an operation that meets a need for very particular type of customer, there is a tremendous amount of information that you need to know and to apply.

This course provides essential learning for new business owners, whether the business is just in the idea stage or you have already begun and need to fill in the gaps.

LEARNING OUTCOMES

Apply the best methods for creating, leading, and managing your own business Establish an organizational framework through operations, finance, and leadership Set up an effective and efficient system for hiring, retaining, and succession planning

Start researching and designing your strategic plan

Describe the essential elements of marketing, sales, and your company brand Apply financial and accounting terms correctly

- Course Overview
- 2. Who Are You and What Are You About?
- 3. What is Our Business? Pre-Assignment Review The Owner's Role Keeping Things Moving
- 4. Designing Your Organizational Structure
- Bringing the Idea to Life Leveraging Structure Looking at the Options Who is in Charge?
- 6. Structural Considerations
- 7. Introduction to Operations Management
- 8. Defining Operations Management
- 9. Types of Operations Practical Application
- 10. Understanding Financial Terms Accounting Terminology General Accepted Accounting Principles (GAAP)
- 11. Key Reports
- 12. Getting the Right People in Place Six

- Essential Steps of Hiring Making Connections
- 13. Getting Your Product Together Inventory Management Understanding the Value **Chain Outsourcing Options**
- 14. Quality Control
- 15. Building a Corporate Brand Your Brand
- 16. Brand Names and Slogans Developing a Slogan Creating a Visual Identity Types of Visual Identities Working It Out
- 17. Marketing Your Product
- 19. Introduction to Marketing Stage One: Consumer and Market Analysis
- 20. Stage Two: Analyzing the Competition and Yourself Stage Three: Analyzing Distribution Channels Stage Four: Creating a Marketing Plan

BASIC BUSINESS MANAGEMENT: BOOT CAMP FOR BUSINESS OWNERS CONT'

COURSE OUTLINE CONT'

- 21. Making Connections
- 22. The Final Stages: Implement, Evaluate, Review, and Revise Leveraging Social Media
- 23. Selling Your Product
- 24. Building Your Sales Force The Sales Cycle
- 25. Planning for the Future Introduction to Strategic Planning
- 26. Making Connections
- 27. The Strategic Plan Pyramid
- 28. Goal Setting and Goal Getting Setting Achievable Goals Goals with SPIRIT Getting Into It
- 29. Succession Planning 101
- 30. What is Succession Planning? Defining Succession Planning
- 31. Managing Your Money
- 32. What is a Budget? Managing Your Budget
- 33. Ethics 101
- 34. Are You Ready? Sample Codes of Ethics Your Code of Ethics
- 35. Building a Strong Customer Care Team
- 36. The Pillars of Success The Remaining Elements
- 37. Developing and Maintaining Relationships
- 38.
- 39. Training Employees for Success Why Continuous Learning? Making Connections
- 40. Leadership Essentials
- 41. Leading and Managing Understanding Your Comfort Zone
- 42. Managing Performance
- 43. Personal Action Plan
- 44. Recommended Reading List
- 45. Post-Course Assessment

BASIC INTERNET MARKETING

This course is an ideal start for business owners and people new to marketing to learn the basics of Internet marketing. We've included information on how to market online, and even more importantly, how to determine what results you are getting. Then, you can figure out whether you are reaching your target market, where your qualified prospects are, and how they are engaged as a result of your efforts. This course includes sessions on search engine optimization, e-mail campaigns, pay per click advertising, and more.

LEARNING OUTCOMES

Determine how your Internet marketing strategy fits with your overall marketing plan Apply techniques to influence and engage your target market

Weigh the value of using a distribution service for e-mail marketing campaigns Get started with search engine optimization

Use online advertising to boost your marketing results

Adjust your Internet marketing plan based on metrics and reporting

COURSE OUTLINE

- 1. What is Internet Marketing? What it Looks Like Popular Strategies
- 2. Creating an Internet Marketing Plan Leveraging What You Already Have
- 3. Making Our Way through the Marketing **Process**
- 4. Extending Your Influence Sharing Messages Making Connections Making it Real
- 5. E-mail Marketing
- 6. You Can Do It!
- 7. Getting Your Message Out
- 8. Search Engine Optimization (SEO) Monitoring Search Engine Ranking What is SEO? Understanding Search
- 9. The Search Engines Alternative Search Op-

- timizing Keywords Working With Others **Making Connections**
- 10. Advertising Online
- 11. What is Advertising?
- 12. What Service Should I Use? Making Commitments
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

BECOMING A BETTER LEARNER

There was a time when what you learned in school before entering the workforce would be all you needed to know for the rest of your career. That is no longer the case, as today skills can become outdated very quickly. The rapid evolution of workplace technologies and best practices means you need to keep your skills current. You must truly be a life-long learner and can no longer rely on what you already know.

LEARNING OUTCOMES

Understand what it means to learn and become a life-long learner Know what a mindset for learning looks like and how to adopt one Set realistic goals Understand what your network is and why expanding it is important Know how to ask questions and why that is important

Become accountable for your goals and take responsibility Know how to accelerate your learning

- Course Overview
 Learning Objectives Pre-Assignment
 Pre-Course Assessment
- Adopting the Best Mindset for Learning What Does it Mean to Learn? But What Does That Mean in a Practical Sense? What Does It Mean to Learn? Continuing to Learn

Adopting the Right Mindset, Part One Adopting the Right Mindset, Part Two Adopting the Right Mindset, Part Three Mindset in Practice Mindset Reflections Practicing Mindset and Learning? Where to Start

Taking Better Notes
 Become a Better Learner Using Notes,
 Part One
 Become a Better Learner Using Notes,
 Part Two
 Five Methods of Note Taking The Cornell Method
 The Mapping Method The Outlining Meth

od The Charting Method The Sentence

Method

How Do You Take Notes? The Cornell Note
Taking Method
The Mapping Note Taking Method
The Outlining Note Taking Method
The Charting Note Taking Method
The Sentence Note Taking Method
Extra Information

- Setting and Managing Goals How Do Goals Play into Learning?
 SMART Goals
 Setting Goals Activity
- 5. Expanding Your Network
 Learning About Your Network, Part One
 Learning About Your Network, Part Two
 Asking Questions, Part One Asking Questions, Part Two Asking Questions, Part
 Three
- The Whole Picture
 Becoming Accountable, Part One
 Becoming Accountable, Part Two
 Embracing Responsibility Embracing Technology, Part One Embracing Technology,
 Part Two
- Mind and Body
 Mind and Body Working Together, Part
 One Mind and Body Working Together,
 Part Two
- 8. How You Can Accelerate Your Learning
 Tips to Accelerate Your Learning
- Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 10. Course Summary
- 11. Recommended Reading List
- 12. Post-Course Assessment

BECOMING A PROGRESSIVE EMPLOYER

Many people like to think of themselves as progressive in some fashion, but is this usually the case? Employers can be considered progressive for numerous reasons, from the way they treat their staff to their approach to technology. This one-day course will point the way towards being a progressive employer for those who wish to be on the forefront of employee relations and develop an innovative stance on business.

LEARNING OUTCOMES

Understand what being progressive means

See the process for getting from the status quo to being progressive Develop or enhance a progressive mindset Truly examine what it means to be progressive Develop innovative ideas Understand the importance of a succession plan

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. What Does Progressive Mean? A Definition **Examples of Progressive Companies** Case Study: Eyes on the Skies, Part One Case Study: Eyes on the Skies, Part Two **Brainstorming**
- 3. Getting From Here to There Gap Analysis **Analyzing** Process Overview, Part One Process Overview, Part Two
- 4. Progressive Mindset Being Open to Progress A Progressive Mindset Progressive Thinkers
- 5. The Good and Not So Good Pros and Cons
- 6. It Can Come From Within Thinking About it Finding Examples

Going it Alone, Part One Going it Alone, Part Two Creativity and Innovation in Business, Part One Creativity and Innovation in Business, Part Two

7. Workers Matter Workers Matter Avenues to Consider: Compensation

Avenues to Consider: Employee Well-be-

Avenues to Consider: Flexible Working Arrangements Avenues to Consider: Training Avenues to Consider: Communication Avenues to Consider: Social Media Policy Avenues to Consider: Work and Play Pen to Paper

- 8. As the Curtain Comes Down Succession Planning Key Ingredients of a Successful Plan Plan Production, Part One Plan Production, Part Two
- 9. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 10. Course Summary
- 11. Recommended Reading List
- 12. Post-Course Assessment

BECOMING MANAGEMENT MATERIAL

At its core, leadership means setting goals, lighting a path, and persuading others to follow. By accepting the challenge to lead, you come to realize that the only limits are those you place on yourself.

LEARNING OUTCOMES

Define your role as a manager and identify how that role differs from other roles you have had

Understand the management challenge and the new functions of management Discover how you can prepare for and embrace the forces of change Identify ways to get you and your workspace organized and get a jump on the

next crisis

Identify your leadership profile and explore ways to use this knowledge to improve your success as a manager Enhance your ability to communicate with others in meetings and through presenta-

Create an action plan for managing your career success

- 1. Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Session Two: About the Learning Organization What Is a Learning Organization? Are You

a Lifelong Learner?

Scoring

3. Session Three: Achieving Personal Mastery What Is Personal Mastery? Your Personal Vision Our Personal Vision and Our Values Step One: Identify Your Values Step Two: Define Your Values

Step Three: Put It All Together

4. Session Four: Analyzing Our Mental Mod-Our Mental Models Mental Models in the Workplace

Strategies for Working with Mental Models You Can Create New Mental Models! The

Ladder of Inference

Reflection: Using Your Own Experiences as a Resource

5. Session Five: Achieving a Shared Vision

What Is a Shared Vision?

- 6. Session Six: Team Learning Team Learning Team Learning Diagram Protocols for Skillful Discussion Preparing the Ground for Skillful Discussion
- 7. Session Seven: Systems Thinking Systems **Thinking**
- 8. Session Eight: Understanding Leadership About Leadership Think About Your Leadership Style Your Comfort Zone Understanding Your Comfort Zone Managing Performance Servant Leadership Onboarding and Orientation
- 9. Session Nine: Five Practices Practices One: Challenge the Process Practices Two: Inspire a Shared Vision Practices Three: Enable Others to Act Image Identification Practice Four: Model the Way Practice

Five: Encourage the Heart Practices in

Practice

BECOMING MANAGEMENT MATERIAL

COURSE OUTLINE CONT'

- 10. Session Ten: Building Trust The Cycle of Trust and Performance Trust Exercise
- 11. Session Eleven: Managing Change About Change **Making Connections** Key Factors in Successful Change A Stepby-Step Plan for Change Case Study: Getting More From the Last Hour
- 12. Session Twelve: The Four Room Apartment The Four Room Apartment
- Tricks Getting Things in Order Mastering E-mail Time Management Tips A Planning Checklist Putting Plans into Action with Scheduling Aids Organizing Your Work Area and Your Paper-

13. Session Thirteen: Time Management Tips and

- 14. Session Fourteen: Managers vs. Leaders Managers vs. Leaders
- 15. Session Fifteen: Learning and Thinking StylesL earning Styles Learning Styles Exercise Thinking Styles
 - Learning and Thinking Styles Exercise
- 16. Session Sixteen: Influence Strategies Common Influence Strategies Cialdini's Six Strategies
- 17. Session Seventeen: Managing Relationships The Relationship Cycle Coaching Through Conflict Preparing for Conflict Managing Stress

The Positive Effect Fifteen Steps for Dealing with Upset People Five Tips for Dealing with Difficult People Six Steps for Dealing with Angry People

18. Session Eighteen: A Simple Problem- Solving **Process**

- Systematic Problem Solving Personal Problems
- 19. Session Nineteen: Strategic Planning SWOT **Analysis** Individual Analyses
- 20. Session Twenty: Doing Delegation Right What Is Delegation? **Definitions** Levels of Delegation Breaking Down the Model Delegation Case Study
- 21. Session Twenty-One: Criteria for Useful Feedback
 - Giving Constructive Feedback
- 22. Session Twenty-Two: Feedback Techniques Feedback Techniques Case Study
- 23. Session Twenty-Three: Mastering Your Body Language Mastering Your Body Language
- 24. Session Twenty-Four: Meeting Management Preparing for Meetings Reading the Reports During the Meeting Managing Meetings Presentation Tips
- 25. Session Twenty-Five: Pumping up a Presentation
 - Pumping up a Presentation
- 26. Session Twenty-Six: Personal Development Personal Development Plan
- 27. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 28. Course Summary
- 29. Recommended Reading List
- 30. Post-Course Assessment

BEING A TEAM PLAYER

Teamwork is essential in any successful enterprise, and to have effective teams, an organization must be comprised of individuals who pride themselves on being great team players. Many of us consider ourselves to be team players, but are we really? Do we know what that takes; and what managers consider to be the qualities that make a person a team player, or that make a good team player a 'great' team player? Everyone brings their own skills and strengths to the table; understanding how to use those skills within the context of a team is vital to help an organization succeed.

LEARNING OUTCOMES

Understand the definition of a team player and a non-team player Know the difference between a team player and a non-team player Learn the qualities possessed by a team player

Determine what type of team player you are and how that functions in your workplace

Know and understand what it takes to be a team player

Discover the different types of teams that exist within a company Learn what working together as a team looks like Learn the different types of workplace teams and what types of teams successful organizations need

Develop strategies to improve teamwork Give participants a moment to write down their own learning objectives in their workbook.

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Being a Team Player What is a Team Player? Who Is a Team Player? Characteristics of a Team Player, Part One Characteristics of a Team Player, Part Two
- 3. Being a Good Team Player Actions Speak Louder than Words, Part One Actions Speak Louder than Words, Part How to Be a Good Team Player Are You a Good Team Player? Take 1 Be Prepared for the 'Teamwork' Question in an Interview, Part One Be Prepared for the 'Teamwork' Question in an Interview, Part Two
- 4. Team Work Team Work Definition, Part One Team Work Definition, Part Two Types of Workplace Teams A Closer Look, Part One

A Closer Look, Part Two

The Interview

- Five Types of Workplace Teams Organizations Need, Part One Five Types of Workplace Teams Organizations Need, Part Two
- 5. Why Teamwork Fails Five Reasons, Part One Five Reasons, Part Two Employee Recognition, Part One Employee Recognition, Part Two Types of Recognition Tips for Recognizing Employees, Part One
 - Tips for Recognizing Employees, Part Two One Bad Apple...Part One One Bad Apple...Part Two
- 6. Strategies to Improve Teamwork 20 Strat-Bringing it All Together
- 7. A Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 8. Course Summary
- 9. Recommended Reading List
- 10. Post-Course Assessment

BEYOND WORKPLACE POLITICS: USING SOCIAL AND EMOTIONAL COMPETENCIES

Workplace politics encompasses the power and authority processes and behaviors that are at work in a particular workplace. It is how the links between people in the workplace work. There are workplace politics at play in every organization!

In 1990, two American psychologists (Dr. Jack Mayer and Dr. Peter Salovey) purported that if there was a cognitive intelligence or IQ then there must be an emotional intelligence (sometimes known as EQ). Daniel Goleman, the co-founder of the Collaborative for Academic, Social, and Emotional Learning (CASEL) theorized the social aspect of behavior as a complement to the emotional. His definition expanded to: "Social and emotional intelligence involves understanding your feelings and behaviors, as well as those of others, and applying this knowledge to your interactions and relationships." In his work with CASEL he developed five interrelated sets of Social and Emotional Competencies: Self-Awareness, Self-Management, Social Awareness, Good Relationship Skills, and Responsible Decision Making. This course will explore the social and emotional competencies and their role in working beyond workplace politics!

LEARNING OUTCOMES

Understand what Workplace Politics is and why it is not always bad. Distinguish between formal and informal workplace hierarchies.

Use practical steps to negate the influence of rumors.

Define Social and Emotional Intelligence and understand their importance in navigating workplace politics.

Understand the importance of Self-Awareness in dealing with workplace politics and think about your own strengths and abilities. Understand the role of Self-Management in the workplace and learn to improve self-management through reflection Understand the roles of Empathy, Organizational and Service Awareness in the workplace and social awareness skill development.

Identify good relationship skills. See the importance of responsible decision making and identify decision traps that should be avoided.

Create your own Workplace Philosophy Statement.

- 1. Course Overview
- 2. What is Workplace Politics? Workplace Politics
- Lessons from Social and Emotional Intelligence
 - History of Social and Emotional Intelligence
 - Defining Social and Emotional Intelligence
- 4. Self-Awareness
 Understanding Self-Awareness
- Self-Management
 Understanding Self- Management
 Improving Self-Management through
 Reflection

- 6. Social Awareness Empathy, Organizational and Service Awareness
- 7. Good Relationship Skills Identifying Relationship Skills N'Derial III
- Responsible Decision Making Decision Making Decision-Making Traps Decision Wheel Method
- 9. Creating Your Workplace Philosophy Philosophy Statement
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

BODY LANGUAGE: READING BODY LANGUAGE AS A SALES TOOL

Body language can make or break our efforts to establish long, trusting relationships. Our body language can help to reinforce and add credibility to what we say, or it can contradict our words. Understanding what signals you are sending, as well as being able to read the signals that your clients send, is an essential skill in sales and throughout our lives. What is your body language saying about you? Find out in this course!

LEARNING OUTCOMES

Apply your knowledge of body language to improve communication Understand the impact of space in a conversation

Understand the nuances of body language from a range of areas including your face, hands, arms, legs, and posture

Use mirroring and matching techniques to build rapport Shake hands with confidence

Dress for success

COURSE OUTLINE

- 1. Course Overview
- 2. Body Language Making the Grade Looking into Ourselves
- 3. Give Me Some Space!
- 4. What's Your Face Saying? Your Face is the Base The Eyes Have It
- 5. What's Your Body Saying? Speaking with your Hands Getting a Leg Up Tools of the Trade
- 6. Pre-Assignment Review
- 7. Mirroring and Leading Creating Relationships Matching and Mirroring Pacing and Leading
- 8. Monitoring Your Posture
- 9. Dressing Up What Should I Wear? Things to Consider
- 10. Shaking Hands
- 11. How Are You Doing?
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

BRANDING: CREATING AND MANAGING YOUR CORPORATE BRAND

Your brand is the vehicle that propels your product or service into your customer's lives, and into their hearts. A good brand is much more than an attractive image combined with some witty type. Your brand must reflect the heart and soul of your product, and offer a promise that you can live up to.

This course will get you started on the road to creating a perfect brand. The first half of the course will cover the basics of branding, including how to develop a visual identity from start to finish. We will also give you some graphic design tips to help you communicate your expectations to a professional designer. The second half will focus on how to put your brand out there in the right way. We'll also talk about how to keep your brand energized and alive with monitoring and evaluation tools.

LEARNING OUTCOMES

Define what a brand is (particularly a strong brand) and what branding is about Define various types of brand architecture and brand extension

Identify your brand's products, the features of those products, and their values Write a mission, vision, and style statement for a brand Describe the basics of positioning a brand

Understand the basics of creating a visual

identity, including a brand name, slogan, and logo

Help your employees live the brand by empowering them to be ambassadors and creating strong brand touchpoints Effectively plan an internal and external brand launch

Monitor and evaluate your brand, and understand how to respond to the results

- 1. Course Overview
- 2. Defining Branding Defining Brands and Branding Characteristics of a Strong Brand
- 3. What Are You All About? Identifying Your Products and Features Identifying Your Values Individual Exercise
- 4. Creating a Mission What a Mission Statement is All About Time for Reflection
- 5. Creating a Vision of the Future
- 6. Positioning Your Brand Identifying Your Ideal Position **Positioning Workout**

- 7. Developing Your Style Writing a Style Statement Style Exercise
- 8. Developing a Brand Name and Slogan The Forward-Facing Elements Developing Your Brand Name Developing a Slogan
- 9. Creating a Visual Identity Graphic Design 101 Types of Visual Identities Pop Culture Test
- 10. Living Your Brand Transforming Your Employees into Ambassadors Understanding Touchpoints Creating a Unique Experience at Each Touchpoint
- 11. Connecting with Customers
- 12. Launching Your Brand
- 13. Taking Your Brand's Pulse

- 14. Performing a SWOT Analysis What Does SWOT Stand For? Sample SWOT Analysis
- 15. Measuring Brand Health with a **Balanced Scorecard**
- 16. Middleton's Brand Matrix Understanding the Matrix Using the Matrix
- 17. Interpreting Evaluation Results
- 18. Keeping the Brand Alive Refreshing and Re-Launching Taking on a Total Re-Brand Case Study
- 19. Going Beyond the Brand Understanding Brand Architecture Understanding Brand Extension
- 20. Personal Action Plan
- 21. Recommended Reading List
- 22. Post-Course Assessment

BUDGETS AND MANAGING MONEY

For managers in today's business world, it's essential to have a working knowledge of finance. We all play a role in our organization's financial health, whether we realize it or not. If you don't have training or a background in finance, you may be at a disadvantage as you sit around the management table.

Understanding the cycle of finance will help you figure out where you fit into your company's financial structure, and how to keep your department out of the red. This course will help you prepare budgets and make decisions with confidence.

LEARNING OUTCOMES

Define basic financial terminology Prepare a budget of any type or size Get your budget approved

Perform basic ratio analysis Make better financial decisions

- 1. Course Overview
- 2. Finance Jeopardy
- 3. The Fundamentals of Finance Basic Concepts Generally Accepted Accounting Principles

Your Role in Company Finances Identifying the Key Players in Your Organization

- 4. The Basics of Budgeting Defining a Budget Types of Budgets Understanding Where Your Budget Fits In
- 5. Parts of a Budget
- 6. The Budgeting Process Overview Step One: Gather the Budget Package Step Two: Lay the Groundwork Case Study (Part One)

Step Three: Identify Your Goals Case Study (Part Two)

Step Four: Gathering Your Resources Steps Five and Six: Planning and Doing Case Study (Part Three)

- 7. Budgeting Tips and Tricks
- 8. Monitoring and Managing Budgets
- 9. Crunching the Numbers Understanding Ratio Analysis Making Connections
- 10. Getting Your Budget Approved
- 11. Comparing Investment Opportunities
- 12. ISO 9001:2008 What is ISO 9001:2008? **Making Connections**
- 13. Directing the Peerless Data Corporation Task Explanation Decision One: Office Relocation Decision Two: Reproduction Backlog Decision Three: Improving Supervision Decision Four: Job Enrichment Decision Five: Staff Expansion
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

BUILDING AN ONLINE BUSINESS

The Internet has changed the way that we work, live, shop, and play. You can take advantage of this new way of doing business whether you want to set up a part-time venture or create the next million-dollar enterprise. This course will give you everything that you need to build a successful online business.

LEARNING OUTCOMES

Define what an online business is Identify opportunities for an online business Find resources to support your business

Create a business strategy that includes a business plan, budget, and marketing plan

Begin setting up a website, mobile presence, and storefront with e-commerce

support

Decide whether or not your online business can benefit from joining an online marketplace

Market your online business using social media and the Internet

- Course Overview
- 2. How Online Businesses Can Benefit You
- 3. Laying the Groundwork Who Are You? Pre-Assignment Review
- 4. Session Four: Creating a Business Plan Creating a Business Plan Sample Business Plan Gathering Resources
- 5. Breaking Down the Plan Creating a Marketing Plan Creating Financial Projections Raising Startup Capital with Crowdfunding
- 6. Building Your Online Business The Basic Elements Creating a Website Checking Out the Sites, Part One E-Commerce Options Creating a Mobile

- Presence Checking Out the Sites, Part Two Joining Online Marketplaces
- 7. Internet Marketing Basics Social Media Strategies for Success **Building Relationships**
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

BUILDING A BRAND ON SOCIAL MEDIA

LEARNING OUTCOMES

Define terms related to social media branding Create a strategy for your social media brand

Describe various social media platforms and identify what platforms fit your brand Communicate effectively over social media Deal with negative feedback and criticism

Create a social media playbook to guide brand ambassadors Evaluate your brand strength and revise your strategy

Your brand speaks for your company and its products and/or services. In today's online- focused world, it's important that your brand has a definitive, consistent, and responsive presence.

Whether you're looking to build a brand from scratch, or strengthen an existing brand, this course will help you build a brand using social media. We'll cover how to build a social media strategy, identify social media platforms that fit your brand, craft strong messages that will engage your audience, and evaluate and revise your strategy.

- 1. Course Overview
- 2. Defining the Terms What is Branding? What is Social Media?
- 3. Building Your Social Media Branding Strategy Key Ingredients for Your Branding Strategy Pre-Assignment Review
- 4. Identifying Your Social Media Audience
- 5. The Key Social Media Platforms Choosing the Right Platform for Your Brand Making Connections Looking at the Options
- 6. Creating Brand-Focused Messages What's In a Message? **Making Connections** Dealing with Negative Feedback

- 7. Building Customer Trust Making Connections
- 8. Developing a Communication Strategy Developing Social Media Guidelines for Your Brand Making Connections Letting Others Speak For You
- 9. Reviewing and Revising
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

BUILDING A CONSULTING BUSINESS

Today's business environment isn't focused on 9-to-5, lifelong, static positions like it was decades ago. Our world is constantly shifting and evolving, meaning that businesses (and workers) must evolve with it. As a result of this shift, consultants have more opportunities than ever before. This course will show you how to build a business as a consultant.

LEARNING OUTCOMES

Define the term "consultants" and explain their role in today's business world

Identify consulting opportunities

Create a business strategy that includes a business plan, budget, marketing plan, fee structure, and resources

Use social media and networking skills to grow your consulting business Protect your work with contracts

Identify ways to stay on top of trends and changes

- 1. Course Overview
- 2. What It's All About
- 3. Business Building Blocks Building Blocks Pre-Assignment Review
- 4. Crunching the Numbers Developing Financial Budgets and Projections Setting up a Fee Structure
- 5. Planning Your Business Creating a Business Plan Checklist for Setting Up Your Business **Gathering Resources**
- 6. Test Driving Making Connections What Do You Think?
- 7. Creating a Sales and Marketing Strategy The Marketing Cycle Leveraging Social

- Media Getting Noticed
- 8. Getting the Work Done Identifying Sources of Work Developing Contracts and Statements of Work The Tough Stuff Staying Current
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

BUILDING BETTER TEAMS

Teams are an important building block of successful organizations. Whether the focus is on service, quality, cost, value, speed, efficiency, performance, or other similar goals, teams are the basic unit that supports most organizations.

LEARNING OUTCOMES

Understand the value of working as a team.

Develop team norms, ground rules, and team contracts.

Identify your team player style and how it can be used effectively with your own team. Build team trust.

Identify the stages of team development and how to help a team move through them. Recognize the critical role communication skills will play in building and maintaining a team atmosphere.

Identify ways that team members can be involved and grow in a team setting.

- Course Overview
 Learning Objectives
 Pre-Assignment: What's Your
 Team
 Player Type?
 Identifying Your Characteristics
 and Preferences
 Example Questionnaire
 Pre-Course Assessment
- Pre-Course Assessment

 2. Defining Teams
 What is a Team?
 What Does That Mean? Types of Teams
 Making Connections
- Establishing Team Norms Characteristics of Teams Ground Rules
 Team Contracts Sample Team
 Contract
- Working as a Team
 Putting it Into Perspective No
 Need for Black and White Thinking
 Degrees of Support
- 5. Your Team Player Type What's Your Team Player Type?

- Your Score
 What Does it Mean To Have a
 Number?
 Mostly A's Inquiring Rationals
 Mostly B's Authentic Idealists
 Mostly C's Organized Guardians
 Mostly D's Resourceful Artisans 9.
 What's Important?
 My Team Style
 6. Building Team Trust
- 6. Building Team Trust
 Why is Trust Important?
 What Happens When Teams
 Trust Each Other?
 Building Trust
- The Stages of Team Development
 Introduction
 Stage One: Forming Stage Two:

Storming

Virtual Teams

- Stage Three: Norming
 Stage Four: Performing Stage
 Five: Adjourning Activity
- Forming an Effective Team Making Connections 8. Virtual Teams

- Strategies for Virtual Team Success Scheduling and Conducting Team Meetings
- Team Building in a Virtual Environment
- Informal Bonding Interaction
- Communication
 Defining Communication Listening Skills
 Tips for Becoming a Better Listener
- Becoming a Good Team Player Attitude is Everything
- 11. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 12. Course Summary
- 13. Recommended Reading List
- 14. Post-Course Assessment

BUILDING RELATIONSHIPS FOR SUCCESS IN SALES

No one questions that making friends is a good thing. In this course, you are going to discover that the business of business is making friends, and the business of all sales professionals is making friends and building relationships. Strategic friendships will make or break any business, no matter how big and no matter what kind of market.

LEARNING OUTCOMES

Discover the benefits of developing a support network of connections Understand how building relationships can help you develop your business base Learn how to apply communication techniques to build your network

Identify the key elements in strong working relationships, and how you might put more of these elements in your working relationships

Recognize the key interpersonal skills and practice using them

- 1. Course Overview
- 2. Focusing on Your Customer Customer Focused Selling Understanding Effort vs. Results Considering the Possibilities
- 3. What Influences People in Forming Relationships? Influences at Work **Building Customer Connections**
- 4. Disclosure
- 5. How to Win Friends and Influence People About Dale Carnegie Carnegie's Principles
- 6. Communication Skills for Relationship Selling
- 7. Active Listening
- 8. Asking Questions
- 9. Non-Verbal Messages
- 10. Managing the Mingling
- 11. The Handshake
- 12. Small Talk
- 13. Networking Organizing Your Network Case Study
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

BUILDING YOUR SELF ESTEEM AND ASSERTIVENESS SKILLS

A healthy self-esteem is essential for growth and achieving success. Of all the judgments you make in life, none is as important as the one you make about yourself. Without some measure of self-worth, life can be painful and unrelenting. In this course, you will discover some techniques that can dramatically change how you feel about yourself, and how you approach the world to get the things that you want.

LEARNING OUTCOMES

Recognize that you have worth and are worthy of happiness

Develop techniques for eliminating unhealthy thought patterns and replacing them with supportive patterns

Learn how to turn negative thoughts into positive thoughts Learn how to make requests so that you get what you want

Set goals that reflect your dreams and desires and reinforce healthy patterns

- 1. Course Overview
- 2. What is Self-Esteem?

Defining Self-Esteem Origins of Low Self-Esteem

Putting Things in Perspective

3. Improving Self-Esteem

Stop Spreading Negative Messages

Throw out Perfectionism

4. Building Self-Esteem

Building Confidence in Others Creating Positive Impressions

- 5. Increasing our Self-Esteem
- 6. Esteemed Confidence
- 7. The Power of Thought

Negative Thoughts Flip it Around Tyrone's Thinking Making

Connections

8. Ask for What You Want

What Do You Want?

Case Study

9. Create What You Want

Identifying Dreams and Setting Goals

My Own Goal Setting

- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

BULLYING IN THE WORKPLACE

Bullying is called the silent epidemic. Although half of workers have experienced or witnessed bullying, policies and laws dealing with it are far less prevalent. This is, in part, because bullying can be hard to identify and address. People wonder, what does bullying look like? How can we discourage it in our workplace? What can I do to protect my staff and co-workers? All of these questions (and more!) will be answered in this course.

LEARNING OUTCOMES

Define what bullying is and is not

Understand the costs of bullying to people and organizations Identify bullying behaviors and the reasons behind them

Know some ways to prevent bullying and understand what role you can play Know some ways to protect yourself from bullying

Know what to do if you are bullied

Identify appropriate solutions for a bullying incident (within and outside the organization)

Assist in creating an anti-bullying policy

- 1. Course Overview
- 2. Defining Bullying What is Bullying?

Some Scary Statistics The Costs of Bullying

- 3. Why Bullies Do What They Do Origins of Bullying Behavior Defining Bullying Behavior Other Types of Bullying
- 4. Building a Shield Against Bullies Distorted Thinking Your Toolkit Against Bullies
- 5. What to Do If It Happens to You Telling it Like it Is What Works and What Doesn't? Applying My Skills
- 6. What to Do If You Witness Bullying Speak Up! Things to Say
- 7. Creating an Anti-Bullying Workplace Creating Anti-Bullying Policies Implementing and Enforcing Anti-Bullying Policies Lessons for the Workplace
- 8. The Law on Bullving
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

BUSINESS ETHICS FOR THE OFFICE

What exactly makes a decision ethical? The problem with ethics is that what may seem morally right (or ethical) to one person may seem appalling to another.

This course will not provide you with an easy way to solve every ethical decision you will ever have to make. It will, however, help you define your ethical framework to make solving those ethical dilemmas easier. We'll also look at some tools that you can use when you're faced with an ethical decision. And, we'll look at some techniques you can use so you don't get stuck in an ethical quandary. Best of all, we'll look at a lot of case studies so that you can practice making decisions in a safe environment.

LEARNING OUTCOMES

Understand the difference between ethics and morals Understand the value of ethics

Identify some of your values and moral principles

Be familiar with some philosophical approaches to ethical decisions Identify some ways to improve ethics in your office

Know what is required to start developing an office code of ethics Know some ways to avoid ethical dilemmas

Have some tools to help you make better decisions Be familiar with some common ethical dilemmas

- Course Overview
 Learning Objectives Pre-Assignment
 Pre-Course Assessment
- 2. What are Ethics?

Defining Ethics and Morals The Gray Area Values Identification Step One: Identifying Your Values

Values Identification Step Two: Defining Your Values

Values Identification Step Three: Put It All Together

- Taking Your Moral Temperature, Part One Case Studies
 Case Studies
- 4. Why Bother with Ethics? Ethical Behavior
- Kohlberg's Six Stages
 The Six Stages and Three Levels Different Levels for Different Situations
 Identifying Stages
- Some Objective Ways of Looking at the World
 An Introduction to Philosophy

- Applying Philosophical Approaches
- 7. What Does Ethical Mean?
 Merck Pharmaceuticals Decision Analysis
- 8. Avoiding Ethical Dilemmas Some Easy Strategies Case Studies
- 9. Pitfalls and Excuses Common Pitfalls
- Developing an Office Code of Ethics Are You Ready?
 Sample Codes of Ethics
 Making Connections Your Code of Ethics
- 11. Ethical Issues for Business Fundamental Ethical Issues for Business

22 Keys Pre-Assignment Review

12. Basic Decision Making Tools The Three-Phase Model The Problem-Solving Model Another Perspective Phase One

BUSINESS ETHICS FOR THE OFFICE CONT'

COURSE OUTLINE CONT'

Phase Two

Phase Three

Solution Planning Worksheet The Problem-Solving Toolkit

- 13. Ethical Decision Making Tools Three Types of Tools Advanced Processes The Potter Box The Kidder Process Case Study
- 14. Dilemmas with Company Policy Common Di**lemmas**
- 15. Dilemmas with Co-Workers Potential Dilemmas **Case Studies**
- 16. Dilemmas with Clients Potential Dilemmas Making Connections
- 17. Dilemmas and Supervisors Dilemmas with Your Supervisor Dilemmas as a Supervisor
- 18. What to Do When You Make a Mistake Six-Step Plan
- 19. Taking Your Moral Temperature, Part Two **Case Studies** Revisited A Look Back
- 20. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 21. Course Summary
- 22. Recommended Reading List Post-Course Assessment

BUSINESS ETIQUETTE: GAINING THAT EXTRA EDGE

If you've ever had an awkward moment where: You aren't sure which fork to use, You don't know which side plate is yours, You've ever had to make small talk with a Very Important Person and been lost for words...

Then you know just how agonizing such moments can be. Even worse (and what can be even more damaging to your career) are the social gaffes you aren't even aware you make. This course will help you handle most of those socially difficult moments. You'll have an extra edge in areas you may not have given a lot of thought to before.

LEARNING OUTCOMES

Network effectively, including making introductions, shaking hands, and using business cards appropriately

Dress appropriately for every business occasion

Feel comfortable when dining in business and formal situations

Feel more confident about your business communication in every situation Develop that extra edge to establish trust and credibility

- 1. Course Overview
- 2. Business Etiquette Basics
- 3. Test Your Business Etiquette
- 4. The Handshake
- 5. Business Card Etiquette
- 6. The Skill of Making Small Talk
- 7. Do You Remember Names?
- 8. Making That Great First Impression
- 9. Dress for Success

Dressing the Part Maintaining Your Positive Impression What's Your Code?

10. Business Dining

Seven Hot Tips Demonstration Other Rules

11. E-Mail and Telephone Etiquette

The Power of the Written Word Note Writing Practice

- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

OURSE OUTLINE

BUSINESS PROCESS MANAGEMENT

Business process management helps organizations leverage processes to achieve their goals and be successful. Once processes are implemented, they must be monitored, evaluated, and optimized to make sure they are still meeting the goals that they were designed to accomplish. A business that can successfully manage its processes is able to maintain a competitive edge, while increasing productivity and efficiency and decreasing costs.

This course will introduce you to business process management. You'll learn how business processes can help you improve your company's bottom line by providing a higher level of quality and consistency for your customers.

LEARNING OUTCOMES

Define business process management and related concepts Recognize the vital role processes play in a business Appreciate the role of technology in process management Develop a vision to guide process improvement Understand how to design or enhance an existing process using the business process life cycle

Construct a process map

Perform a what-if analysis to improve your processes Implement and monitor process changes

Identify how Lean and Six Sigma methods can assist in managing and improving processes Use a variety of tools and techniques to eliminate waste and redundancies

- Course Overview
- 2. The Fundamentals of Business Process Management What is Business Analysis? What is Enterprise Content Management?

Enterprise Content Management Model

What is Business Process Re- Engineering?

Business Process Re-Engineering Model

Defining Business Process Management

What is Business Process Management?

Brief History of Business Process Management What are the Benefits of

Business Process Management?

4. Reflecting on Processes

- 5. The Business Process Life Cycle
- The Vision Phase
 Creating a Vision and Seeing the
 Big Picture
 Sharing Your Vision Dreaming Big
- 7. The Design Phase
 Gathering Information Defining
 Your Problem Identifying Existing
 and Future Processes
 About Process Mapping Creating
 a Process Map with a Flow Chart
 Creating a Process Map with a
 Swimlane Diagram
 Map it Out
 Defining Improvements Establishing Functions and Identifying
- 8. The Modeling Phase Performing What-if Analysis Test Driving Testing the Design

Function Leaders

 The Execution Phase Implementing Processes Exploring Automation Automating Pro-

- cesses Understanding Business Rules Making Connections The Role of Workflow Engines Case Studies Steps to Implement a Workflow Engine
- 10. The Monitoring Phase Implementing Measures What is Business Activity Monitoring (BAM)?The Balanced Scorecard Creating a Balanced Scorecard Identifying Gaps with Process Mining
- 11. The Optimizing Phase What It's All About Business Process Improvement Introduction to Lean Cut Out the Waste Introduction to Six Sigma Tie It All Together
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

BUSINESS SUCCESSION PLANNING: DEVELOP-ING AND MAINTAINING A SUCCESSION PLAN

Change is a hallmark of today's business world. In particular, our workforce is constantly changing - people come and go, and move into new roles within the company. Succession planning can help you make the most of that change by ensuring that when someone leaves, there is someone new to take their place. This course will teach you the basics about creating and maintaining a succession plan.

LEARNING OUTCOMES

Demonstrate an understanding of the value of succession planning for successful busi-

Demonstrate expertise with the key elements of a succession plan Create and discuss aspects of a succession plan

Discuss the elements of a succession plan in terms of roles, responsibility, function, scope, and evaluation

- 1. Course Overview
- 2. A Need for Succession Planning
- 3. Defining a Succession Plan Strong Leaders and a Strong Organization Components of the Plan Setting the Scope
- 4. Pre-Assignment Review
- 5. Identifying Resources and Analyzing Risks Identifying Resources Risk Assessment
- 6. Defining Roles, Responsibilities, and Functions Individualized Engagement Plans Working the Plan
- 7. Gathering Information
- 8. Forecasting Needs Key Ingredients of a Successful Plan Coaching and Mentoring

- 9. Putting the Plan Together Using Appreciative Inquiry (AI) How to Choose the Leader
- 10. Putting the Plan into Action Phased Implementation Technology
- 11. Evaluating and Reviewing the Plan Evaluation Challenges Sample Evaluation Check Out the Checklist
- 12. Your Action Plan Plan and Then Do Next Steps
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

BUSINESS WRITING THAT WORKS

We all know what good writing is. It's the novel we can't put down, the poem we never forgot, and the speech that changes the way we look at the world. Good writing is the memo that gets action and the letter that says what a phone call can't.

In business writing, the language is concrete, the point of view is clear, and the points are well expressed. Good writing is hard work, and even the best writers get discouraged.

However, with practice you can feel more confident about your own writing. This course will give you the tools to become a better writer.

LEARNING OUTCOMES

Learn the value of good written communication Learn how to write and proofread your work so it is clear, concise, complete, and correct Apply these skills in real world situations

Understand the proper format for memos, letters, and e-mails

- 1. Course Overview
- 2. Why Write?
- 3. Be Clear Writing Clearly Making Connections
- 4. Be Concise Writing Concisely Rewriting Exercises
- 5. Be Complete Making Your Writing Complete Making Connections
- 6. Be Correct
- 7. Word Agreement Making Words Agree Rewriting Exercises
- 8. Active and Passive Voice
- 9. Sentences and Sentence Types Sentences and Paragraphs Making Connections
- 10. Readability Index About the Index Using the Index
- 11. Manners and Courtesy Courtesy What's My Style?
- 12. Practical Language

- 13. Inclusive Language
- 14. Sentence Construction
- 15. Punctuation The Comma The Semi-Colon The Colon The Apostrophe
- 16. Writing Business Letters Steps to Writing **Business Letters** Parts of a Business Letter Types of Letters **Dissecting Letters**
- 17. Writing Effective E-mails E-mail Basics Managing E-Mail E-mail at Work
- 18. Spelling and Proofreading Spelling Tips **Proofreading Tips**
- 19. Writing Memos The Anatomy of a Memo Acme Funfest
- 20. Reviewing Your Writing
- 21. Writing Challenges
- 22. Personal Action Plan
- 23. Recommended Reading List
- 24. Post-Course Assessment

CALL CENTER TRAINING: SALES AND CUSTOMER SERVICE TRAINING FOR CALL CENTER AGENTS

Whether we choose to embrace them or cannot stand being interrupted by their calls, call centers are a business element that is here to stay. This course will help call center agents learn to make the most of their telephone-based work, including understanding the best ways to listen and be heard. Each phone interaction has elements of sales and customer service skills, which we will explore in detail throughout this energizing and practical course.

LEARNING OUTCOMES

Understand the nuances of body language and verbal skills, which are so important in conversations that do not have a face-to-face element Learn aspects of verbal communication such as tone. cadence, and pitch Demonstrate an understanding of questioning and listening skills Acquire comfort with delivering bad news and saying no

Learn effective ways to negotiate Understand the importance of creating and delivering meaningful messages Use tools to facilitate communication Realize the value of personalizing interactions and developing relationships Practice vocal techniques that enhance speech and communication ability Personalize techniques for managing stress

- 1. Course Overview
- 2. What's Missing in Telephone Communication? It's Not What You Say; It's How You Say It In the Absence of Body Language
- 3. Verbal Communication Techniques Being Yourself and Sounding Your Best A Service Image
- 4. Who are Your Customers? Define the Customer and Client About Relationships
- 5. To Serve and Delight
- 6. Did You Hear Me? Listening Skills The Mission: To Listen
- 7. Asking the Right Questions Open vs. **Closed Questions Probing Techniques**
- 8. Saying No When We Say "No" **Delivering Bad News**

- 9. Sales by Phone Benefits of Telemarketing Rapport Build-
- 10. Taking Messages Pen in Hand Effective Messages
- 11. Staying Out of Voice Mail Jail
- 12. Closing Down the Voice
- 13. Cold and Warm Calls The Cold Call The Warm Call
- 14. Developing a Script Scripting Techniques Sample Script
- 15. Perfecting the Script Making the Script Yours Using Cheat Sheets
- 16. Going Above and Beyond Fifteen Techniques for CCA Success **Customize Your Service**
- 17. Handling Objections
- 18. Closing the Sale

CALL CENTER TRAINING: SALES AND CUSTOMER SERVICE TRAINING FOR CALL CENTER AGENTS

COURSE OUTLINE CONT'

- 19. Feelings
- 20. Changes in the Customer The Changing Customer

What the Customer Wants

- 21. Negotiation Techniques Mastering Negotiation Skills Practicing Negotiation
- 22. It's More Than Just a Phase Phases of Negotiation **Negotiation Made Easier**
- 23. High Impact Moments Make It Count **Creating Case Studies**
- 24. Tips for Challenging Callers Tips and Tricks Caller Behaviors Up the Mountain
- 25. Dealing with Difficult Customers Dealing with Problems Dealing with Vulgarity
- 26. Phone Tag and Getting the Call Back Phone Tag Following Up
- 27. This is My Mentor
- 28. Stress Busting
- 29. News from Within Management Reports Pre-Assignment Review **CCA Reports**
- 30. Wrapping Up It's a Wrap – Just About! Debrief
- 31. Close with Vocals
- 32. Personal Action Plan
- 33. Recommended Reading List
- 34. Post-Course Assessment

CANNABIS AND THE WORKPLACE

One of the most commonly used recreational drugs in the world is cannabis. No matter what the legal status of using cannabis is where you live and work, employees who are under the influence of the drug can become an issue in your workplace. This course will help you develop the skills and knowledge to mitigate the risks to safety and lost productivity, and create a policy to protect employees from harm and the company from loss.

LEARNING OUTCOMES

Understand what cannabis and other forms of cannabis are and how they are used Understand how cannabis use affects a person physically, cognitively, and behaviorally Recognize the signs of cannabis impairment

Define the potential issues cannabis use creates in the workplace

Understand the legal rights of employers and employees with regards to cannabis use in the workplace

Respond to incidents of suspected cannabis use in the workplace Develop a proactive workplace drug and alcohol policy

COURSE OUTLINE

- Course Overview
 Learning Objectives Pre-Assignment
 - Pre-Course Assessment
- 2. Drugs and the Workplace Why Is Drug Use a Workplace Issue?
- 3. Cannabis

The Cannabis Plant, Part One
The Cannabis Plant, Part Two
The Cannabis Plant, Part Thre
The Cannabis Plant, Part Four
Cannabis and Your Body, Part One
Cannabis and Your Body, Part Two
Cannabis and Your Body, Part
Three

Cannabis and Your Body, Part Four

Debunking the Myths, Part One Debunking the Myths, Part Two

4. Workplace Impacts
Trouble in the Workplace Cannabis and Productivity Productivity
Safety, Part One Safety, Part Two
Safety, Part Three Safety, Part

Four

5. Medical Cannabis
Rights and Responsibilities, Part One
Rights and Responsibilities, Part Two
Rights and Responsibilities, Part
Three
Rights and Responsibilities, Part Four

Rights and Responsibilities, Part Five Medical Cannabis Scenarios

6. How to Intervene

The Intervention Process Step 1: Document Step 2: Consult, Part One Step 2:

Consult, Part Two Step 3: Approach Step 4: Monitor Step 5: Follow up Practicing the Difficult Conversation Role Play 1

Role Play 1 - Questions Role Play 2 Role Play 2 - Questions

7. Drug and Alcohol Policy
Why a Drug and Alcohol Policy? Part
One

Why a Drug and Alcohol Policy? Part Two

Example 1 – Carroll Air Systems Ex-

ample 2 – Cianbro-Williams Bros Example 3 – A-Able Rents Company Developing a Policy Preliminary Step 1: Objective Preliminary Step 2: Participants Preliminary Step 3: Environmental Scan

Making Connections Policy Content Making Connections

Drug and Alcohol Testing, Part One Drug and Alcohol Testing, Part Two Drug and Alcohol Testing, Part Three Applying and Publicizing the Policy, Part One

Applying and Publicizing the Policy, Part Two

Applying and Publicizing the Policy, Part Three

- 8. Applying and Publicizing the Policy, Part Four
- 9. Personal Action Plan
- 10. Starting Point Where I Want to Go
- 11. How I Will Get There
- 12. Course Summary
- 13. Recommended Reading List 120
- 14. Post-Course Assessment

COACHING AND MENTORING

Coach, Mentor, Role Model, Supporter, Guide... do these words ring a bell? Being a coach involves being able to draw from several disciplines. Coaching is based on a partnership that involves giving both support and challenging opportunities to employees. Mentorship is a related skill that is often a part of coaching. It's about being a guide, offering wisdom and advice when it is needed.

Knowing how and when to coach (and when to use other tools, like mentoring) is an essential skill that can benefit both you and your organization.

LEARNING OUTCOMES

Understand how coaching can be used to develop your team Develop the coaching and mentoring skills that help improve individual performance Demonstrate the behaviors and practices of an effective coach Recognize employees' strengths and give them the feedback they need to succeed

Identify employee problems and ways you can help to correct them

- 1. Course Overview
- 2. Defining Coaching and Mentoring Coaching and Mentoring Matching Mentors
- 3. Defining Coaching Coaching Skills
- 4. Coaching Assessment Review Coaching Assessment and Scoring
- 5. Making Connections
- 6. Interpersonal Communication Skills What are Communication Skills? Getting Better with Communication
- 7. Probing Techniques Active Listening Skills
- 8. Critical Coaching Skills
- 9. Setting Goals with SPIRIT Setting Achievable Goals

- 10. Getting on Track
- 11. Learning Styles and Principles
- 12. The Benefits/Consequences Matrix
- 13. Skills Involved in Coaching
- 14. The Coaching Model
- 15. Giving Effective Feedback
- 16. Coaching Problems and Solutions
- 17. Personal Action Plan
- 18. Recommended Reading List
- 19. Post-Course Assessment

CODE OF CONDUCT

Workplaces are made up of diverse groups of people with diverse motivations, backgrounds, and ethics. When such groups are brought together, sometimes there are opportunities for ethical, moral, financial, or even legal, boundaries to be crossed.

Sometimes those boundaries are crossed with disastrous results.

A workplace code of conduct is a tool that can be used to prevent such digressions by providing a framework for employees to follow of what is expected of them and how to conduct themselves in various situations.

This course will look at the material that goes into a code of conduct and will allow participants to build their own as the day goes on.

LEARNING OUTCOMES

Identify what a code of conduct is and why a business should have one Identify what goes into a code of conduct Discuss how to implement a code of conduct in the workplace Create a code of conduct for a business

COURSE OUTLINE

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Assessment
- 2. What Is It, and Why For Your Consideration Pre-Assignment Review
- 3. What to Leave In, What to Leave Out What to Include What to Exclude Identifying Areas of Risk Who Writes It
- 4. What's It All About? In a Word Spreading the Word Training **Violations**
- 5. A Random Sample Sample Codes
- 6. What to Do When You Make a Mistake
- 7. Auditing Auditing Techniques Sample Audit Questions
- 8. Putting it Together The Toolbox **Making Connections**
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

COLLABORATION

Collaboration is a skill that is utilized with one or more people to produce or create a result or shared goal. Everyone in the group has a shared vision or outcome. The group not only has to work together, they must think together, and the product comes from group effort. Collaborators are equal partners. Do we know what it takes to achieve successful collaboration with colleagues? What are the importance and benefits of collaboration in the workplace and how can employers create a collaborative environment and reward employees for collaborative efforts?

LEARNING OUTCOMES

Understand the definition of collaboration Distinguish collaborative qualities individuals often possess

Know and understand what it takes to work collaboratively with your colleagues Discover the difference between collaboration, cooperation and teamwork Know what a collaborative environment looks like

Know the six steps to make collaboration work Understand the advantages of collaboration Be aware of obstacles to collaboration

Develop strategies to improve a collaborative work environment Share tips for employers to reward collaboration Understand how technology affects collaboration

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Being Collaborative What is Collaboration? Part One What is Collaboration? Part Two Who is a Collaborator? Qualities of a Collaborator Part One Qualities of a Collaborator Part Two Qualities of a Collaborator Part Three
- 3. Elements of Successful Collaboration Elements of Collaboration Five Elements of a Successful Collaboration Part One Five Elements of a Successful Collaboration Part Two Collaboration, Teamwork, Cooperation: What is the Difference? How to Make Collaboration Work: 6 Predictable Stages
- 4. Benefits of Collaboration What Are the Advantages of Collaboration, Part One What Are the Advantages of Collaboration, Part Two Collaborative Workspace

- Corporate Culture of Collaboration Features to Help Create a Collaborative Workspace Design Your Collaborative Workspace
- 5. Common Obstacles Five Arguments Against Collaboration Tips to Overcome Collaborative Obstacles Rewarding Team Collaboration Part One Rewarding Team Collaboration Part Two Rewarding Team Collaboration Part Three
- 6. Technology and Collaboration Technology and Collaboration Part One Technology and Collaboration Part Two Implementing Technology to Facilitate Collaboration Part One Implementing Technology to Facilitate Collaboration Part Two Collaborative Conclusion
- 7. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 8. Course Summary
- 9. Recommended Reading List
- 10. Post-Course Assessment

COMMUNICATION STRATEGIES

Have you ever wondered why it seems so difficult to talk with some people, yet so easy to talk with others? This course explores how to improve your communication skills to make it easier for you to get along in the workplace, and in life.

LEARNING OUTCOMES

Identify common communication problems that may be holding you back Develop skills to ask questions that give you information you need

Learn what your non-verbal messages are telling others Develop skills to listen actively and empathetically to others Enhance your ability to handle difficult situations Deal with situations assertively

- 1. Course Overview Learning Objectives Pre-Assignment
 - Pre-Course Assessment
- 2. Creating Positive Relationships Ten Quick Wins Making Connections, Part One Making Connections, Part Two
- 3. Growing Our Self-Awareness Do You Question Your Competence? **Developing Confidence**
- 4. Communication Basics Defining a Skilled Communicator **Making Connections**
- 5. Communication Barriers Case Study: New Neighbors Common Barriers Applying the Answers Being
- 6. Asking Questions Asking Good Questions, Part One Asking Good Questions, Part Two 9.

Mindful

Asking Good Questions, Part Three

Asking Good Questions, Part Four **Probing**

Five Ways to Probe, Part One Five Ways to Probe, Part Two Pushing My Buttons

7. Listening Skills Can You Hear Me? Example One Can You

- Hear Me? Example Two Can You Hear Me? Example Three Can You Hear Me? Example Four Can You Hear Me? Example Five How Do You Rate Your Listening Ability? Scoring
- Active Listening Skills, Part One Active Listening Skills, Part Two Re- 12. Techniques for the Workplace Presponding to Feelings Reading Cues **Demonstration Cues** Tips for Becoming a Better Listener
- What is Said and What is Heard **Communication Situations**
- 8. Body Language

What Do Our Bodies Say? Part One 13. Assertiveness What Do Our Bodies Say? Part Two What Do Our Bodies Say? Part Three

What Do Our Bodies Say? Part Four The Signals People Send Gestures

- Communication Styles Dichotomies in Theory Making
- Connections

Advantages and Disadvantages Dichotomies in Action, Example One Dichotomies in Action, Example

Two

Dichotomies in Action, Example Three

Dichotomies in Action

10. Creating a Positive Self-Image Sev-

- en Things People Determine from Your Appearance Pre-Assignment Review Self-Evaluation, Part One Self-Evaluation, Part Two
- 11. Frame of Reference Your Frame of Reference Suspending Belief
- pare, Prepare, Prepare Testing Our Theories, Situation One Testing Our Theories, Situation **Delivering Your Message** Check for Understanding
- Self-Attitude Words to Watch Out For Your Inner Self Talk Persuasion 30 Ways to Persuade Case Study: A Negative Image I Messages
 - The Assertive Formula Expressing Your No, Part One Expressing Your No, Part Two The Persistent Response Guidelines for Saying No
- 14. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 15. Course Summary
- 16. Recommended Reading List | 43
- 17. Post-Course Assessment

COURSE OUTLINE

COMMUNICATIONS FOR SMALL BUSINESS OWNERS

Communication between individuals is a two-way street, but communication between a small business and its customers is a multi-lane highway. Navigate this highway successfully and you increase customer numbers and profits. Set out on this highway unaware, ill-prepared, or unconvinced of its importance, and you will lose ground to your competitors.

This course will introduce and reinforce the essential components of written communication that will connect you with existing and potential customers. If you are new to the communications highway, this course will provide the foundation for future development. If your company has some communications expertise, this course will help you strengthen and polish your essential components.

LEARNING OUTCOMES

Define the essential pieces of communication Customize these essential pieces for your company Identify the processes and plans needed for clear communications Develop, maintain, and evolve effective content for your communications

- 1. Course Overview
- 2. Key Communication Components What Communication Is All About Pre-Assignment Review
- 3. The Building Blocks Business and Marketing Strategy Public Relations Plan Working on the Plan Elevator Pitch and **Executive Summary Developing Your Pitch Practice Makes** Perfect
- Selecting Your Communications Destination Choosing a Communications Route Making Connections Establishing a Communications Vehicle Developing an Approval Process Inbound vs. Outbound: How Can We Help You?

4. Your Communications Plan Introduction

- 5. The Five C's of a Successful Message Be Clear Be Concise Be Complete
 - Be Correct
 - Be Compelling
- 6. Communication Strategies Setting a Goal for Each Communications Piece Strengthening Your Core Message
- 7. Sharing Information Through Media Releases Key Pieces of the Media Release Drafting Your Message Getting Into It
- 8. Communicating Online Blogging Tips and Tricks Making Connections Connecting Through Social Media Social Media Plan Worksheet
- 9. Using Stories to Communicate The Importance of Story Tell Me A Story
- 10. Polishers and Time Savers Communication Fact Sheets Getting It Together Reduce, Re-Use, and Recycle
- 11. Enhancing Your Results Search Engine Optimization (SEO) Optimizing Our Results Taking Your Communication Pulse Focusing on the Research SWOT Analysis Making Connections
- 12. Maintaining Your Message in Crisis
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

CONDUCTING ACCURATE INTERNET RESEARCH

As the Internet grows, it becomes more challenging to find the correct information from a reliable source in a timely manner. As research expert Gary Price puts it, "The haystack is growing and finding the needles takes more time and requires greater skill."

This course will teach you how to conduct accurate Internet research by creating a search plan, searching both the surface web and the deep web, and staying organized. You will also learn how to think critically and find the best sources for your Internet search.

- 1. Course Overview
- Creating a Search Plan
 Key Elements of a Search Plan Getting
 Focused
- Searching the Surface Web What is a Search Engine? Building a Keyword List Step-By-Step Searching Guide Performing an Advanced Search Searching for Quick Facts Internet Scavenger Hunt Debrief
- Diving Into the Deep Web About the Deep Web

Making Connections

- 5. Searching for Multimedia Search Techniques Making Connections
- Assessing Research Sites Analyzing Your Sources Making Connections Checking Your Facts
- 7. Staying Organized with Research Tools
- 8. Citing Sources
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

LEARNING OUTCOMES

Describe why Internet research skills are important Create a search plan Identify what resources are the most appropriate for your search Search the surface web and the deep web using a variety of tools Assess the credibility and validity of a website Organize research notes

Cite sources and avoid plagiarism

CONDUCTING EFFECTIVE PERFORMANCE REVIEWS

Performance reviews are an essential component of employee development. The performance review meeting is an important aspect of career planning, and the outcomes of the meeting should be known to the employee and supervisor before the meeting actually takes place. Remember what the German philosopher Goethe said: "Treat people as if they were what they ought to be and you help them become what they are capable of being."

Setting goals and objectives to aim for will give both supervisors and employees a focus, and is one of the key aspects to meeting overall company objectives. Supervisors must also learn how to give feedback, both positive and negative, on a regular and timely basis so that employees can grow and develop. Performance appraisals involve all these activities.

LEARNING OUTCOMES

Recognize the importance of having a performance review process for employees Understand how to work with employees to set performance standards and goals Develop skills in observing, giving feedback, listening, and asking questions Identify an effective interview process and have the opportunity to practice the process in a supportive atmosphere Make the performance review legally defensible

- 1. Course Overview
- 2. Performance Appraisals Done Well What are Performance Appraisals? Making Connections Building Trust
- 3. Errors We Make Three Slippery Areas Making Connections
- 4. Types of Performance Reviews Choosing What Works Winning Performance Appraisals
- 5. The Performance Management Process The Four Steps Sample Performance Appraisal Forms
- 6. Goals with SPIRIT Identifying Dreams and Setting Goals My Dreams and Goals Putting it All Together
- 7. The Performance Management Cycle The Four Phases

The Basis for Review

- 8. Setting Standards
- 9. Creating a Performance Development Plan
- 10. Feedback and Communication
- 11. Listening Skills **Active Listening** The Mission: To Listen
- 12. Communication Strategies Basic Skills

Probing

Non-Verbal Messages Interpretation Exercise

- 13. Giving Feedback The Importance of Feedback Six Characteristics Case Studies
- 14. Accepting Criticism
- 15. Planning the Interview
- 16. The Interview A Basic Format Preparation
- 17. Goal Setting Role Play
- 18. Providing Feedback
- 19. Coaching The Importance of Coaching Task Preparation
- 20. Appraisal Preparation
- 21. The Interview
- 22. Maintaining Performance
- 23. Handling Performance Problems Make the Commitment Behavior Contracts Recognizing Mrs. Stanford
- 24. The Part Where Someone Gets Fired If You Have To Let Them Go... Role Play Pre-Assignment Review
- 25. Performance Management Checklists
- 26. Personal Action Plan
- 27. Recommended Reading List
- 28. Post-Course Assessment

COURSE OUTLINE

CONFERENCE AND EVENT MANAGEMENT

Although it does take plenty of creativity to design an event that is memorable and meaningful, it also takes careful attention to detail, adaptability, effective delegating, and a lot of work. This course will walk you through the process of event management, from the beginning stages of planning, to the final touches (like decorations, food, and music).

While this course is specifically for corporate event planning, the elements here can also be applied to more personal event planning like anniversaries, special birthday gatherings, weddings, and more. Essentially, we're creating an effective and well planned design that is ready for implementation and can be used over and over again.

LEARNING OUTCOMES

Plan a complete corporate event, including an agenda, budget, goals, venue, audience, food, and whatever else your client needs

Keep your event on budget

Design an advertising and marketing plan that includes a comprehensive use of media, take-aways, and/or swag bags Determine whether partners, sponsors,

and volunteers can help to make your event unforgettable

Create an atmosphere of service that delegates will remember

Select speakers and a master of ceremonies to add impact to your event Create a diversity plan

Evaluate the process once it's all wrapped up

- 1. Course Overview
- 2. Event Planning Essentials Identifying Key Event Elements Setting Goals and Objectives Getting Organized
- 3. Budgeting Basics Pre-Assignment Review The Real Budget Getting Strict About the Budget
- 4. Using the Committee Approach Getting the Right People Doing the Right Things Doing Delegation Right
- 5. Connecting with Partners and Sponsors Benefits of Support Step Up and Ask!
- 6. Advertising and Marketing Getting the Word Out The "Touch" Factor Take-Away Planning
- 7. Selecting the Venue
- 8. Feeding the Masses Setting up the Menu Finding Food Solutions
- 9. Business Etiquette Basics Don't Be Afraid! The Edge of Etiquette Think Space!
- 10. Celebrating Diversity What Does It Mean?

- Diversity Assessment
- 11. Creating an Atmosphere of Service I ntroduction to Customer Service Critical Elements of Customer Service
- 12. Selecting Speakers and a Master of Ceremonies People in Your Event People in Practice
- 13. Managing Contracts
- 14. Gathering Feedback Gathering Feedback from Delegates Gathering Feedback from the Client Designing Feedback
- 15. Adding the Finishing Touches
- 16. Event Day Roles Things to Do Managing Your Image
- 17. Closing the Event Creating the Conference Report Holding the Post-Event Meeting and Thanking Those Involved
- 18. Practicing Planning Creating an Event Plan Draft Presentations
- 19. Personal Action Plan
- 20. Recommended Reading List
- 21. Post-Course Assessment

CONFLICT RESOLUTION: GETTING ALONG IN THE WORKPLACE

Many people see conflict as a negative experience. In fact, conflict is a necessary part of our personal growth and development. Think of when you were trying to choose your major in college, for example, or trying to decide between two jobs. However, conflict becomes an issue when the people involved cannot work through it. They become engaged in a battle that does not result in growth. When this type of conflict arises, negative energy can result, causing hurt feelings and damaged relationships. This course will give you the tools that will help you resolve conflict successfully and produce a win- win outcome.

LEARNING OUTCOMES

Understand the types of conflict and the stages of conflict

Recognize the five most common conflict resolution styles and when to use them Increase positive information flow through non-verbal and verbal communication skills Develop effective techniques for intervention strategies

Become more confident of your ability to manage conflicts to enhance productivity and performance

- Course Overview
- 2. Defining Conflict What is Conflict? Positives and Negatives
- 3. Types of Conflict
- 4. Open Conflict vs. Hidden Conflict
- 5. Spontaneous and Reflective Behavior
- 6. The Johari Window Understanding the Johari Window My Window Case Study: Spontaneous and Reflective **Behaviors**
- 7. Stages of Conflict The Five Stages of Conflict Another Version of the Conflict Process Conflict Outcomes Strategies for Dealing with Conflict
- 8. Creating the Win/Win
- 9. Conflict Resolution Style Questionnaire The Questionnaire Scoring The Conflict Grid Pros and Cons
- 10. The Role of Communication in Conflict Resolution

The Communication Chain Other Barriers **Establishing Positive Intent**

- 11. Active Listening Skills
- 12. Paraphrasing Skills What is Paraphrasing? Making Connections
- 13. Powerful Questions Asking Questions Probing Techniques
- 14. Body Language
- 15. Pre-Assignment Review
- 16. The Conflict/Opportunity Test The Conflict/Opportunity Test Skills Test
- 17. Conflict and Its Resolution Visualizing Conflict
 - A Strategy for Conflict Resolution
- 18. Helping Others Through Conflict Preparing for Conflict Conflict Resolution with Facilitation **Setting Norms** Coaching Through Conflict Managing Your **Emotions**
- 19. Personal Action Plan
- 20. Recommended Reading List
- 21. Post-Course Assessment

CONQUERING YOUR FEAR OF SPEAKING IN PUBLIC

Do you get nervous when presenting at company meetings? Do you find it hard to make conversation at gatherings and social events? Do you lock up in awkward social situations? If so, this course is just for you! It's aimed at anybody who wants to improve their speaking skills in informal situations. We'll give you the confidence and the skills to interact with others, to speak in informal situations, and to present in front of small groups.

LEARNING OUTCOMES

Speak with more confidence in one-on-one conversations Feel more confident speaking socially or small groups such as meetings Practice developing these skills

COURSE OUTLINE

- 1. Course Overview
- 2. Good Communication Skills Defining Communication Barriers to Communication
- 3. Interpersonal Skills

Listening

Asking Questions

4. Getting Comfortable in Conversation Four

Levels

Level One: Small Talk Level Two: Fact Disclosure

Level Three: Viewpoints and Opinions

Level Four: Personal Feelings

- 5. Practicing Dialogue
- 6. Redesigning Yourself for Strength
- 7. Professionalism
- 8. Maximizing Meetings

Four Areas of Opportunity Fifteen Ways to

Master a Meeting

- 9. Sticky Situations
- 10. Controlling Nervousness
- 11. Tell Me a Story
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

CONTINUOUS IMPROVEMENT WITH LEAN

Companies everywhere, no matter what their industry, can benefit from the principles of continuous improvement with Lean. Whether they adopt a very formal process or commit to something less structured, they can follow its principles and improve their bottom line by reducing wasted time and resources.

This course is designed for learners who have completed the pre-requisite Lean Process Improvement course, and perhaps have been involved in implementation of its principles in their workplace. It is the ideal next step along the path of learning and creating a workplace culture committed to continuous improvement.

LEARNING OUTCOMES

Describe what continuous improvement with Lean is all about Explain the concepts of the continuous improvement cycle: Identify, Plan, Execute, and Review

Apply Lean continuous improvement concepts to a case study Present ideas for continuous improvement

- 1. Course Overview
- 2. How to Use This Guide
- 3. Course Overview
- 4. Defining Continuous Improvement Defini-

Pre-Assignment Review

How Can Lean Help?

Four-Stage Cycle

5. Stage One – Identify Areas For Improvement

Making It Valuable

Test the Theory

6. Stage Two – Create a Plan for Improvement

Building the Plan Where Are You At?

7. Stage Three – Implement the Changes Taking the Lead Value Stream

- 8. Stage Four Review the Impact Remember to be Green with Lean The Review Stage Review in Progress
- 9. Test Driving

Background Information Identify Opportu-

nities for Improvement

Define the Process to Improve Work on

Your Plan

Polish Your Plan

- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

CONVERSATIONAL LEADERSHIP

Effective leaders understand how powerful an opportunity can be when they can tap into the intelligence, wisdom, and innovation present in their workforce. Conversational leadership provides the space and infrastructure for knowledge sharing to take place; for employees, stakeholders, and the community to be involved in discussing big, important questions; and to generate solutions that people within the organization can take action on.

LEARNING OUTCOMES

Understand the wisdom inherent in encouraging conversational leadership Describe the four I's of conversational leadership Apply the principles of conversational leadership to improve results Organize a simple World Café as an example of conversational leadership

COURSE OUTLINE

- 1. Course Overview
- 2. What's In A Word?
- 3. Fundamental Elements
- 4. The Four-I Model of Organizational Conversation
- 5. The Conversational Leadership Framework
- 6. World Café
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

CREATING A DYNAMITE JOB PORTFOLIO

The job market continues to change, as does the way we look for work. This course examines the value of presenting yourself as a complete package by using a resume as an introduction to an employer and backing it up with a portfolio presented at the interview.

LEARNING OUTCOMES

Speak about yourself using descriptive language Apply the essential elements of cover letters and resumes Understand the need for pre-employment testing and what to expect in your target market Design a personalized portfolio

COURSE OUTLINE

- 1. Course Overview
- 2. Who Are You? Exploration Self-Description
- 3. Writing the Resume Essential Ingredients Writing the Resume

Develop a plan that moves you to a new job within 60 days

- 4. Creating a Noticeable Package Personal Branding
- Types of Resumes
- 5. Cover Letters Essential Ingredients The Writing
- 6. Getting into the Flow
- 7. The Portfolio **Essential Components Designing Your** Portfolio

- 8. Refining and Perfecting
- 9. Dealing with Awkward Points Gaps in Your Resume Pre-Employment Testing
- 10. Getting to a New Job in 60 Days 60 Days to a New Job Getting the Lead Out
- 11. Goal Setting Creating a Plan **Choosing Your References**
- 12. Thank-You Notes
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

CREATING A GOOGLE ADWORDS CAMPAIGN

Many companies advertise with pay per click ads. This course focuses on the largest machine available: Google AdWords. In this course, participants will learn how Google AdWords work, what pay per click means, the importance of correctly setting an AdWord budget, how to select keywords and set up ad groups, how to design a compelling ad, and how to make adjustments to increase success.

LEARNING OUTCOMES

Define Google AdWords and pay per click Set up keywords lists and groups Find tracking and statistical information Describe conversions from clickthroughs

Decide whether you will write your own ads or enlist help

- 1. Course Overview
- 2. Understanding AdWords Lingo First Up, SEO Pre-Assignment Review AdWords Defined **How PPC Works**
- 3. Creating an AdWords Strategy Planning Choosing Keywords Getting Good with Keywords Long Tail and Short Tail Understanding Ad Groups
- 4. Creating a PPC Campaign Setting Your PPC Budget The Quality Score
- 5. Designing Your Ads Choosing Your Language Persuasive Techniques Keeping Your Eyes Open Structuring your Ad

- 6. Looking at Success Understanding Key Metrics Higher Clickthrough Rates (CTR) Help Setting Up Split Tests Using Google's Display Network (GDN) When to Ask for Help To Be Continued
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

CREATING A POSITIVE WORK ENVIRONMENT

Not all of us have had the opportunity to work in a truly positive work environment. A positive work environment is important for the productivity of a company but it is also important to us personally. Our emotional and physical health can be improved by working in a positive work environment. We should wake up each morning wanting to go to work - not trying to think of excuses to not go. We want to be proud of where we work and enjoy telling others about where we work. As an employee or a leader within a company you have a responsibility to create and maintain a positive work environment. Everyone has a responsibility to create and maintain a positive work environment. Even if this is not a companywide reality you can seek to provide this type of environment for your department/ division or those within your sphere of influence. This course will give you tools to be able to create the type of company environment that you crave through building and nurturing effective workplace relationships.

LEARNING OUTCOMES

Recognize what a positive workplace looks like

Know and understand the key elements necessary to create and maintain a positive work environment

Understand as an employee what you can to do personally to create and maintain a positive work environment

Understand as a leader the responsibility you have to create and maintain a positive work environment

Discover what type of team player you are and how that relates to your functioning in the team

Know the importance of effective work-

place relationships in creating and maintaining a positive work environment Know and understand the importance of working as a team and guidelines to good teamwork

Discover your personal strengths and weaknesses in working cooperatively Discover your preference for dealing with workplace conflict

Learn and practice various methods to deal with workplace problems Learn some of the common meeting problems to how make your meetings more positive and effective.

- 1. Course Overview
- What Does a Positive Environment Look Like Introduction Characteristics of a Positive Work Environment
- 3. What Can I Do?
 As an Employee
 As a Leader
- Team Player
 Team Member Roles and Responsibilities
- A: Effective Workplace Relationships
 Teams
 Working Cooperatively Managing Conflict
 Self-Assessment Preventing Problems
 B: Effective Workplace Relationships
 Dealing with Problems Meeting Management
- 6. Conclusion
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

CREATING A TOP-NOTCH TALENT MANAGEMENT PROGRAM

Organizations recognize that they do better business when their people are engaged, motivated, and yes, talented. Having the right people in place at the right time is a key aspect to continued growth, success, or even just stability. This course will provide you with just what it takes to have the right people ready. It will help you create a program to measure the talents of your people and how to help them grow in preparation for the future. It will also help you support and grow your organization by teaching you how to apply the most current research and adapt your organization to the ever-changing marketplaces.

LEARNING OUTCOMES

Apply the multifaceted aspects of talent management in your own organization Describe the skills required to manage high potential candidates Recognize and foster talent within an organization Explain the principles of competency-based management Use the language for talent management

- 1. Course Overview
- 2. Understanding Talent Management What is Talent Management? A Focused Effort to Manage Talent
- 3. Understanding Performance Management The Differences Between Performance Management and Talent Management The Shared Management Model
- 4. Understanding Succession Planning Replacing vs. Succeeding Understanding Succession Planning Terms Identifying Critical People Identifying Resources Risk Assessment
- 5. Creating a Talent Management Plan Overview
 - **Developing Your Vision**
- 6. About Competency-Based Programs Understanding Competencies Goleman's **Emotional Intelligence Model**
- 7. Identifying Talent **Key Talent Groups** Case Study: Smith Plumbing Inc. Fast-

- **Track Programs**
- 8. Bring on Bench Strength Getting the Right Person for the Job Three Pillars
- 9. Conducting Talent Assessments to Create a Talent Profile A Three-Phase Process Sample Form Compiling the Results
- 10. Keeping People Interested Understanding Abilities and Aspirations Case Study: Jim's Job Keeping Superstars from Falling
- 11. Talent Review Meetings Structuring the **Talent Review Meeting** Case Study Following Up
- 12. Show Me the Money! Building Incentives into the Plan About Competency-Based Pay and Pay-For-Performance
- 13. Communicating with High Potentials
- 14. Development Strategies Goals with SPIRIT 360° Feedback Coaching and Mentoring Creative Development Ideas
- 15. Reality Check!
- 16. Fostering Engagement
- 17. Evaluating the Plan Why is Evaluation Necessary? Sample Evaluation
- 18. Personal Action Plan
- 19. Recommended Reading List
- 20. Post-Course Assessment

CREATING A WORKPLACE WELLNESS PROGRAM

Whether you are creating a workplace wellness program from scratch, or enhancing what you already have, you're already on the right track! With increasing costs of health care, a shrinking workforce, and aging workers, a savvy workplace understands the value in supporting workers to improve their conditioning and to live a fitter lifestyle. This course includes all aspects of designing or upgrading a program, from concept through implementation, to review.

LEARNING OUTCOMES

Create program elements that reflect the needs of employees and the objectives of the organization Select program elements that fit the context of current operations Establish implementation and evaluation strategies

- 1. Course Overview
- 2. The Case for Wellness Benefits of Workplace Wellness Programs **Program Elements**
- 3. Building the Foundation Creating the Committee Outlining the Program Making Connections Gathering Resources Workplace Organizational Culture
- 4. Gathering Support Taking Action Reflection
- 5. Gathering Data Gathering Data Current Reality - Pre-Assignment Review Looking Around Us Research Help
- 6. Performing a Needs Analysis The ICE

Method Making the Pitch

- 7. Program Elements Designing Your Program, Part One Designing Your Program, Part Two Designing Your Program, Part Three
- 8. Implementing Your Workplace Wellness Program Implementation Options Identifying Motivators
- 9. Reviewing the Plan Evaluating Prior to Launch Getting the Executive on Board Getting Employees on Board
- 10. Evaluating and Reporting Results Ratios and Statistics Making it Count
- 11. Personal Action Plan
- 12. Recommended Reading List
- 13. Post-Course Assessment

COURSE OUTLINE

CREATING SUCCESSFUL STAFF RETREATS

A staff retreat can evoke some pretty strong emotions. Dread of a week hanging around with people you would never invite home for dinner. Queasy thinking about throwing yourself backwards hoping your 'new friends' will catch you. However, staff retreats still continue even in hard times. Why? Many of the things we really need to get done take longer than the two hours you have in meeting time. As well, the retreat itself can bring about a change in approach not possible sitting in your boardroom for a meeting. This course will give you tools to be able to create staff retreats that are successful and help to bolster productivity, sales and positive workplace culture.

LEARNING OUTCOMES

Discuss experiences with staff retreats Know the reasons why staff retreats are conducted Understand the main staff retreat undertakings categories Develop and present retreat activities Identify the critical elements for success of a staff retreat Develop a planning checklist

Appreciate the keys to running a staff re-

treat Develop an evaluation questionnaire Rrecognize post-retreat activities that will ensure the continuing success of your staff retreats

Realize your top three take home ideas for creating successful staff retreats

- Course Overview
- 2. Staff Retreats Introduction Why a Staff Retreat
- 3. Types of Undertakings at a Staff Retreat Undertakings Developing Activities for Undertakings
- 4. Designing a Staff Retreat Critical Elements for Success Staff Retreat Activities
- 5. Running the Retreat Things to be Considered
- 6. Post-Retreat Follow-up
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

CREATING WINNING PROPOSALS

Proposals are persuasive documents that are fundamental tools in organizational funding and output. This course will look at sources of funding, types of proposals and how to write proposals that will meet funding agencies requirements. This will include a number of tips and techniques to increase the potential success of your proposals. An important but often overlooked aspect of proposal writing will also be covered-Building and Maintaining Relationships. Relationships are built on honesty. Potential projects must be a good fit for your organization and your organization must be ready to do the work contained in the proposal. The most successful proposals are going to be those that fulfill the mission and values of your organization and that of the funding agencies as well!

LEARNING OUTCOMES

Locate potential funders for your organizations on the Internet and use evaluative skills to identify the appropriateness of funding related to your own organization

Explain the necessity of matching funders interests with organizational needs and use this knowledge in decisions about the validity of submitting a funding proposal Describe and understand the basic elements of proposal writing for not-forprofit organizations

Describe and understand the basic process for successful proposal writing Analyze effective relationship-building strategies to engage with funders and use this knowledge in writing a funding proposal Describe at least five reasons why funding proposals can be rejected Plan, write and submit a proposal in response to funders guidelines

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Sources of Funding Trends in the Funding Environment Types of Funders Potential Funders
- 3. Funder Selection Personal Proposal Funder Selection
- 4. Types of Proposals Proposal Forms Letter Proposal Partnership Proposal
- 5. Proposals as a Relationship Builder Portfolio Approach Building the Relationship Going Steady
- 6. RFPs/RFQs (Requests for Proposals or Request for Quote)

- RFP Case Study
- 7. The Ten Steps of Proposal Writing
- 8. Defining Your Proposal 10-Step Exercise
- 9. Key Elements of a Proposal Portfolio Approach
- 10. Defining the Needs and Desired Results Defining the Need Desired Results
- 11. Resources and Activities and Evaluation Resources and Activities Evaluation
- 12. Sustainability and Budget Sustainability Budget
- 13. Conclusion, Introduction, and Executive Summary Portfolio Approach
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

COURSE OUTLINE

CREATING WINNING WEBINARS

Webinars are now a common and effective tool being used by thousands and thousands of companies and people, across all industries. They are being used for everything from training to customer service, and education to marketing. Webinars are an affordable means of connecting with your staff, customers and online community.

This course will take you through the entire process of creating an effective webinar.

- Why and how to use Webinars
- Defining your webinar objectives
- Choosing the structure and content of your webinar
 - **Creating the outline**
 - Choosing the platform

This course will offer an introduction to Webinar Creation and provide you with a tool that is both appealing to you, the creator, and Webinar Attendees. With millions of webinars taking place online every month this is a medium to be embraced.

- 1. Course Overview Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Webinars Defined Introduction What is a Webinar? Pre-Assignment Review Why use Webinars?
- 3. Best Practices What Not to Do Lack of Preparation Lack of Testing Lack of Flexibility The Keys to success
- 4. Choosing the Structure
- 5. Creating the Outline Webinar Creation Formula Webinars for Education and Collaboration with Staff or Colleagues
- 6. Choosing the Platform
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

LEARNING OUTCOMES

Understand what webinars are and why they are important to your workplace Implement best practices when developing and delivering webinars

Choose appropriate structure and platform for your webinar Outline a webinar for your development and delivery

CREATIVITY IN THE WORKPLACE

Creative thinking in the workplace is in demand. We live in a competitive society and creativity improves productivity, teamwork, and innovation.

LEARNING OUTCOMES

Define creativity. Identify the characteristics of a creative person. Develop your creativity. Understand the importance of creativity in the workplace. Identify the benefits of creativity in the workplace. Examine creative corporate cultures. Foster creativity in the workplace. Apply brainstorming techniques.

- 1. Course Overview
- 2. What is Creativity? Two Myths of Creativity Myths of Creativity Ten Characteristics of Creative People Self-Reflection Exercise, Part One Self-Reflection Exercise, Part Two How Can You Develop Your Creativity? Lateral Thinking Puzzle
- 3. The Importance of Creativity in The Workplace What Do CFOs Think? Part One What Do CEOs Think? Part Two What Do CEOs Think? Part Three 30 Circles Challenge Benefits of Creativity in the Workplace **Creative Companies**

- 4. Creative Corporate Cultures Examples of Corporate Creativity How Does My Business Compare and How Can It Improve?
- 5. Fostering Creativity in Your Workplace Fostering Creativity
- 6. Ideas to Help Employers Bolster Creativity
- 7. Creative Challenge Workplace Scenario
- 8. Brainstorming Techniques
- 9. Definition of Brainstorming, Part One
- 10. Definition of Brainstorming, Part Two
- 11. Visual Brainstorming Techniques Idea **Sorting Techniques**
- 12. Creative Brainstorming Games and Exercises
- 13. Brainstorming Activity
- 14. Six Hats Brainstorming Technique
- 16. Six Hats Brainstorming Activity
- 17. Personal Action Plan
- 18. Starting Point Where I Want to Go
- 19. How I Will Get There
- 20. Recommended Reading List
- 21. Post-Course Assessment

CREATIVE THINKING AND INNOVATION

Creative thinking and innovation are vital components in both our personal and professional lives. However, many people feel as though they are lacking in creativity. What most of us do not recognize is that we are creative on a daily basis, whether it's picking out what clothes to wear in the morning or stretching a tight budget at work. While these tasks may not normally be associated with creativity, there is a great deal of creativity involved to get those jobs done.

While some people seem to be simply bursting with creativity, others find it a struggle to think outside the square. If you fall into the latter category, it is important to understand that boosting your creative and innovative abilities takes practice. Recognizing and honing your own creative potential is a process. That's what this course is all about.

LEARNING OUTCOMES

Identify the difference between creativity and innovation Recognize your own creativity

Build your own creative environment Explain the importance of creativity and innovation in business Apply problem solving steps and tools

Use individual and group techniques to help generate creative ideas Implement creative ideas

- 1. Course Overview
- 2. What Is Creativity and Innovation? Creativity and Innovation: A Breakdown **Know Your Creative Potential**
- 3. Individual Creativity **Know Yourself Boost Your Creative Juices**
- 4. Get Creative
- 5. Developing the Right Environment for Creativity What Does a Creative Environment Look Like? **Build Your Creative Environment**
- 6. Creativity and Innovation in Business The Role of Creativity and Innovation in **Business** The Birth of the Four Seasons: A Case

Study

- 7. Where Does Creativity Fit Into the Problem-Solving Process? Problem-Solving Models Phase One Phase Two Phase Three
- 8. Defining the Problem Problem Identification Eight Essentials to Defining a Problem Tie It All Together Using the Power of Eight
- 9. Creative Techniques The RAP Model The Shoe Swap Technique Walk A Mile Using Mind Mapping Map It Out! Metaphors and Analogies Make a Metaphor Situation/Solution Reversal Reverse It to Solve It Bring on the Toys! Draw It Out!
- 10. Encouraging Creativity In A Team Brainstorming Plan It Out! Rolestorming Act It Out! The Stepladder Technique Brainwriting The Slip Writing Technique
- 11. Putting It All Together Nancy Clue and the Case of the Software Upgrade Create Ideas and Choose Your Solution
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

CRISIS MANAGEMENT

Viable organizations need to be ready for emergencies because they are a fact of doing business. The worst plan is not to have any kind of plan at all, and the best plans are tested and adjusted so that they work over time. Fortunately, you do not need separate plans for fire, weather disasters, and all the different kinds of crises that can occur. One solid plan will help you to prevent, respond, and recover from all crises. This course will help you ensure your organization is ready to manage any kind of crisis.

LEARNING OUTCOMES

Assign people to an appropriate crisis team role Conduct a crisis audit Establish the means for business continuity Determine how to manage incidents Help your team recover from a crisis Apply the process in practical exercise

- 1. Course Overview
- 2. What is Crisis Management? Defining **Terms**

The Crisis Management Team Creating the

- 3. Training Leaders and Staff Training Essentials Conducting Training
- 4. Conducting the Crisis Audit Why Audit? Using a Risk Matrix
- 5. Performing a Risk Level Analysis The Four Categories **Case Studies**
- 6. Developing a Response Process Pre-Assignment Review Crisis Response Process
- 7. Consulting with the Experts

- 8. Incident Management Techniques Case Study
 - Responding to Incidents Documenting Incidents Investigating Incidents
- 9. Working through the Issues Model Overview

Phase One Phase Two Phase Three Types of Decisions

10. Establishing an Emergency Operations Center

EOC Considerations Who is In Charge?

- 11. Building Business Continuity and Recovery **Creating Continuity**
 - Essential Crisis Plan Elements
- 12. Walliallia

Background

Exercise One: Gas Line Explosion at Water

Plant

Exercise Two: How are you Feeling? Exercise Three: The Last Question

- 13. Recovering and Moving On Initial Adjustments Working Things Out
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

COURSE OUTLINE

CRITICAL ELEMENTS OF CUSTOMER SERVICE

While many companies promise to deliver an incredible customer experience, some are better at supplying this than others. This course is designed around six critical elements of customer service that, when a company truly embraces them, bring customers back to experience service that outdoes the competition.

LEARNING OUTCOMES

Understand what a customer service approach is

Understand how your own behavior affects the behavior of others Demonstrate confidence and skill as a problem solver Apply techniques to deal with difficult customers Know how to provide excellent customer service

- Course Overview
 Course Overview Learning Objectives
 Pre-Assignment
 Pre-Course Assessment
- What is Customer Service? What is Customer Service? Who Are Your Customers? Meeting Expectations
- Pre-Assignment Review
 Pre-Assignment Review Making Connections
- 4. Setting Goals Creating a Personal Vision Statement Identifying and Setting Goals What is a SMART Goal?

How to Create a SMART Goal Statement Making Connections

- The Critical Elements of Customer Service
 Six Elements of Customer Service
 The First Critical Element A Focus on
 Customer Service
 The Second Critical Element –
- 6. Procedures
- 7. What Are Out Standards? Drafting Standards Making Connections
- 8. The Third Critical Element Culture What Do You Think?
- 9. Quiz
- 10. The Fourth Critical Element -
- 11. Problem-Solving

- 12. Seven Steps to Customer Problem Solving
- 13. Making Connections
- 14. The Fifth Critical Element Measurement
- 15. Tools to Use Measurement in Practice
- 16. The Sixth Critical Element Reinforcement
- 17. Reinforcement Techniques Developing and Maintaining Relationships
- 18. Recognizing the Power of Your Behavior
- 19. Likeability Works
- 20. Communication Skills
- 21. Defining Communication Body Language
 Basics Voice
- 22. Asking Questions Empathy
- 23. Dangerous Misconceptions Power Talk
- 24. How to Feel Powerful in Your Position
- 25. Telephone Techniques
- 26. Telephone Basics
- 27. Handling Everyday Requests Taking a Message
- 28. Tips and Tricks
- 29. Dealing With Difficult Customers Reducing Conflict
- 30. Caller Behavior
- Dealing With Challenges Assertively An Assertiveness Model Dealing With Challenges
- 32. Dealing with Difficult People Getting to the Heart of the Matter
- 33. What is Missing?
- 34. The Three F's
- 35. Service Difficult People The Recovery Process
- 36. Reflective Practice
- 37. Conducting a Reflection Reflections
- 38. Extra Information
- 39. Dealing With Stress
- 40. About Stress
- 41. Personal Action Plan
- 42. Course Summary
- 43. Recommended Reading List
- 44. Post-Course Assessment

CRITICAL THINKING

In today's society, many people experience information overload. We are bombarded with messages to believe various ideas, purchase things, support causes, and lead our lifestyle in a particular way. How do you know what to believe? How do you separate the truth from the myths?

The answer lies in critical thinking skills. The ability to clearly reason through problems and to present arguments in a logical, compelling way has become a key skill for survival in today's world. This course will give you some practical tools and hands-on experience with critical thinking and problem solving.

LEARNING OUTCOMES

Define critical and non-critical thinking Identify your critical thinking style(s), including areas of strength and improvement Describe other thinking styles, including left/right brain thinking and whole-brain thinking

Work through the critical thinking process to build or analyze arguments Develop

and evaluate explanations Improve key critical thinking skills, including active listening and questioning Use analytical thought systems and creative thinking techniques Prepare and present powerful arguments

- 1. Course Overview
- 2. Understanding Critical Thinking What is Critical Thinking? Characteristics of a Critical Thinker Common Critical Thinking Styles Making Connections
- 3. Where Do Other Types of Thinking Fit In? Left- and Right-Brain Thinking Whole-**Brain Thinking**
- 4. Pitfalls to Reasoned Decision Making
- 5. The Critical Thinking Process The Critical Thinking Model The Standards of Critical **Thinking** Identifying the Issues Identifying the Arguments Clarifying the Issues and Arguments **Establishing Context Checking Credibility** and Consistency **Evaluating Arguments Case Study**

- 6. A Critical Thinker's Skill Set Asking Questions Probing Techniques Pushing My Critical Thinking Questions Active Listening Skills
- 7. Creating Explanations **Defining Explanations** Steps to Building an Explanation Making Connections
- 8. Dealing with Assumptions
- 9. Common Sense
- 10. Critical and Creative Thought Systems **Techniques for Thinking Creatively** Creative Thinking Exercise DeBono's Thinking Hats
- 11. Putting It Into Practice Presenting and Communicating Your Ideas to Others Pre-Assignment Preparation Presentations
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

CRM: AN INTRODUCTION TO CUSTOMER RELATIONSHIP MANAGEMENT

This course will introduce the different facets of CRM and identify who the customers really are. It will also analyze the key components of CRM and explore how it can be integrated within an organization.

As with many significant undertakings, undergoing a CRM review (even simply considering its implementation) requires learners to analyze technical and complicated systems. This course sorts through a myriad of information and brings you the basics you need to make a decision about the need for CRM, its benefits, and how to coordinate the base requirements for a CRM undertaking.

LEARNING OUTCOMES

Demonstrate an understanding of the terms and benefits of CRM on a company's bottom line

Analyze the different components of a CRM plan Develop a checklist for readiness and success in CRM

Describe how CRM creates value for organizations and customers Consider developmental roles that have the greatest impact on CRM

- 1. Course Overview
- 2. Customer Relationship Management Customer Relationship Management in Your Everyday Life What's In It For Me?
- 3. What CRM Is and Who It Serves Different Faces of CRM Who is the Customer?
- 4. Checklist for Success **Evaluation Metrics Privacy Issues**
- 5. Requirement Driven Product Selection Requirement Driven Product Selection **Determining Function**
- 6. Considerations in Tool Selection What's Your Function in the Field? Getting Information In and Out

- 7. Strategies for Customer Retention Getting More from Your Core Customer Scenarios
- 8. Building the Future Roadblocks Selling CRM
- 9. Homegrown vs. Application Service Provider
 - A Broad Look A Closer Look
- 10. The Development Team
- 11. Evaluating and Reviewing Your Program Customer Profiles Customer Life Cycles **Evaluating and Reviewing CRM**
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

CUSTOMER SERVICE TRAINING: MANAGING CUSTOMER SERVICE

The need to lead, model, and promote the organizational values within a customer service environment is essential for business success. This course will provide you with opportunities to explore your responsibilities within your role as a leader (supervisor or manager) in a customer service environment.

LEARNING OUTCOMES

Identify ways to establish links between excellence in customer service and your business practices and policies

Develop the skills and practices that are essential elements of a customer servicefocused manager

Recognize what employees are looking for to be truly engaged Recognize who the customers are and what they are looking for

Develop strategies for creating engaged employees and satisfied customers in whatever business units you manage

- 1. Course Overview
- 2. Six Critical Elements

Element One: A Customer Service Focus Element Two: Defined in Your Organization

Element Three: Given Life by the Employ-

Element Four: Problem Solving Making Connections

Element Five: Measure It Element Six: Reinforce It Measurement in Practice

3. Understanding Leadership About Leadership

Understanding Your Comfort Zone Managing Performance Servant Leadership Onboarding and Orientation

- 4. Five Practices of Leadership Challenging, Inspiring, and Enabling Modeling and Heart Practices in Practice Pre-Assignment Review
- 5. Personal Action Plan
- 6. Recommended Reading List
- 7. Post-Course Assessment

DEALING WITH DIFFICULT PEOPLE

In this course you will learn how to manage situations involving difficult people at work, through lessons that include the benefits of confrontation, how to prevent problems, using emotional intelligence, how to manage anger, causes of difficult behavior, and a three-step conflict resolution model.

Learning Objectives

LEARNING OUTCOMES

Recognize how your own attitudes and actions affect others

Find new and effective techniques for dealing with difficult people Learn some techniques for managing and dealing with anger

Develop coping strategies for dealing with difficult people and difficult situations

- Session One: Course Overview Learning Objectives
 Pre-Assignment
 - Pre-Course Assessment
- Session Two: Conflict as Communication Understanding Conflict
 Do We Have To Fight? What is A Conflict? How About Avoidance? Self-Assessment Initiating the Move
- Session Three: Benefits of Confrontation
 To Talk or Not to Talk
 Determining Your Involvement Reciprocal
 Relationships
 Pre-Assignment Review Improving Relationships
- Session Four: Preventing Problems The Importance of Empathy Dangerous Misconceptions Active Listening
- Session Five: Emotional Intelligence The Six Seconds Model Identify Emotions Understand and Manage Use and Communicate
- 6. Session Six: Getting Focused Getting to the Heart of the Matter What is Missing? The Three F's
 - THE THICE IS
- 7. Session Seven: Managing Anger Coping

- Strategies Expressing Anger Dealing with Other People's Anger Guidelines for Assertive Anger
- Session Eight: Dealing with Problems Dealing with Problems
 Working With the Suggestions Explaining the Suggestions Causes of Difficult Behavior The Difficulty of Others Dealing with Others
- Session Nine: The Three-Step Conflict Resolution Model
 The Three-Step Model Step 1: Research Step 2: Presentation Step 3: Take Action Getting the Hang of Things
- Session Ten: Practice, Practice, Practice
 Planning: Step 1 Research Planning: Step
 2 Presentation Planning: Step 3 Take
 Action
- 11. Session Eleven: Changing Yourself Negative vs. Positive Interactions Negative Interaction Positive Interaction Take the Wheel! Walking Away Your Organization Dealing with Negative Feelings
- 12. Session Twelve: Why People Do Not Always Do What They Are Supposed To The Big Question Answering the Question
- 13. Session Thirteen: De-Stress Options to Use When Things Get Ugly De-Stress Options General Coping Thoughts When Things Get Messy
- 14. Personal Action Plan
 Starting Point Where I Want to Go
 How I Will Get There
- 15. Course Summary
- 16. Recommended Reading List
- 17. Post-Course Assessment

DELEGATION: THE ART OF DELEGATING EFFECTIVELY

Effective delegation is one of the most valuable skills you can master. It reduces your workload and develops employee skills. Delegating prepares employees who work for you to be able to handle your responsibilities and simultaneously allows you to advance to other career opportunities within your organization.

Delegation is often one of the hardest skills for a manager to master. However, the skill can be learned. This course will explore many of the facets of delegation, including when to delegate and whom to delegate to. We will also go through the delegation process step by step and learn about techniques to overcome problems.

LEARNING OUTCOMES

Clearly identify how delegation fits into your job and how it can make you more successful

Identify different ways of delegating tasks

Use an eight-step process for effective delegation Give better instructions for better delegation results

Recognize common delegation pitfalls and how to avoid them Monitor delegation results

Give effective feedback

- 1. Course Overview
- 2. Why Delegate?

Advantages and Disadvantages More on Delegation

Self-Assessment

3. What is Delegation?

Delegation Definitions Levels of Delegation Guidelines for Success Lateral Delegation

- 4. Pre-Assignment Review
- 5. Picking the Right Person
- 6. The Delegation Meeting
- 7. Putting it into Practice
- 8. Giving Instructions

Three Types of Instructions Preparing

Instructions

- 9. Monitoring Delegation
- 10. Practicing Delegation

Decision One

Decision Two

Decision Three

Decision Four

Decision Five

11. Giving Feedback

The Ingredients of Good Feedback **Case Studies**

- 12. Becoming a Good Delegator
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

DESIGN THINKING: AN INTRODUCTION

Design Thinking is a collaborative problem-solving process based on design used in artistic endeavors. Whether you are involved with marketing, product development, customer service, or leadership — you can benefit from Design Thinking. This course focuses on:

- **Empathy to understand a design for your users**
- Ideation to develop solutions for your users' wants and needs
 - Prototyping and testing to refine solutions

LEARNING OUTCOMES

Use Design Thinking to solve problems more creatively Understand problems from the customer's perspective

Apply different brainstorming techniques to identify innovative ideas Use effective design research

Understand the value of creating prototypes to test your ideas Keep your design ideas moving forward

- 1. Course Overview Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Introduction to Design Thinking Benefits of Design Thinking Design Thinking in a **Nutshell Design Thinking Phases** Real-world Design Thinking Examples
- 3. Empathize What is Empathy? Traits of Empathetic People Empathy Mapping Types of Questions Creating an Empathy Map
- 4. Define Developing a Point of View Developing a Persona Defining Your Users **Defining Your Questions** Work-based Design Thinking "HMW"
- 5. Ideation Part 1 Ideas and Potential Solu-

tions Methods for Ideation: Brainstorming Limitations of Brainstorming Methods for Ideation: Brain Writing Using

Your "How Might We" Questions More Methods

Tips

DeBono's Thinking Hats Value of the Six Thinking Hats Using the Six Hats Method Making Connections Selecting the Best **Idea Making Connections**

- 6. Ideation Part 2 Journey Mapping Developing a Journey Map Journey Mapping
- 7. Prototyping and Testing Prototyping and **Testing Prototyping Prototype Brainstorming Testing** User Testing Methods Testing Prototypes
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

DEVELOPING A HIGH RELIABILITY ORGANIZATION

Today's world is full of the unexpected. System failures, terrorism events, disease outbreaks, and superstorms disrupt businesses every day, sometimes to an unrecoverable point. Despite these challenges, some services (such as power plants, hospitals, and airports) have no choice but to continue operating.

This course will explore how these organizations maintain high reliability even in times of serious crisis and stability. We will share their secrets in a way that can be applied to all organizations in order to create high reliability and continued success.

LEARNING OUTCOMES

Define the characteristics of a high reliability organization

Define key concepts required for high reliability, including mindfulness and expectations

Describe the five principles governing high reliability organizations: preoccupation with failure, resistance to simplification, sensitivity to operations, commitment to resilience, and deference to expertise

Audit activities at all stages to assess the business' reliability

- 1. Course Overview
- 2. What is a High Reliability Organization?
- 3. Key Concepts Expectations, Normalization, and Mindfulness **Making Connections**
- 4. The Anticipation Principles Preoccupation with Failure Resistance to Simplification Sensitivity to Operations
 - Pre-Assignment Review, Part One
- 5. The Containment Principles Commitment to Resilience Deference to Expertise Pre-Assignment Review, Part Two
- 6. Auditing for High Reliability Auditing Techniques

- Making Connections Sample Audit Questions
- 7. Test Driving Case Study **Making Connections**
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

DEVELOPING A LUNCH AND LEARN PROGRAM

If you look at any successful organization they have the support of employee development as a core part of their culture. For these organizations it goes beyond professional or even personal development to offering learning opportunities that create increased energy, creativity and fun. Lunch and Learns are a venue to foster sharing and peer learning and are typically aimed at fostering cross-organization collaboration and communication. They are a tool for sharing of information, approaches and talent.

Further, they offer opportunities for networking in a safe, friendly and relaxed atmosphere.

This course will give you tools to be able to create a Lunch and Learn Program that creates opportunities for learning that might not otherwise happen. You will also prepare a short Lunch and Learn session and receive feedback from other course participants.

LEARNING OUTCOMES

Explain the benefits of implementing a Lunch and Learn Program

Outline the aims and expectations of a Lunch and Learn Program for your organization

Utilize a number of success factors to create a Lunch and Learn Program for your organization

Develop a promotion plan for your orga-

nization's Lunch and Learn Program Develop a list of potential Lunch and Learn session topics

Maintain an ongoing Lunch and Learn Program for your organization Develop and deliver a Lunch and Learn session

- 1. Course Overview
- 2. So, What is a Lunch and Learn? Introduc-

Why Have a Lunch and Learn Program?

3. The Underpinnings of Lunch and Learn **Programs**

How to Start a Lunch and Learn Program Creating a Successful Lunch and Learn Promotion

Topics for a Lunch and Learn and Learn Session

- 4. Ongoing Administration of a Lunch and Learn Program
- 5. Developing a Lunch and Learn Presentation

Critical Elements for Success Presentation Skills

Building Your Presentation

- 6. Presentations **Evaluation Form**
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

DEVELOPING A SAFETY PROCEDURES MANUAL

Safety procedures are the backbone of an organization's Safety Management System. They provide consistency and when followed create a safe working environment and greater productivity due to less injury down time. However, safety procedure writing is more difficult and time consuming than it at first appears. This course will give you the foundation to start writing effective safety procedures.

LEARNING OUTCOMES

Develop a Safety Procedure Template

Develop a flowchart to accurately depict process activities

Use brainstorming to gather necessary information for safety procedure creation Understand a variety of procedure types (Step-by-Step, Playscript, Decision Tree, Decision Tables)

Write and revise Step-by-Step safety procedures Add communication elements to safety procedure

- 1. Course Overview
- 2. Setting the Stage Policies and Procedures
- 3. Safety Procedures Basics Developing Safety Procedures Developing a Safety Procedure Template
- 4. Flowcharting Organizing the Steps in the Procedure Constructing a Flowchart
- 5. Gathering Information
- 6. Brainstorming
- 7. Procedure Writing
- 8. Guidelines for Writing Procedures

- 9. Honing the Draft Procedure Communication Aids
- 10. Some Other Methods
- 11. Step-by-Step Procedures Playscript
- 12. Decision Trees
- 13. Procedures Building
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

DEVELOPING A TRAINING NEEDS ANALYSIS

The right training at the right time can make a huge difference in the productivity and profitability of your organization. Whether you are scanning your workplace for opportunities to make things better and training is the answer, or a client asks you to come into their organization and do an assessment, your answer is best framed in the form of a training needs analysis. Your ability to create an analysis that is comprehensive yet simply prepared is critical for it to be understood and acted upon. This course will help you to gather the information, assess the data, and present your suggestions for training or non-training solutions.

LEARNING OUTCOMES

Understand the value of creating a training needs analysis Apply the ICE method to assess the situation and build your training needs analysis Create a simple yet thorough training needs analysis for your organization or client

- 1. Course Overview
- 2. A Closer Look at the Training Needs Analysis

What Is It?

Developing the Business Case Process Overview - The ICE Method

3. Collecting Data

Step One: Identify the Future State Step Two: Identify the Current State Steps Three, Four, and Five Making Connections

Pre-Assignment Review

4. Diving Deeper Into the Data So Many Questions The McKinsey 7S Model SWOT Analysis Five Whys

Making Connections

- 5. Creating the Report
- 6. Taking Action Making Connections Designing Evaluations
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

DEVELOPING YOUR EXECUTIVE PRESENCE

Some people immediately command attention and respect when they walk into a room. Do you have that kind of presence? If not, is it something that you would like to develop? This course will help you do just that by building your credibility, improving your personal appearance, honing your networking skills, and enhancing your ability to communicate effectively. You will also receive an introduction to core leadership skills.

LEARNING OUTCOMES

Identify the elements of a strong executive presence Build trust and credibility with others

Communicate effectively using verbal and non-verbal techniques

Create a strong, positive first impression and maintain that impression as you build a relationship with others

Develop key leadership skills, including techniques for coaching, motivating, and delivering feedback

- 1. Course Overview
- 2. Managing Your First Impression Being Confident

Dressing for Success

The Professional Handshake Remembering Names Building Trust and Credibility

3. Interpersonal Communication Skills Active Listening Skills

Asking Open and Closed Questions Probing Techniques

Managing Your Body Language

4. Speaking with Impact

What's Your Sound? Redesigning Yourself

for Strength

Five Points for Any Presentation

- 5. Maintaining Your Impression A Word About Business Etiquette Making Connections
 - **Networking Tips and Tricks**
- 6. Three Leadership Skills to Start Mastering **Right Now**
 - Delivering Effective Feedback Motivational **Techniques Coaching Others to Success**
- 7. Pre-Assignment Review
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

DEVELOPING YOUR TRAINING PROGRAM

Training is an essential element of development in any organization. Being knowledgeable and continuing to learn throughout your career can make you a very valuable asset. We also know that training and orientation (or 'onboarding') for newly hired employees is a key factor in retention.

In order for training to be valuable, the person that designs and plans the training must have an excellent understanding of what the training objectives are. In addition, if the trainer is able to research the strategic objectives of the company providing the training to their staff, what resources are available, and what elements of those plans can enhance the training experience, the entire experience is much more meaningful. At the same time, if a trainer is aware of any barriers that training could present (such as trainees being on call during a session, having to spread training over a long period of time, or trainees who are not accustomed to theory or classroom types of presentations), then the trainer can present a much stronger program that is tailored specifically to the participants' needs.

This course is designed for a trainer who wants to develop training programs that are meaningful, practical, and will benefit both trainees and the organizations they work for.

LEARNING OUTCOMES

Describe the essential elements of a training program Apply different methodologies to program design

Demonstrate skills in preparation, research, and delivery of strong content Explain an instructional model

Be prepared to create a training program proposal

- 1. Course Overview
- 2. Program Design

Training Program Considerations When is Training Necessary?

Alternatives to Training Essential Elements
Communicating Training

3. Identifying Needs

The ICE Method

Building Your Training Needs Analysis

4. The Training Model

Basic Principles

Building an Engaging Program Instructional Systems Design Model

- 5. The Program's Basic Outline Learning Objectives Objectives Exercise
- Evaluation Strategies
 Methods of Evaluation Evaluating the Evaluation Evaluations Exercise
- 7. Defining Your Approach Methodology

- Five Tips for Top Notch Results Approaches to Learning: A Lesson in Itself
- Researching and Developing Content Researching Content
 Content Considerations
- 9. Pre-Assignments in Training
- 10. Choosing Openings and Energizers
- 11. Training Instruments, Assessments, and Tools
- 12. Creating Supporting Materials
- 13. Testing the Program
- 14. Creating Proposals Organizing Your Proposal Proposal for a Training Program
- 15. Building Rapport
- 16. Pulling it all Together
- 17. Personal Action Plan
- 18. Recommended Reading List
- 19. Post-Course Assessment

DIGITAL TRANSFORMATION

Digital transformation looks different for every business, but at its core, it means altering how a company operates with the addition of technology and with the goal of improving the customer experience and the workplace. This one-day course will teach you about digital transformation, and what companies in different industries are doing, as well as best practices so you can do it yourself.

LEARNING OUTCOMES

Define digital transformation Understand why it matters Pinpoint which businesses are succeeding and how they are doing it Get started on your own company's digital strategy

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Digital Transformation What Is It? Why Does It Matter? Defining Digital Transformation, Part One Defining Digital Transformation, Part Two Defining Digital Transformation, Part Three Why?
- 3. Where Do We Start? Start Thinking About Changes Questions to Ask, Part One Questions to Ask, Part Two Customer Interaction
- 4. Who Is Doing It Well? Mistakes That Can be Made Case Study Review

Case Study 1: Netflix Case Study 2: Domino's

Case Study 3: The Washington Post

- Case Study 4: Air New Zealand Case Study 5: Town of Cary, North Carolina
- 5. Awareness Is The First Step Use Technology to Build on Success, Part One Use Technology to Build on Success, Part Two Use Technology to Build on Success, Part Three
- 6. Let's Do This Things to Keep in Mind
- 7. Make A Plan Digital Transformation Plan
- 8. A Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 9. Course Summary
- 10. Recommended Reading List
- 11. Post-Course Assessment

DISABILITY AWARENESS: WORKING WITH PEOPLE WITH DISABILITIES

This course aims to raise awareness about hiring people with disabilities in order to create a more inclusive work environment while leveraging the skills and knowledge that people with disabilities possess.

LEARNING OUTCOMES

Prepare to welcome people with disabilities into your workplace Interact with people with disabilities

Identify and overcome barriers in the workplace

Use respectful, appropriate, acceptable language in any circumstance Understand what your company can do during hiring and interviewing Understand what job accommodation is and how it applies in your workplace

- Session One: Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- Session Two: Defining Terms
 What are Disabilities? About
 Stereotypes
 Some Common Phrases and the
 Stereotypes Behind Them Making Connections
- Session Three: Misconceptions and Realities Misconceptions and Realities
- Session Four: A Business Case Getting Into It Case Study Summary
 - Session Five: Dissecting Labels
 Giving Your Words Some
 Thought Ground Rules
 Being Practical Mingle with Me
 Using Sensitive Language
- 6. Session Six: Barriers and Accessibility Barriers
 Common Barriers
 Introduction to Physical Accessibility How to Remove Barriers
 Case Studies
- 7. Session Seven: The Corner-

- stones of Diversity
 About the Cornerstones Knowledge Understanding Acceptance
 Behavior
- Session Eight: Pre-Assignment Review Pre-Assignment Review
- Session Nine: Encouraging Diversity by Hiring
 What Can We Ask?
 What Can the Candidate Expect?
 What Do You Do?
 Do You Wait to Disclose?
- 10. Session Ten: Appropriate Behavior
 - The Four Steps of the STOP
 Technique Tips for Using STOP
 Making Connections
- 11. Session Eleven: Communication Essentials for Disability Awareness Ground Rules to Get Started Respecting Confidentiality Sample
 - specting Confidentiality Sample Consent Form Asking the Right Questions
 - Sample Work Plan Information Request Sending the Right Message
- 12. Session Twelve: Communication

- Styles Understanding Dichotomies Making Connections Advantages and Disadvantages Dichotomies in Action
- 13. Session Thirteen: Critical Conversations Introductory Elements
 Getting the Conversation Started
 A Basic Script
 A Script for Mental Health Issues
 A Script for Physical Disability
 Issues Introduction
 Treatment Questions Functional
 Abilities Education/Employment
 History Conclusion
- 14. Session Fourteen: Accommodation and AdaptationHow Far Do You Go In Accommodation?Knowing What is Required Value of Job Shadows
- 15. Personal Action PlanStarting Point Where I Want toGoHow I Will Get There
- 16. Course Summary
- 17. Recommended Reading List
- 18. Post-Course Assessment

DIVERSITY TRAINING: CELEBRATING DIVER-SITY IN THE WORKPLACE

More than ever, a workplace is a diverse collection of individuals proud of who they are: their gender, their sexual orientation, their religion, their ethnic background, and all the other components that make an individual unique. One of the challenges for workplace leaders is how to help these diverse individuals work as a team.

We all know what happens to organizations that don't have effective teamwork: they fail. And, failing to embrace diversity can also have serious legal costs for corporations. This course will give you ways to celebrate diversity in the workplace while bringing individuals together.

LEARNING OUTCOMES

Describe what diversity and its related terms mean

Explain how changes in the world have affected you and your view Identify your stereotypes

Use terms that are politically correct and avoid those which are not Apply the four cornerstones of diversity

Avoid the pitfalls related to diversity

Use a technique for dealing with inappropriate behavior Develop a management style to encourage diversity

Take action if you or one of your employees feels discriminated against

- 1. Course Overview
- 2. Defining Diversity Defining the Terms Defining Related **Terms**
- 3. How Does Diversity Affect Me? Changes in My World Self-Awareness Inventory Making Connections
- 4. Identifying Stereotypes About Stereotypes Your Experience with Stereotypes
- 5. Wise Words
- 6. The Cornerstones of Diversity About the Cornerstones Knowledge

- **Understanding Acceptance Behavior**
- 7. How to Discourage Diversity
- 8. The STOP Technique The Four Steps Making Connections
- 9. Managing for Diversity
- 10. Dealing with Discrimination
- 11. Personal Action Plan
- 12. Recommended Reading List
- 13. Post-Course Assessment

DYNAMITE SALES PRESENTATIONS

A great sales presentation does not demand that you have all the bells and whistles to impress the client with your technical skills. Rather, try impressing your clients with your knowledge of the products and services you sell and your understanding of their problems and the solutions they need. This course will show you how to create a winning proposal and how to turn it into a dynamite sales presentation.

1. Course Overview

- 2. Getting Down to Business Business Writing Basics Types of Proposals
- 3. Writing Your Proposal Getting Organized Drafting a Proposal
- 4. Getting Thoughts on Paper Planning Your **Proposal Exercise**
- 5. Basic Proposal Formats
- 6. Expert Editing Tips
- 7. The Handshake
- 8. Getting Ready for Your Presentation **Preparation Tips** Persuasive Language
- 9. Elements of a Successful Presentation You Count Too! Positives and Negatives
- 10. Dressing Appropriately
- 11. Presentations **Preparation Evaluations**
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

LEARNING OUTCOMES

Identify the key elements of a quality proposal

Perfect your first impression, including your dress and your handshake Feel more comfortable and professional in face-toface presentations Write a winning proposal

Feel more comfortable and professional in face-to-face presentations

E-COMMERCE MANAGEMENT

As the global Internet population continues to grow, electronic commerce is growing as well. By the end of 2015, e-commerce is expected to generate over \$400 billion annually. This huge market encompasses traditional e-commerce, as well as m-commerce (which is growing faster than any other sector) and location-based e-commerce.

This course will teach entrepreneurs how to develop, market, and manage an ecommerce business, giving them a crucial advantage in today's competitive market.

LEARNING OUTCOMES

Describe what the terms e-commerce and m-commerce mean Develop an e-commerce business plan

Evaluate e-commerce software options

Build an online store with product pages, supporting features, a shopping cart, and an effective checkout process

Test, launch, and update your e-commerce site Design engaging, responsive web content

Understand e-commerce payment options and choose appropriate options for your site

Use appropriate tools to track key e-commerce metrics

Identify and optimize supporting e-commerce activities, such as customer service, sales, and inventory management

Create a marketing plan with all the essential elements

Market your online store using social media and other appropriate channels Use discounts and promotions to market your e-commerce business Understand what security and privacy issues face e-commerce businesses and handle customers' information accordingly

Protect your intellectual property

Identify the rules and regulations that will govern your e-commerce businesses

E-COMMERCE MANAGEMENT CONT'

COURSE OUTLINE

- 1. Course Overview
- 2. Getting to Know E-Commerce What is E-Commerce? The Six Models The Language of E-Commerce
- 3. E-Commerce Building Blocks What's Your Goal? The E-Commerce Business Plan Making Connections
- 4. Software Options and Solutions Looking at the Options Test Driving
- 5. Building Your Online Store Your Internet Address Navigating Through Your Site Building Effective Product Pages Shopping Cart Features Optimizing the Checkout Process Additional Site Elements Pre-Assignment Review
- 6. The Finishing Touches Testing, Launching, and Updating **Making Connections**
- 7. Creating an Engaging User Experience Designing Engaging Web Content **Building Relationships Making Connections**
- 8. Transaction Management
- 9. M-Commerce

- 10. E-Commerce Analytics Key Metrics Tools to Track Data Making Connections
- 11. Supporting Your E-Commerce Business
- 12. Marketing Your E-Commerce Business Creating a Marketing Plan Essential E-Commerce Marketing Channels Marketing with Social Media Making Connections Creating Promotions that Make You Money
- 13. Security and Fraud Awareness Protecting Your Customers and Your Business Intellectual Property on the Internet
- 14. Rules and Regulations Trade Rules and Regulations Privacy Regulations Making Connections
- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

EFFECTIVE PLANNING AND SCHEDULING

As project managers and leads, we all know how difficult it can be to accurately determine the duration of a project, yet that is exactly what is expected of us on a regular basis. This course will not disclose the secret of creating an accurate schedule, because there isn't one. However, it will provide the factors and fundamental elements that you should consider and address when creating any type of schedule.

LEARNING OUTCOMES

Define and create a Work Breakdown Structure Identify and understand task relationships

Estimate task durations and determine project duration Construct a network diagram

Calculate the critical path of a project

Use the Program Evaluation and Review Technique (PERT) to create estimates Plan for risks

Create a communication plan Effectively allocate project resources Update and monitor the project schedule

- 1. Course Overview
- 2. Projects and Schedules
- 3. The Work Breakdown Structure (WBS) What is a Work Breakdown Structure? The Role of a Work Breakdown Structure Creating a Work Breakdown Structure Work Breakdown Structure Formats Work Breakdown Structure Numbering Work Breakdown Structure Dictionary Work Breakdown Structure Exercise
- 4. Estimating Activity Durations
- 5. Camping Case Study
- 6. Identifying Task Dependencies **About Task Dependencies** Task Dependency Types Case Study: Trip to New York

Task Relationships Exercise

7. Aligning Resources with Activities Definitions

Stages of Resource Scheduling Case Study: Planning an Outdoor Concert

- 8. Project Planning
 - Network Diagrams Critical Path Method Critical Path Exercise Program Evaluation and Review Tech-

nique (PERT)

- About Gantt Charts Gantt Chart Exercise
- 9. Scheduling Software
- 10. Uncertainty and Risk Management About Risk Management Risk Management Planning Pre-Assignment Review
- 11. Communication Strategies About Communication Team Members Communication **Exercise**
- 12. Creating a Viable Schedule Creating a Schedule
 - Common Scheduling Problems
- 13. Updating and Monitoring the Schedule Schedule Updates Case Study
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

EMOTIONAL INTELLIGENCE

Emotional intelligence, also called EQ, is the ability to be aware of and to manage emotions and relationships. It's a pivotal factor in personal and professional success. IQ will get you in the door, but it is your EQ, your ability to connect with others and manage the emotions of yourself and others, that will determine how successful you are in life.

We have all worked with and listened to brilliant people. Some of them were great and... well, some were not so great. The mean and the meek and all those in between can teach us more than they realize. When we look at the truly extraordinary people who inspire and make a difference you will see that they do this by connecting with people at a personal and emotional level. What differentiated them was not their IQ but their EQ - their emotional intelligence. This course will help you develop your emotional intelligence.

LEARNING OUTCOMES

Understand what emotional intelligence means

Recognize how our emotional health and physical health are related

Learn techniques to understand, use, and appreciate the role of emotional intelligence in the workplace

Understand the different emotions and how to manage them Create a personal vision statement

Understand the difference between optimism and pessimism Validate emotions in others

- 1. Course Overview
- 2. History of Emotional Intelligence
- 3. Emotional Intelligence Defined Definitions and Thoughts Making Connections
- 4. El Blueprint
- 5. Optimism

What is Optimism? ABC's of Optimism Pessimism vs. Optimism Adversities

- 6. Validating Emotions in Others
- 7. Understanding Emotions The Seven Human Emotions Positives and Negatives The Emotional Map
- 8. Setting Your Personal Vision Defining Your Principles Understanding Your Values Considering Your Strengths and Talents What's Standing in Your Way? Think in Terms of Relationships Creating Your Vision Statement
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

EMPLOYEE ACCOUNTABILITY

An article in the March 11, 2010 edition of TIME magazine purported to explain "why we have entered the post-trust era." Indeed, we seem to be in a time where people act inappropriately and then refuse to take responsibility for their actions. Who can we blame for the world economic crisis, issues with religion, the outcomes of our governments, or the state of the environment? More to the point, why do we spend so much time and energy looking to pin the blame on someone (usually anyone but ourselves)?

With this in mind, it's no wonder that organizations who promote accountability are more successful and more productive. In this course, you will learn about what accountability is, how to promote it in your organization, and how to become more accountable to yourself and others.

LEARNING OUTCOMES

Understand what accountability is and what events in history have shaped our view of it

Identify the requirements for personal and corporate accountability Apply the cycle of accountability and the fundamental elements required to build

an accountable organization Describe what individuals must do to become accountable

Build skills required for accountability, including goal setting, giving and receiving feedback, and delegation

Pinpoint ways to build ownership in your organization Isolate areas for further self-improvement

- 1. Course Overview
- 2. Defining Accountability What is Accountability? The Era of Distrust Lessons Learned
- 3. Creating an Accountable Organization
- 4. The Accountability Cycle The Building **Blocks Case Study**
- 5. Accountability Starts with Me! Pre-Assignment Review
- 6. Setting Goals and Expectations Tips and Tricks
- 7. Making Connections
- 8. Top Ten Ways to Create and
- 9. Share Ownership
- 10. Doing Delegation Right Understanding

Delegation Monitoring Delegation

- 11. Offering Feedback
- 12. The Ingredients of Good Feedback
- 13. Making Connections
- 14. A Toolbox for Managers
- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

EMPLOYEE DISPUTE RESOLUTION: MEDIATION THROUGH PEER REVIEW

Have you ever been in a workplace situation where a supervisor has made a decision that you didn't agree with? Did you wish that you could ask someone else what they thought of the decision; whether they would have done the same thing? The peer review process offers employees just that chance, using a formalized procedure to ask, consider, and resolve just these sorts of questions. This course will teach you everything you need to know about employee dispute resolution through mediation.

LEARNING OUTCOMES

Describe what the peer review process is

Apply a process for employees to file grievances and for management to respond Choose a facilitator and panel

Understand what is involved in the hearing process, from preliminary meetings to the hearing, and the decision process

Explain what responsibilities and powers a panel should have Apply professional questioning and probing techniques

Understand why peer review panels fail and how to avoid those pitfalls

- 1. Course Overview
- 2. What is Peer Review?
- 3. Initiating the Process
- 4. The First Three Stages Making Connections
- 5. The Peer Review Panel Choosing a Facilitator Choosing the Panel Making Connections The Panel's Contract The Panel's Role and Responsibilities
- 6. Asking Questions
- 7. Asking Good Questions Pushing My But-
- 8. The Peer Review Process Preparing for the Hearing The Hearing
- 9. Making the Decision

- 10. Panel Walk Through
- 11. Preparation
- 12. Panel Presentation
- 13. Why Does the Process Fail?
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

EMPLOYEE RECOGNITION: APPRECIATING YOUR WORKFORCE

Everyone likes to be recognized for a job well done. Some people like more recognition than others, but it's all important on some level. It can be doubly important in the workplace, as it keeps employees happy and therefore results in a strong business that serves customers well and keeps the bottom line strong. Employee recognition can be a simple, but effective, tool.

This course looks at the value of recognizing employees and how to carry it out in the workplace, both formally and informally.

LEARNING OUTCOMES

Define who employees are State why employees should be recognized Develop a program for employee recognition

Implement and measure an employee recognition program

1. Course Overview 2. Employees

- 3. Who are Your Employees Strategies for Virtual and Remote Team Success
- 4. Why Do It?
- 5. Why recognize Your Employees?
- 6. Appreciation
- 7. Where Does Recognition Overlap Just Doing Your Job? To Motivate or Instigate
- 8. What Can a Supervisor Do to Motivate
- 9. Laying the Groundwork Setting the Stage
- 10. The Nuts and Bolts
- 11. The Framework How to Implement a Recognition Program Follow up
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

COURSE OUTLINE

ENCOURAGING SUSTAINABILITY AND SOCIAL RESPONSIBILITY IN BUSINESS

The ideas behind encouraging sustainability and social responsibility in business seem noble, as organizations commit to creating optimal circumstances for people to live and work. The reality is that every company, whether it is a micro-business or a large multinational corporation, can take steps to create sustainable, socially responsible environments that contribute to positive workplaces, communities, and futures.

LEARNING OUTCOMES

Define sustainability and social responsibility Discuss the principles of social responsibility in business

Apply the principles of sustainability and social responsibility in the context of ISO 26000

Develop a program for sustainability and social responsibility in business

- 1. Course Overview
- 2. What is Corporate Social Responsibility? A Business Case for Corporate Social Responsibility
 - Frame Your Business Case Pre-Assignment Review
 - About the ISO 26000 Standards
- 3. Creating a Corporate Social Responsibility Program
 - Setting Up the Project Vision Creating the Project Plan Engaging Stakeholders and **Employees**
 - Implementation Tips Measuring, Reporting, and Revising
- 4. Corporate Social Responsibility Principles

- Due Diligence Protecting Human Rights Organizational Governance and Ethics **Operating Practices** Human Rights and Labor Practices
- 5. Environmental Awareness and Sustainability Creating Community Making Connections Consumer Issues Community Involvement Review the List
- 6. Personal Action Plan
- 7. Recommended Reading List
- 8. Post-Course Assessment

ENGLISH AS A SECOND LANGUAGE: A WORKPLACE COMMUNICATIONS PRIMER

"A different language is a different vision of life," said the Italian filmmaker Federico Fellini. Employees who use English as a second language demonstrate great commitment and skill in learning a language other than their native tongue. There are subtle differences between languages because of social influences and workplace demands that can create or strengthen the language barrier for employees who have learned a language other than English in their formative years. That barrier is an obstacle for both employer and employee, severing what could be productive relationships with co- workers and clients.

This course will identify any gaps in communication as the result of cultural language differences, and provide exercises to help connect those gaps. This course is written for employees with intermediate competency in English as their second language. Exercises will explore the four main categories of communication: Speaking, Listening, Reading and Writing.

LEARNING OUTCOMES

Acknowledge existing skills in the areas of Speaking, Listening, Reading and Writing. Recognize gaps in skills compared to workplace communication needs.

Understand cultural and workplace influences on communication and how to function within them.

Learn and practise effective skills for oral and written communication, including technical forms such as email and videoconferencing.

Develop an individual Action Plan for continued skill reinforcement and growth.

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Self Awareness Skills of Self and Others Skills, Influences and Environment
- 3. Words and Positive Workplace culture Language in the Workplace The Tone of the Message
- 4. Productive Conversations Productive Conversations Defining Emotional Intelligence **Productive Word Choices**
- 5. Telephone/Videoconferencing Review Telephone/Videoconferencing Telephone Videoconferencing

- 6. Wordsmith's Toolbox Bones of Good Writing Parts of Speech From Words to Sentences Punctuation **Grammar Guidelines**
- 7. Putting Words to Work
- 8. Good Communications Ingredients of an Effective Email Ingredients of a Good Proposal Selling Your Brand and Ideas
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

ENTREPRENEURSHIP 101

Wouldn't it be nice to be your own boss, work on your own schedule, and make money doing something that you're passionate about? Millions of people around the world are living that dream and running their own business.

This course will teach you the basics of entrepreneurship. You'll consider if entrepreneurship is right for you and learn the basic steps of creating your own business. At the end of the course, you'll have a solid foundation to start your entrepreneurial journey.

LEARNING OUTCOMES

Identify the traits of an entrepreneur and assess your own entrepreneurial capabilities Outline and evaluate a business idea Develop a product idea

Identify your target market and customers Develop your value proposition

Understand different types of business ownership and structures Evaluate franchising and business purchasing opportunities

Create a pitch deck, executive summary, company presentation, technical white paper, and business plan

Create financial projections for your business Identify where to find business funding Create a product development plan, marketing plan, and sales strategy Identify ways to protect your intellectual property

Describe effective ways to brand your product Choose the right location for your business Launch and grow your business

Demonstrate the behaviors of an entrepreneurial leader Find appropriate resources to help you on your journey

- 1. Course Overview
- 2. What It Takes to Make It Pre-Assignment Review Traits of an Entrepreneur
- 3. Resources to Consider
- 4. Laying the Groundwork Finding Business Ideas Considering the Options (I) Outlining Your Ideas
 - Considering the Options (II) Assessing Your Ideas Considering the Options (III) **Evaluating Your Capacity for Risk**
- 5. Building On Your Business Idea Developing Your Product Idea Making Connections Identifying Your Target Market Developing Value Proposition Creating Financial **Projections**
- 6. Business Ownership Options Types of Business Ownership Purchasing a Franchise

- Purchasing an Existing Business
- 7. Key Documents to Prepare Business Plan **Executive Summary Pitch Deck** 30-Second Pitch Practicing the Pitch White **Papers**
- 8. Gathering Funding Basics of Financial Statements Brainstorming Solutions Funding Options
- 9. Developing Your Product Steps of Product Development Protecting Your Intellectual Property
- 10. Creating a Sales and Marketing Strategy Introduction to Marketing Stage One: Consumer and Market Analysis Stage Two: Analyzing the Competition and Yourself Stage Three: Analyzing Distribution Channels Stage Four: Creating a

ENTREPRENEURSHIP 101

COURSE OUTLINE CONT'D

Marketing Plan

Making Connections

Stages Five and Six: Implement, Evaluate, Review, and Revise Leveraging Social Media Building Your Sales Force

11. Branding 101

What Branding Is All About Developing Your Brand Name Developing a Slogan

Types of Logos Getting Creative

12. Setting Up Your Office

Choosing a Location

The Pros and Cons of Home-Based Businesses

- 13. Launching the Business Getting Off the Ground Setting Up Your Organizational Chart Recruiting and Engaging the Right People
- 14. Keeping the Business Moving Keeping Track of Your Business **Growing Your Business**
 - Don't Give Up!
- 15. Being an Entrepreneurial Leader Michael Gerber's Three Perspectives
 - Case Study
- 16. Personal Action Plan
- 17. Recommended Reading List
- 18. Post-Course Assessment

ENVIRONMENTAL SUSTAINABILITY: A PRACTICAL APPROACH TO GREENING YOUR ORGANIZATION

Environmental Management Systems (EMS) involve a set of processes and practices that enable an organization to reduce its environmental impacts and increase its operating efficiency. A well-designed EMS can help an organization address its regulatory demands in a systematic manner thereby reducing the risk of noncompliance. An EMS can also help address non-regulated issues such as pollution prevention, odor management, water usage and energy conservation.

In this course, participants will learn about EMS and how it can benefit their organization. Through the use of a Case Study and information they bring about their own company participants will leave with a draft EMS for their organization. It will include organizational Environmental Aspect and Impacts, and Objectives and Targets for their organization's significant environmental impacts.

COURSE OUTLINE

- 1. Course Overview
- 2. Environmental Management Environmental Management System (EMS)
- 3. Developing an EMS How to Develop an EMS Steps in Developing an EMS
- 4. Environmental Aspects and Impacts Determining Environmental Aspects and **Impacts**
- 5. Environmental Significance Determining Environmental Significance
- 6. Objectives and Targets Setting Objectives and Targets
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

LEARNING OUTCOMES

Define what an Environmental Management System (EMS) is and the benefits of establishing one in your organization Understand 'greenwashing' and ways that your organization can avoid 'greenwashing'

Know the six KPI areas as defined by the Eco-Management and Audit Scheme (EMAS)

Know the steps necessary to develop an **EMS**

Be able to determine the Environmental Impacts and Aspects within an organization

Understand and apply an Environmental Significance standard to organizational **Environmental Impacts**

Set Objectives and Targets for significant organizational environmental impacts.

FACILITATION SKILLS

It is impossible to be part of an organization today and not attend meetings. Staff meetings, project meetings, and planning and coordinating meetings all take time.

There has been a growing realization that we have to pay attention to the process elements of meetings if we want them to be effective. With its focus on asking rather than telling, and listening to build consensus, facilitation is the new leadership ideal, the core competency everybody needs. Managers and supervisors are often asked to facilitate rather than instructor manage their meetings and training sessions.

How can you facilitate, rather than control, group decision-making and team interaction? With no formal training, people may find it difficult to make the transition from instructors or managers to facilitators.

This course has been created to make core facilitation skills better understood and readily available for your organization. It represents materials and ideas that have been tested and refined over twenty years of active facilitation in all types of settings.

- 1. Course Overview
- Defining Your Role
 Facilitation, Training, and Chairing Making Connections
- 3. How Facilitators Work Key Skills Facilitation Skill Levels Facilitation at a Glance
- 4. Establishing Ground Rules
- 5. Content and Process
- 6. Types of Thinking
 Divergent Thinking and Convergent Thinking Grey Matters
- 7. Handling Controversial Issues
- Communication Skills
 Getting Started Active Listening Asking
 Questions Non-Verbal Messages
- 9. Listening For Common Ground
- Common Facilitation Techniques Top Techniques Making Connections
- Providing Effective Feedback Giving Feedback

The Feedback Process One Step Further

- 12. Managing Divergent Perspectives
- 13. The Language of Facilitation Applying the Language Case Study
- 14. Building Agendas

LEARNING OUTCOMES

Distinguish facilitation from instruction and training

Identify the competencies linked to effective small group facilitation Understand the difference between content and process

Identify the stages of team development and ways to help teams through each stage

Use common process tools to make meetings easier and more productive

- 15. Dealing with Difficult DynamicsMix and Match12 Easy Ways to Intervene
- 16. Building Sustainable Agreements
- 17. Stages of Team Development The Five StagesMaking Connections
- 18. Analysis Tools
- 19. Personal Action Plan
- 20. Recommended Reading List
- 21. Post-Course Assessment

FOSTERING INNOVATION

Innovation is what drives companies; by coming up with new and fresh ideas, companies are able to remain relevant and drive success. Learn how companies who are considered to be innovative conduct business, and how to foster innovation in your own organization.

LEARNING OUTCOMES

Understand what fostering innovation means Learn what an innovative workplace looks like

Determine how you can help create an innovative workplace environment Understand your role in helping to foster innovation

Know what happens in the workplace when you help foster innovation Describe ways that innovation can help your company

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Creating an Innovative Environment What Does Fostering Innovation Mean? Part One

What Does Fostering Innovation Mean? Part Two

What Does Fostering Innovation Mean? Part Three

Creating an Innovative Environment, Part One Creating an Innovative Environment, Part Two Implementing Innovation in the Workplace

- 3. Who Is Doing It Well? Case Study: Google, Part One Case Study: Google, Part Two The Best Business Activity, Part One
 - The Best Business Activity, Part Two
- 4. A Leader's Role in Innovation What Does an Innovative Leader Look Like?

Here Are Five Key Traits That Innovative Leaders Possess How to Be a Great Leader Activity

Pre-Assignment Review

Are You an Innovative Leader? Creating Employee Engagagement

- How to Get Employees Involved, Part One How to Get Employees Involved, Part Two
- 5. Systems and Processes for Innovation Systems and Processes, Part One Systems and Processes, Part Two Types of Processes that Lead to Innova-Hiring the Best, Part One Hiring the Best, Part Two Creative Interviewing Activity
- 6. Is it Okay to Fail? Failure in Innovation Shaping a New Mindset, Part One Shaping a New Mindset, Part Two
- 7. Innovation and Teams Is Innovation a Team Sport? Diverse **Teams**
- 8. What Happens When You Foster Innovation Why Is It Important to Foster Innovation in the Workplace? Bringing it All Together
- 9. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 10. Course Summary
- 11. Recommended Reading List
- 12. Post-Course Assessment

FROM BOSS TO LEADER

Being in charge of a department or a company does not automatically make someone a leader. Becoming a good leader involves nurturing and inspiring your team while using emotional intelligence, communicating clearly and giving them confidence to do their jobs well. This course will touch on all of this and more.

LEARNING OUTCOMES

Know the differences between good and bad bosses

Understand how those who hold management positions can develop into good leaders Recognize characteristics of good leaders Know the elements of leading by example Comprehend how to use common sense in workplace dealings Know why it is important to use clear communication techniques Understand the importance of providing effective feedback

Understand how to apply emotional intelligence to your dealings with others

- Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Good Boss versus Bad Boss Bad Bosses, Part One Bad Bosses, Part Two Bad Bosses, Part Three Good Bosses, Part One Good Bosses. Part Two Team Player Activity
- 3. The Boss as a Leader The Boss, Part One The Boss, Part Two Admirable Leaders Behaviors of Leaders Set Reasonable Goals Lead, not Dictate Be Humble Be Responsible Pick Your Battles Lead by Example, Part One Lead by Example, Part Two Lead by Example, Part Three Attitude is Everything
- 4. Communication is Key Communication Skills, Part One Communication Skills, Part Two Mastering the Art of Communication High Stakes Characteristics of Effective Feedback, Part One Characteristics of Effective Feedback, Part Two Providing Feedback

- 5. Common Sense Using Common Sense, Part One Using Common Sense, Part Two The Key to Successful Management
- 6. The Science Behind Good Leadership Be Nice, Not Tough, Part One Be Nice, Not Tough, Part Two Work-Life Balance Negative Attitude Feeling Valued Team Building Activities Rewards Program Reward Example Celebrating Your Team
- 7. Emotional Intelligence Displaying Emotional Intelligence Fostering Emotional Intelligence Emotional Intelligence Activity Employing Emotional Intelligence Scenario

Response 1

Response 2

Response 3

- 8. Elements of Success Additional Tips Taking Action
- 9. Personal Action Plan Starting Point Where I Want to Go `How I Will Get There
- 10. Course Summary
- 11. Recommended Reading List
- 12. Post-Course Assessment

GDPR READINESS: CREATING A DATA PRIVACY PLAN

The Data Privacy Plan is the best way an organization can document and enforce the privacy of personal information they hold. It puts in place procedures and guidance for how to properly handle data, respond to information requests, and deal with unexpected incidents or breaches. It contains information that applies to the day-to-day work of employees, as well as higher-level policies and guiding principles that apply to the company as a whole. The Data Privacy Plan is one of the best ways for an organization to become privacy compliant.

LEARNING OUTCOMES

Explain what a data privacy plan will include

Know the important terminology and legislation regarding data privacy Map the flow of data in an organization visually

Understand and write an information request procedure Develop an internal data handling procedure Understand and write a data security policy

Understand and write a personal data protection policy Adapt your current client privacy policy

Develop a data breach procedure

Decide on training solutions for data privacy

Know the other necessary pieces of the data privacy plan

Help your organization write, implement, and review a data privacy plan

- Course Overview
 Learning Objectives Pre-Assignment
 Pre-Course Assessment
- 2. Writing a Data Privacy Plan Elements of the Plan Additional Tips
- Privacy AwarenessWhat is Data Protection? What is Data Privacy? Part One

What is Data Privacy? Part Two

Why is Data Privacy So Important Anyway?

What is the GDPR? Part One What is the GDPR? Part Two

4. Data Mapping

The First Step

Tips to Keep in Mind Case Study Data Map Making Connections

- Information Request Procedure Information Request Procedure, Part One
 Information Request Procedure, Part Two Making Connections
- 6. Internal Data Procedures Internal Data Procedures Making Connections
- 7. Data Security Policy
 Data Security Policy Making Connections
- 8. Personal Data Protection Policy The Cornerstone

Document Contents of the Personal Data Protection Policy Responsibilities for Privacy Making Connections

- Client Privacy Policy
 Privacy Policy, Part One Privacy Policy, Part Two
 Privacy Policy, Part Three Making Connections
- 10. Data Breach Procedure Data Breach Procedure, Part One Data Breach Procedure, Part Two Making Connections
- 11. Training

Privacy Training Awareness Training for All Employ-

Specific Policy Training Making Connections

12. Other Necessary Pieces

Additional Pieces

Data Processing Agreement or Data Processing Addendum (DPA)

Data Processing Impact Assessment (DPIA) Supervising Authorities

- 13. A Personal Action Plan
- 14. Course Summary
- 15. Recommended Reading List
- 16. Post-Course Assessment

GDPR READINESS: GETTING THE MESSAGE OUT

Good communication is essential for getting your privacy message out. Your organization's employees need to know how to use privacy policies and procedures in their work. Customers also need to know your organization's stance on privacy, and to be given the information they need to make informed choices.

LEARNING OUTCOMES

Identify methods to communicate privacy-related content internally to your team Develop an internal training program

Promote a positive privacy culture in your organization Develop methods to enforce internal privacy practices

Identify the important components of a good client privacy policy Properly notify clients regarding policy changes

Add a privacy policy to your website

Develop your own cookie disclaimer banner for your website Modify your online web forms for better compliancy

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Spreading the Word Internally Creating a Communication Plan Tool Box Activity
- 3. Internal Training Privacy Training in the Workplace Training for All Employees Specific Policy Training Five Minutes of Training Activity, Part One

Five Minutes of Training Activity, Part Two

4. Promoting a Positive Privacy Culture The First Step

Making Connections

- 5. Monitoring Your Privacy System Monitoring Procedures **Internal Audits** Question It Activity, Part One Question It Activity, Part Two
- 6. Privacy Policy Overview Customer Privacy Policy Missing Parts Activity
- 7. Notifying Customers **Customer Notification**

- What Customers Need to Know What Companies are Doing Email Assessment Activity, Part One Email Assessment Activity, Part Two
- 8. Web Design Making Your Privacy Policy Public
 - Making Your Privacy Policy Publicly Accessible
 - Privacy Positioning Activity
- 9. Web Design Cookie Banners Cookies Background Designing Your Cookie Banner Cookie Time Activity
- 10. Web Design Forms Online Forms Making Connections What Do You Need to Consider? Part One What Do You Need to Consider? Part Two
- 11. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 12. Course Summary
- 13. Recommended Reading List
- 14. Post-Course Assessment

GENERATION GAP: CLOSING THE GENERA-TION GAP IN THE WORKPLACE

There are currently five generations in the workforce. Only a few short years ago employers who were expecting to be faced with mass retirements are now looking at accommodating workers who cannot afford to retire, or are simply healthy and happy enough they'd like to stay at work. However, the labor force continues to put in hard work and lots of strategy to find the right people to fill vacancies and to be able to serve their customers.

This course examines the history and reality of the generation gap, especially for recruiters and succession planning. In it, we will explore whether defining the actual limits of each generation is most important, or whether the merits of people within the context of employment is the bigger issue. After all, understanding others helps us to understand ourselves and to manage the people that we work with. We will also explore problems, solutions, and strategies to help overcome issues of the generation gap.

LEARNING OUTCOMES

Identify where the generation gap issue surfaces, and the impact it has on the modern workforce

Describe and apply language that is specific to each generation currently in the workplace

Explore organization strategies that overcome gap issues

Evaluate the need and effectiveness of recruiting, retention, and succession plans in context of the generation gap

- 1. Course Overview
- 2. History in Brief
- 3. Finding Common Ground Common Ground

What's the Underlying Issue?

- 4. Silents, Boomers, Xers, Y's, Millennials, and Gen Z Speaking Across Generations Exploring the Generations' Times
- 5. Recruiting that Bridges the Gap Recruiting is an Adventure! Benefiting the Masses
- 6. Pre-Assignment Review How About This for a Gap? Generalizations

- 7. Creative Solutions Knowing What You Want Having It All
- 8. The Value of Planning Succession Planning in a Nutshell Coaching and Mentoring
- 9. Developing Targeted Retention Strategies **Retention Considerations Pulling Things** Together
- 10. What We Really Want Filling in the Gaps What's the Plan?
- 11. Personal Action Plan
- 12. Recommended Reading List
- 13. Post-Course Assessment

GETTING STUFF DONE: PERSONAL DEVELOPMENT BOOT CAMP

Why are there so many different organizational systems and time management methods out there? The answer is simple: it's like any other personal challenge, like weight loss or money management. There is no simple, one size fits all answer. You must build a solution that works for you.

Over the course of this program, we will explore various time management and organizational tools and techniques so that you can build a customized productivity plan for your personal and professional lives. At the end of the course, you will emerge with a plan that works for you, so that you can start regaining control of your life!

LEARNING OUTCOMES

Identify what personal efficiency is, what skill sets can improve your personal productivity, and what attitudes we should cultivate

Explain why multi-tasking is a myth Describe what role long-term goals play in short-term efficiency Share a personal vision and develop dreams and goals from it Apply the 80/20 rule and learn how it should affect planning Identify the characteristics of a good organizational system Develop a plan for an efficient workspace, including a customized information cen-

ter and a filing system

Apply a system that will allow you to process any type of information that crosses your desk, including e-mail, electronic files, paper files, voice mail, text messages, and drop-in visitors

Use the Eisenhower principle to prioritize work Say no

Use routines to simplify your life Understand why you procrastinate and develop methods for tackling tasks Apply ideas and tools to make your household more productive and efficient

- 1. Course Overview
- 2. Understanding Personal Efficiency
- 3. Developing the Right Attitude Useful Skill Sets Useful Attitudes
- Laying the Foundation
 Creating a Personal Vision Statement
 Bringing It All Together Making Connections Identifying Dreams and Setting Goals
 My Dreams and Goals
- 5. The Building Blocks of a Good Organizational System
 - Pareto's Principle Characteristics of a Good Organizational System
- 6. Creating the Right Environment Garbage Out!
 Laying Out Your Workspace Re-Designing Your
 Workspace Setting up a Daily System Setting up a
 Filing System Putting it in Action
- 7. Setting Up Your Virtual Environment Organizing Electronic Files Making Your E-Mail Program Work for You

- **Exploring Applications**
- Setting Up Your Information Management Center Key Components of a System Case Studies Making Connections Lessons Learned
- Managing Information in Six Easy Steps GOPHER It!
 - Processing E-Mail Messages Digging Donald out of the Hole
- Prioritizing Your Tasks
 The Urgent-Important Matrix Putting Tasks in Their Place
- 11. Saying No
- 12. Creating Routines
- 13. Stopping Procrastination Now (Not Later!)

 Tackling Procrastination A Challenge to Change
- 14. Applying Our Lessons at Home
- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

GETTING YOUR JOB SEARCH STARTED

While looking for work can be an exciting time, it can also involve fear and discomfort about change and the unknown. Whether you are already in the midst of a job search or just thinking about it, this course will help you to determine what your skill set is made up of, the kind of work that is important and realistic to include in your search, and how to get started. Today's job market is not the same as it was even five years ago. Knowing where to go, who to talk to, and the opportunities that are available will help to shift you from someone who dreams about having a job, to someone who has the job they always wanted.

LEARNING OUTCOMES

Describe your skills, values, and beliefs about work and looking for opportunities Demonstrate an understanding for the types of work available to you and where to go for more information Recognize the differences and benefits available through career coaches, counselors, and mentors Apply different approaches to job searching, such as networking and tapping into the hidden job market

- 1. Course Overview
- 2. Change and Transitions Managing Change On the Bridge
- 3. The Important Stuff Values Check Values Defined
- 4. Skill and Ability The Things You Do Well Pre-Assignment Review
- 5. Vocation and Strategy What Does Vocation Mean? Job Satisfaction Survey
- 6. Resources Checking Out the Jobs Resource Room
- 7. The Job Market Job Searching Means Action! The Hidden

- Pieces
- 8. Invite Your Network Identifying Your Network Asking Questions
- 9. Ready, Set, Goal! Setting Work Goals Fine-Tuning Goals Take it Away!
- 10. Thinking Unconventionally to Get What You Want Without Convention Working to Get What We Want
- 11. Getting Things Moving
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

GIVING EFFECTIVE FEEDBACK

As human beings, we often hunger for feedback. However, many people will tell you that when they do get feedback, it's often because of something they have done wrong. This course is designed to help workplace leaders learn how to provide feedback any time that the message is due. Whether feedback is formal or informal, and whether it is provided to employees, peers, or someone else, there are ways that it can be structured to be effective and lasting.

This course will help students learn why the way we deliver is feedback is important, how to deliver a message so that people accept it and make changes that may be needed, and how to accept feedback that we are offered.

LEARNING OUTCOMES

Explain why feedback is essential

Apply a framework for providing formal or informal feedback Use descriptive language in delivering feedback

Describe six characteristics of effective feedback Provide feedback in real situations

- 1. Course Overview
- Definitions
 Food for Thought
 When Feedback is Needed
- Speaking Clearly Being Descriptive Staying Neutral
- Communication Strategies Basic Skills
 Probing
 Non-Verbal Messages Interpretation
 Exercise
- 5. Characteristics of Effective Feedback Six

Characteristics

Formal Feedback Framework Informal Feedback Framework State Your Case Pre-Assignment Review

- 6. Receiving Feedback Graciously
- 7. Testing the Waters
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

GLOBAL BUSINESS STRATEGIES

strategically, smartly, and profitably accomplish more than you can by staying local. To prepare, you need to set your business up for success by being open to learning, to applying new ideas, and to continually reviewing how you can create success in the global market.

Topics such as trade financing, regulatory considerations, international business planning, sustainability, and much more are included in this course. The materials here are well suited for small and medium sized business leaders as they prepare to take their company into the global marketplace.

LEARNING OUTCOMES

Describe the complexities of doing business in a global context Discuss trends in global business

Apply strategies and tools needed to help shift a regional business into a global enterprise

Closely evaluate your current business operation and determine its readiness for moving into a global marketplace Create an international business plan and prepare it for implementation

- 1. Course Overview
- Understanding the Global Business Environment Defining Globalization Factors in Globalization Exercising Knowledge Top Trends Take on the World
- The Global Trade Market Evaluating Your Options Understanding Trade Agreements How Trade Transactions Work
- 4. Products and Services How Services Are Traded How Goods Are Traded How Intangible Products Fit In What's Your Value? Mechanics of a Trade Transaction
- E-Commerce on the Global Stage What is E-Commerce? Protection of Information Basic E-Commerce Business Models
 Give It A Go
 E-Commerce Goals and Models
- 6. Working in the Global Context Bridging the Cultural Gap Stepping Over the Cultural Gap Building Relationships

- Is There a Global Culture Developing?
- The Economics of Global Business Managing Multiple Currencies Mitigating Your Risks Basics of Trade Finance Getting Paid Trade Finance and Technology Making Connections
- 8. The Logistics of Global Business
 Introduction to Supply Chain
 Management Identifying and Meeting
 Documentation Requirements Security and
 Safety Negotiating Market Entry
- Rules and Regulations
 International Regulations Extraterritoriality and Fair Trade Health and Environmental Regulations
 Getting the Right Advice: The Legal Bits
 Testing the Waters
- 10. Beyond the Rules Ethical Concerns The Ethical Conundrum
 Making Connections Different Points of View Making Connections
 Corporate Social Responsibility Sustainability Codes of Conduct
- Choosing Your Growth Strategy The AAA Approach Leveraging Triple A
 Making Connections
- 12. Building Your Growth Plan A Business Framework Outlining the Plan
 The Planning Process Market Evaluation
- 13. Implementing Your Growth Plan Getting Your Product or Service to Global Markets Marketing Your Product or Service to Global Markets Contingency Plans Developing Product Names
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

GOAL SETTING

We all have things we want in life. The route to success is to take the things that we dream about and wish for and turn them into reality. This course will lead students through thinking, planning, and taking action on the things they really want. They will learn ways to ensure that they get where they want to go in life.

LEARNING OUTCOMES

Identify what's important to you in your life

Use goal setting activities and appropriate language to articulate what you want in your life

Explain what your dreams and goals are for both the short and long term Use motivating techniques to help you reach your goals Understand how to deal with setbacks

1. Course Overview

- 2. Pre-Assignment Review
- 3. Self-Understanding

Understanding the Importance of Goal Setting

Choosing a Mentor

4. Laying the Foundation

Creating Your Personal Vision Statement

A Closer Look

Where our Values Live

5. What's In Your Bucket?

The Bucket Principle

Digging Deeper into the Bucket Steps to Success

Getting Down to Business Identifying Goals

Goals with SPIRIT

My Dreams and Goals

6. Getting Started Today

Ready, Set, Go! Visualization Techniques Support Sys-

tems

Action Planning and Follow- Through

Motivators

- 7. Dealing with Setbacks
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

COURSE OUTLINE

GROWTH HACKING

The new economy calls for a new way of attracting customers and sales. Growth hacking is a system of rapid growth for start-up companies, with a goal of sharing a message and making a sale. This course will teach you how to tap into this method, learning how to create your own growth hacking plan.

LEARNING OUTCOMES

Identify the growth hacking mindset
Recognize the differences between growth
hacking and marketing. Identify the customer need your business can fill
Create and implement product placement
and services to fit the need Learn and practice techniques of growth hacking
Review and practice growth marketing
strategies Identify the essentials of conversion and optimization Create your own
growth hacking plan

- Course Overview
 Learning Objectives Pre-Assignment
 Pre-Course Assessment
- Learning the Mindset
 Growth Hacking Defined, Part One
 Growth Hacking Defined, Part Two
 Growth Hacking Recap Mantras of a Growth Hack er The Customer is Always Right An Example
 The Result

Making Connections: A Growth Recipe

3. Framing the Need

The Relationship Understanding Your Customers Making Connections: Who, What, How Product Market Fit (PMF)

Consider the Example of Airbnb The Key to Their Success?

Making Connections: What Do You Know? Understanding Your Company, Part One Understanding Your Company, Part Two Understanding Your Company, Part Three Making Connections: Sourcing Feedback Making Connections: Digesting Feedback

Making the Match
 Making the Match in Growth Hacking
 Relationships Reviewed Strengthening Relationships The Customer Is Always Right Making Con

nections: Get the FAQs

Building an Effective Audience The Size of Your Audience Making Connections: An Enduring Outlook Elements of Negotiation Traits of a Negotiator Social and Emotional Intelligence Making Connec-

tions: Positive Outcome

Unique Selling Proposition (USP) Making Connections: Your USP

5. Going Live

Process Steps

Making Connections: Workplan Development

Reaching Customers: The Storefront Making Connections: Making it Look Good

Reaching Customers: The Signage Making Connections: Getting Noticed Reaching Customers: The Action Plan

Creating a Project Plan Work Structure Breakdown Making Connections: Creating a Plan for Success

Organizing the Tasks

Your Growth Hacking Outline

- 6. Maximizing Results
 - The Path to Growth Hacking Success, Part One
 The Path to Growth Hacking Success, Part Two
 Defining Success Key Phrases
 Learning to Experiment An Experiment in Tech An
 Experiment in Sweets An Experiment in Words
 Steps to Developing a Successful Experiment
 Making Connections: A Trial
- 7. Optimizing and Moving Forward Optimizing Ingredients for Optimization, Part One Ingredients for Optimization, Part Two Examining your Ingredients Making Connections: Task Check
 Resources and Inspiration Searching for More Information Activity
- 8. Personal Action Plan
 Starting Point Where I Want to Go
 How I Will Get There
- 9. Course Summary
- 10. Recommended Reading List
- 11. Post-Course Assessment

HIRING FOR SUCCESS: BEHAVIORAL INTERVIEWING TECHNIQUES

Interviewing sounds easy enough: you arrange for a conversation between you and potential candidates, and then select the best person for a particular position. But what if you could refine the process in such a way that you were confident that you are selecting the right person? How do you separate the good from the great, when they have similar work experience and strengths to offer? This course will give you the skills and tools to hire successful candidates.

LEARNING OUTCOMES

Recognize the costs incurred by an organization when a wrong hiring decision is made Develop a fair and consistent interviewing process for selecting employees Prepare better job advertisements and use a variety of markets

Be able to develop a job analysis and position profile

Use traditional, behavioral, achievement oriented, holistic, and situational (critical incident) interview questions

Enhance communication skills that are essential for a skilled recruiter Effectively interview difficult applicants

Check references more effectively

Understand the basic employment and human rights laws that can affect the hiring process

- 1. Course Overview
- 2. History of the Interviewing Process
- 3. The Recruitment and Selection Process
- 4. Factors in the Hiring Process
- 5. Cost Analysis
- 6. Job Analysis and Position Profiles
- 7. Determining the Skills You Need
- 8. Finding Candidates
- Advertising Guidelines Five Key Points

Ten Tests for Advertising

10. Screening Resumes

The Screening Process Developing a Guide

- 11. Performance Assessments
- 12. Problems Recruiters Face
- 13. Interviewing Barriers
- 14. Non-Verbal Communication
- 15. Types of Questions Open and Closed Questions Probing Techniques
- 16. Case Study

- Traditional vs. Behavioral Interviews Behavioral Interviewing
 Sample Questions
- Other Types of Questions Achievement-Oriented and Holistic Questions Making Connections
- 19. The Critical Incident Technique
- 20. Listening for Answers Listen Well Committing to Change
- 21. Difficult Applicants
- 22. Interview Preparation and Format
- 23. Other Interview Techniques
- 24. Scoring Responses
- 25. Checking References
- 26. Human Rights
- 27. Skill Application
- 28. Pre-Assignment Review
- 29. Personal Action Plan
- 30. Recommended Reading List
- 31. Post-Course Assessment

HONING AND DELIVERING YOUR MESSAGE

This one-day course will prepare students to develop a message and remain on topic when they are presenting that message to the media and public without straying from the point, or points, they want to make. The final session will give students the opportunity to craft and hone a message of their own.

LEARNING OUTCOMES

To effectively communicate a message and deliver a point in all forms of communication.

To present ideas to a group or use social media to share a message. How to become a better spokesperson.

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. What is Your Message? What is Your Message, Part One What is Your Message, Part Two What is Your Message, Part Three How to Present Your Message: Who is Your Target Audience? Part One How to Present Your Message: Who is Your Target Audience? Part Two How to Present Your Message: Who is Your Target Audience? Part Three How to Present Your Message: Who is Your Target Audience? Part Four
- 3. Ways to Present Your Message Brainstorming Choosing a Communication Route, Part One Choosing a Communication Route: Part Two Choosing a Communication Route: Part

Three

- 4. Delivering Your Message in a Different Way Pre-Assignment Revisited
- 5. Effective Listening What is Active Listening? Responding to

Feelings Reading Cues Demonstrating Listening

- 6. What is Your Body Saying? What is Your Body Saying? Part One What is Your Body Saying? Part Two **Use Nonverbal Communication** The Value of a Pause Attitude
- 7. Presenting Your Message to an Audience The Elevator Pitch, Part One The Elevator Pitch, Part Two
- 8. A Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 9. Course Summary
- 10. Recommended Reading List
- 11. Post-Course Assessment

HUMAN RESOURCES TRAINING: HR FOR THE NON-HR MANAGER

In today's fast-moving world, many managers and supervisors are expected to deal with some human resource issues. They may be asked to take part in developing job descriptions, take part in interviews, or take responsibility for discipline. This course will introduce those managers to human resource concepts. We will walk you through the hiring process, from performing a skills inventory to conducting the interview; discuss orientation; and cover some issues that arise after the hiring (such as diversity issues, compensation, and discipline).

LEARNING OUTCOMES

Discuss current issues in the human resource field and the changing role of supervisors and managers in terms of HR functions

Write job specifications and identify core competencies

Apply methods of finding, selecting, and keeping the best people using behavioral description interviewing techniques

Get new employees off to a good start Understand compensation and benefits Maintain healthy employee relations

Make performance appraisals a cooperative process

- 1. Course Overview
- Defining Human Resources
 The Basics of HR Management Case Study: Expansion Staffing
- 3. Performing a Skills Inventory
- 4. Forecasting Techniques
- 5. Job Analysis

Understanding Job Analysis Performing an Analysis Job Analysis Formats

- 6. Identifying Job Competencies
- Position Profiles/Job Descriptions Preparing a Profile My Position Profile
- 8. Do You Really Need to Hire? Evaluate All Options The Real Cost of Employee Turnover
- 9. Finding Candidates
- 10. Advertising Guidelines
- Screening Resumes
 Using a Resume Screening Guide Developing a Resume Screening Guide
- 12. Preparing for the Interview
- 13. Conducting the Interview
 History of Interviewing Process An Objective Interview

Basics of Behavioral Interviewing

Purpose of Behavioral Interviewing

Asking Questions Provocative Statements Sample BDI Questions

Developing Behavioral Description Interview Questions The Critical Incident Technique Creating a Critical Incident

- 14. After the Interview
- 15. Employee Orientation and Onboarding Why Have Orientation? How Did Your Orientation Rate? Problems to Avoid Planning Orientation
- 16. Follow the Leader
- 17. Planning Training
 The Training Cycle
 Internal vs. External Training
- 18. Working With External Providers
- Performance Reviews
 Performance Review Problems A Performance Management Checklist

Case Study

Dissecting a Performance Review Identifying Behaviors

- 20. Attendance Management The Cost of Absenteeism The Case of Gretchen Washington Dealing with Attendance Management
- 21. Managing a Diverse Workforce Dealing with Diversity Your Experience with Pigeon Holes
- 22. Privacy Issues
- 23. Compensation and Benefits
 The Role of Compensation and Benefits
 Pre-Assignment Review
 Case Study: It's Not You, It's Me
- 24. Managing Disciplinary Issues
- 25. Terminating Employees Letting Staff Go Case Study
- 26. Exit Interviews
- 27. Personal Action Plan
- 28. Recommended Reading List
- 29. Post-Course Assessment

IDENTIFYING AND COMBATING FAKE NEWS

In this day and age, it's becoming increasingly important to learn how to recognize fake news and deal with it if necessary.

LEARNING OUTCOMES

Define 'fake news'

Recognize the difference between 'fake news' and objective reporting Understand the impacts of 'fake news' on your organization Examine proactive strategies and how they work Learn reactive strategies and why they are essential

Discover opportunities for promotion and growth within 'fake news' Create your own 'fake news' action plan

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Evolution of 'The Truth'

The Truth

Pre-Assignment Review Fake News Defined Making Connections: Your Thoughts The Media Safety Valve, Part One The Media Safety Valve, Part Two Making Connections: Your Advisors

- 3. The Challenge of 'Social' What is the Purpose of the Media? Then a Few Things Happened... Making Connections: Social Communication Feeding the Machine Making Connections: Your Advisors
- 4. Life of a Target Links in the Chain

The Audience, Part One The Audience, Part Two How Fake News Spreads, Part One How Fake News Spreads, Part Two You as a Link Abundance Mentality Making Connections: Power of Persuasion Understanding Your Company, Part One Understanding Your Company, Part One Making Connections: Newsfeed Search

Forums for Your Audience Making Connections: Storefront Review

- 5. Deconstructing Fake News Deconstructing Fake News, Part One Deconstructing Fake News, Part Two Deconstructing Fake News, Part Three Making Connections: A Fake News E counter Separating Fact from Fiction, Part One Separating Fact from Fiction, Part Two Making Connections: Real or Fake
- 6. Coping with a Crisis Coping with a Crisis From Crisis To Opportunity Crisis Defined, Part One Crisis Defined, Part Two Shrinking the Target, Part One Shrinking the Target, Part Two Shrinking the Target, Part Three Shrinking the Target, Part Four Making Connections: Reaction Time Staying Clear of the Smear Real Versus Fake Revisited
- 7. Proactive Approaches Letting Social Media Serve You Understanding Your Customers A Closer Look at Customers Activity Relationships Reviewed The Customer Is Always Right, Part One The Customer Is Always Right, Part Two Making Connections: A Look at Methods Examining Your Ingredients Making Connections: Checklist Reaching Out Online Making Connections: Reaching Out Maintaining the Momentum Your Fake News **Reaction Online**
- 8. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 9. Course Summary
- 10. Recommended Reading List
- 11. Post-Course Assessment

INFLUENCE AND PERSUASION

When we talk about influence and persuasion, we often talk about marketing and sales. However, we influence in many ways and with great frequency. If you want a raise, sometimes you need to persuade your boss. If you want to convince your team to adopt a change, help your staff make choices, or choose the best place for lunch, there is often influencing taking place. This course will help participants learn how to influence and persuade in a variety of areas.

LEARNING OUTCOMES

Make decisions about using persuasion versus manipulation
Apply the concepts of pushing and pulling when influencing others Describe different
techniques for getting persuasive conversations and presentations underway
Make a persuasive presentation by using the 5 S's
Apply storytelling techniques to extend influence
Leverage concepts of neuro linguistic programming in everyday influence and persuasion

COURSE OUTLINE

- 1. Course Overview
- 2. Understanding Persuasion How Persuasion Works Pre-Assignment Review
- 3. Preparing to Persuade
 Pushing and Pulling Communicating with Confidence
 Frame of Reference
- Getting Off on the Right Foot Building Rapport Matching and Mirroring Pacing Leading
- Presentation Strategies
 Five Points for Any Presentation Preparing with the Five
 S Pattern
- 6. Using Stories to Persuade The Importance of Story Storytelling Time
- Using Neuro Linguistic Programming Defining Neuro Linguistic Programming
 A Brief History Understanding Common NLP Terms
 Embedding Positive or Negative Commands
 Influencing Outcomes
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

INTERMEDIATE PROJECT MANAGEMENT

Project management is not just restricted to certain industries, or to individuals with certification as a project manager. Lots of us are expected to complete assignments that are not a usual part of our job, and to get the job done well, within our budget, and on time.

This course is intended for those who understand the conceptual phase of a project's life cycle, including setting goals, creating a vision statement, and creating the Statement of Work. This course will take you through the remaining three stages: planning, execution, and termination.

LEARNING OUTCOMES

Identify your project's tasks and resources

Order tasks using the Work Breakdown Structure Schedule tasks effectively Use basic planning tools such as a Gantt chart, PERT diagram, and network diagram Prepare a project budget

Modify the project budget and schedule to meet targets Identify and manage risks Prepare a final project plan Execute and terminate a project Develop and manage a change control process

- 1. Course Overview
- 2. What Really Needs To Be Done? Identifying Tasks **Identifying Resources** Pete's Cost List
- 3. The Work Breakdown Structure
- 4. Scheduling Techniques Preparing a Basic Schedule Other Scheduling Factors Planning Tools **Gantt Charts** Creating a Gantt Chart Network Diagrams Flow Charts
- 5. Budgeting Tips and Tricks Budgeting Basics Pete's Budget
- 6. Assessing Project Risks
- 7. Preparing the Final Plan

- 8. Making it Fit Schedule/Budget Compression Case Study
- 9. The Execution Phase
- 10. Controlling Changes
- 11. Closing Out a Project
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

COURSE OUTLINE

INTRAPRENEURSHIP

Intrapreneurship has been described as a great way to make beneficial changes to your organization. People can choose to continue with the status quo, or they can work to make a difference in the lives of themselves and others within the company.

Who wants to feel empowered and recognized for their innovative and creative ideas? Who wants to make a difference? If you answered yes to these questions, then this course will help you become energized and ready to push your ideas forward. After you complete this course, you will have ways to get started and implement your plans.

LEARNING OUTCOMES

Understand the importance of intrapreneurship in today's economy

Identify the characteristics of an intrapreneur and assess your own strengths Create an intrapreneurial team within your organization

Understand the process of intrapreneurship Develop a new product or process idea Understand the importance of a sales strategy Create a start-up financial statement

- 1. Course Overview
- 2. What Is Intrapreneurship?
- Why Is Intrapreneurship Important? The Growth of Intrapreneurial Culture History of Intrapreneurship Making Connections
- Characteristics of Intrapreneurs What Makes Intrapreneurs Tick? Making Connections
- 5. Picking Your Team
- 6. Are You an Intrapreneur? Self-Assessment Considering Our Strengths
- 7. Becoming an Intrapreneur
- Creating and Selling Your Ideas The Intrapreneurial Process Making Connections, Part One Making Connections, Part Two

Screening the Ideas Selling Your Ideas

- 9. Pre-Assignment Review
- 10. The Implementation Plan
- 11. Personal Action Plan
- 12. Recommended Reading List
- 13. Post-Course Assessment

INTRODUCTION TO E-MAIL MARKETING

E-mail marketing is here to stay, and knowing how to do it well is essential for marketers as well as small business owners, coaches, and consultants. In this course you'll learn the essentials of planning, creating, and delivering exceptional e-mail marketing campaigns that support your overall marketing strategy. After this course, you will be able to reach more clients and potential clients through your efforts at being an e-mail influencer.

LEARNING OUTCOMES

Apply the concepts of e-mail marketing to grow the influence and reach of a business

Analyze the different applications of e-mail marketing Select a campaign strategy that will help you increase your reach Apply a defined strategy to get the best out of every e-mail campaign Track and analyze the results of an e-mail campaign

- 1. Course Overview
- 2. Getting to Know E-mail Marketing What is E-Mail Marketing? Glossary of Terms History of E-Mail Marketing Getting It Right
- 3. Setting Up Your Audience Gathering Contacts Rules and Regulations Staying Organized
- 4. The Tools Setting Up A Plan Choosing an E-Mail Marketing Provider **Get Practical**
- 5. Designing Your Campaign Strategy Looking at Your Campaign Strategy What's Your Campaign Strategy?
- 6. Crafting Messages for Each Campaign Pre-Assignment Review Crafting Your Message The Message IS The Message Designing an Eye-Catching E- Mail Choosing the Right Design Making Con-
- 7. Good Habits Get Optimal Results Be a Good E-Mailer

nections Make This Easy

- **Smart Rules Apply Conversions** Designing Content That Has Value Developing Different Types of Content
- 8. What to Write Give People What They Want Be Green... Evergreen That Is! Topic Generator Let's Get to Work
- 9. Subject Lines and Action Calls Great Subject Lines Action Items Use Strategy with Your Call to Action
- 10. If It Doesn't Get Measured, It Can't Be Counted **Key Metrics** Revenue Per E-Mail Sent Timing Your E-Mail Message Test Before You Send
- 11. Test Driving **Making Connections** Writing Your Initial Welcome E- Mail
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

INTRODUCTION TO **NEURO LINGUISTIC PROGRAMMING**

Your brain, thoughts, and behavior are at the core of everything that you do every day, even if you aren't aware of it. In order to truly achieve the results that you want to achieve, you must master the art of bringing your unconscious thoughts to the surface, so that you can have real choice over how you interact with and respond to the world. Neuro linguistic programming can give you the tools to do just that.

In this introductory course, you will learn the basics of neuro linguistic programming. We will give you the tools to manage your thoughts, and thereby manage yourself.

LEARNING OUTCOMES

Define neuro linguistic programming (NLP) and its key terms Describe the key presuppositions of NLP

Describe the five senses as seen by NLP

Identify states of mind and modes of thinking using predicates and visual cues Develop and refine response strategies for any situation

Use enriched language to engage your audience Interpret body language based on NLP principles Ask clean, precise questions to get the information you need Use hypnotic language and positive commands to get results

1. Course Overview

- 2. What is Neuro Linguistic Programming? Defining Neuro Linguistic Programming A Brief History Understanding Common **NLP Terms**
- 3. The NLP Presuppositions
- 4. The Senses According to NLP Making Sense of Our Senses Senses and Language

Eye Accessing Cues

- 5. Using Enriched Language
- 6. Interpreting Body Language
- 7. Asking Clean Questions The NLP Style of Questioning Sample NLP Question Frameworks
- 8. The Power of Hypnotic Language Embed-

ding Positive or Negative Commands Influencing Outcomes

- 9. Putting it All Together
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

INVENTORY MANAGEMENT: THE NUTS AND BOLTS

No business can survive very long without an effective program of controls over the parts and materials that are used in producing or distributing goods and services of the firm. Like many other things that depend on human interpretation, "control" means different things to different individuals.

This is an introductory course for you, the warehouse or stockroom manager, the person in charge of what comes in and goes out of your company. You want a smooth and cost- effective operation, with enough products on hand to satisfy needs without stockpiling too much. This course will discuss all aspects of inventory management, including common terms, the inventory cycle, how to maintain inventory accuracy, and what some of the latest trends are.

LEARNING OUTCOMES

Understand terms that are frequently used in warehouse management Identify the goals and objectives of inventory management and measure your process against these goals

Calculate safety stock, reorder points, and order quantities Evaluate inventory management systems Identify the parts of the inventory cycle Better maintain inventory accuracy

- 1. Course Overview
- 2. What is Inventory?

Definitions

Pre-Assignment Review

- 3. Types of Inventory
- 4. Key Players
- 5. Setting up the Warehouse The Eight Objectives

Maintaining Location Accuracy

- 6. What Makes a Good Inventory Management System?
- 7. The Warehouse Inventory Cycle
- 8. Identifying Demand Key Formulas Case Study
- 9. The Receiving Process
- 10. Validating Inventory

- 11. The Put-Away Process
- 12. Maintaining Inventory Accuracy
- 13. The Outbound Process
- 14. Industry Trends
- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

OURSE OUTLINE

KICKSTARTING YOUR BUSINESS WITH CROWDSOURCING

Today's fast-paced marketplace demands that businesses think fast. Crowdsourcing can help all types of businesses keep on top of trends and stay competitive. This course will show you how to leverage all types of crowdsourcing (including microwork, macrowork, crowd voting, crowd contests, crowd wisdom, and crowdfunding) to kickstart your business' growth.

LEARNING OUTCOMES

Define what crowdsourcing is and its value to businesses Determine when crowdsourcing makes sense for a project Describe the crowdsourcing process

Identify platforms and social media tools that can support your crowdsourcing campaigns

Describe the major types of crowdsourcing, including microwork, macrowork, crowd voting, crowd contests, crowd wisdom, and crowdfunding

Attract and engage your crowd

- 1. Course Overview
- What Is Crowdsourcing? What Crowdsourcing Is and Where It Came From Pre-Assignment Review Identifying the Business Value Is Crowdsourcing Right For You?
- 3. The Crowdsourcing Process
- 4. Choosing Your Crowdsourcing Platform Identifying the Options Checking Out the Sites
- Types of Crowdsourcing Crowdvoting and Crowdcontests Microwork and Macrowork Crowdwisdom Crowdfunding Case Study
- 6. Social Media and Crowdsourcing
- 7. Engaging the Crowd
- 8. Test Driving
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

KNOWLEDGE MANAGEMENT

Understanding how to manage the knowledge within your organization is the key to business success. Mismanagement of organizational knowledge comes with a price: frustrated employees, angry customers, and decreased productivity. All of these things can affect our business' bottom line. The purpose behind knowledge management is to help us bridge organizational gaps and to use our greatest asset (our knowledge) to take our business performance to the next level. The theory of knowledge management has emerged to help us harness and enhance both the individual and collective brain power of our businesses. This course will introduce you to knowledge management tips, techniques, and proven processes.

LEARNING OUTCOMES

Define knowledge and knowledge management

Explain the difference between explicit and tacit knowledge Identify various knowledge management theoretical models

Explain how a properly implemented knowledge management program can improve efficiency Describe the steps for employing a new knowledge management program in an organization Identify the required components for implementing a knowledge management framework within an organization

- 1. Course Overview
- 2. Definitions
 - What is Knowledge? Communicating Explicit and Tacit Knowledge What is Knowledge Management? History of Knowledge Management
- 3. The Business Case for Knowledge Management Reducing Costs and Growing Sales with

Knowledge Management

Personal Work Performance and Bottom Line Benefits

Business Case Basics

Sample Knowledge Management Business Case

- 4. The Knowledge Management Mix People Recognition within the Knowledge Management Mix Technology **Process**
- 5. The Knowledge Management Framework Introduction Needs Analysis Resource Identification Process Analysis, Identification, and Construction Accumulating, Sharing, and Storing Knowledge
- 6. ITandD's Conundrum
- 7. Knowledge Management Models The KM

- Process Framework (Bukowitz and Williams) Knowledge Management Matrix (Gamble and Blackwell) Process Model (Botha) Knowledge Spiral Model (Nonaka and Takeuchi)
- 8. The Knowledge Management Toolkit Cross-Functional Teams Mentoring Organizational Culture IT Solutions Which Technologies Would Be Best?
- 9. Implementing Knowledge Management Initiatives Building Knowledge Networks Creating a Knowledge Management Body of Knowledge (KMBOK) Creating a Chief Knowledge Officer (CKO) Position Advertise for Your CKO Creating a Post-Mortem Plan Creating Measures
 - Start With a Pilot Where Do I Put This? Support Your Organization Through the Change
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

OURSE OUTLINE

LEADERSHIP SKILLS FOR SUPERVISORS

Supervisors are the crucial interface between the employee on the shop floor or the service desk and the managers of the organization. Although they often have more technical experience than the employees they supervise, some may not have a lot of leadership experience. This one-day course will provide the skills in communication, coaching, and managing conflict that are necessary for success.

LEARNING OUTCOMES

Learn ways to prioritize, plan, and manage your time Identify your primary leadership style

Develop some flexibility to use other leadership styles

Determine ways you can meet the needs of employees and co-workers through communication and coaching

Explore ways to make conflict a powerful force for creative, well-rounded solutions to problems

- Course Overview
 Learning Objectives Pre-Assignment
 Pre-Course Assessment
- 2. Pre-Assignment Review Making Connections
- What's Your Type? How About Mine?
 Seeking Information
 Identifying Your Characteristics and Preferences
 Questionnaire Analyzing the Results
 Mostly A's Inquiring Rationals Mostly B's

Mostly A's – Inquiring Rationals Mostly B's – Authentic Idealists Mostly C's – Organized Guardians

Mostly D's – Resourceful Artisans What's Important? Debrief

- Introversion/Extroversion Questionnaire
 Using the Continuum Case Study
 Lessons to Learn
- Understanding Leadership About Leadership, Part One About Leadership, Part Two The Situational Leadership II® Model Understanding Your Comfort Zone Choosing Our Style Managing Performance

- Making Connections Servant Leadership Making Connections
- Manage Your Time and Your Energy Introduction Time Management Tips, Part One Time Management Tips, Part Two Larks and Owls Our Top Time Management Tip
- The Commitment Curve Onboarding and Orientation The Big Picture
 Stages of the Curve Stage One: Uninformed Opti-

Stages of the Curve Stage One: Uninformed Optimism

Stage Two: Informed Pessimism Stage Three: Hopeful Realism Stage Four: Informed Optimism Summary

What Can Be Done to Bridge the Commitment Gap?

- 8. Employee Development Models The Coaching Model
 - Step One: Frame a Conversation Step Two: Create Opportunities Step Three: Create an Action Plan Step Four: Give Feedback The Dialogue Model I Messages
 - The Consequences and Benefits Matrix
- Dealing with Conflict and Difficult Issues
 Reflection Conflict
 Conflict Resolution Styles Techniques for Resolving Conflict
- What Successful Leaders Do Secrets to Success List of Practices Making Connections Creating the Right Environment
- Personal Action Plan
 Starting Point Where I Want to Go
 How I Will Get There
- 12. Recommended Reading List
- 13. Post-Course Assessment

COURSE OUTLINE

LEAN PROCESS IMPROVEMENT

Lean principles have come a long way over the past 300 years. From Benjamin Franklin's early ideas, to Henry Ford's work in the 1920's and the Toyoda precepts in the 1930's, to Jeffery Liker's publication of The Toyota Way in 2004, Lean processes have evolved from a simple concept to a set of widely used best practices.

This course will give participants the foundation to begin implementing Lean process improvement tools in their workplace. The first part of the course will explore the foundations of Lean through the Toyota precepts and the five critical improvement concepts (value, waste, variation, complexity, and continuous improvement). The second part of the course will give participants tools to perform continuous improvement in their organization, including 5S, 5W-2H, PDSA, DMAIC, Kaizen, Genchi Genbutsu, and various Lean data mapping methods.

- 1. Course Overview
- 2. Understanding Lean **Defining Lean** The History of Lean Lean vs. Six Sigma Pre-Assignment Review A Lean Glossary
- 3. The Toyota Production System Overview of the Liker Pyramid Exploring the Philosophy Considering the Processes Understanding People and Partners **Problem Solving Tools**
- 4. The Toyota Production System House
- 5. The Five Critical Improvement Concepts Key Ideas Case Study
- 6. Understanding Value with the Kano Model
- 7. Types of Waste The Three Categories Making Connections
- 8. Creating a Lean Enterprise Going Green with Lean

The Characteristics of a Lean Organization

- 9. The Plan, Do, Study, Act (PDSA) Cycle
- 10. Using the R-DMAIC-S Model
- 11. Lean Thinking Tools 5W-2H Genchi Genbutsu and Gemba Performing a 5-S
- 12. Kaizen Events About Kaizen and Kaizen Events Typical Kaizen Blitz Workflow Personal Reflection
- 13. Data Gathering and Mapping Flow Charts Making Breakfast Ishikawa (Cause and Effect) Diagrams SIPOC Diagrams Value Stream Maps Tips for Effective Data Analysis
- 14. A Plan to Take Home Roadblocks and Pitfalls Creating a Suc-

LEARNING OUTCOMES

Define Lean and its key terms Describe the Toyota Production System and the TPS house Describe the five critical improvement concepts

Use the Kano model to understand, describe, analyze, and improve value Identify and reduce various types of waste

Create a plan for a more environmentally Lean organization

Use the PDSA and R-DMAIC-S models to plan, execute, and evaluate Lean changes

Use Lean thinking frameworks, including 5W-2H, Genchi Genbutsu, and Gemba Prepare for and complete a basic 5-S

Describe the key elements of Kaizen events, particularly a Kaizen blitz Gather, analyze, and interpret data using flow charts, Ishikawa (fishbone) diagrams, SIPOC diagrams, and value stream maps

Go back to your organization with a plan to begin incorporating Lean into your corporate culture

> cessful Organizational Structure Where To Get Started? A Plan for Success

- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

COURSE OUTLINE 2.

LOGISTICS AND SUPPLY CHAIN MANAGEMENT

The supply chain is a crucial part of any business' success. Optimizing the flow of products and services as they are planned, sourced, made, delivered, and returned can give your business an extra competitive edge.

This course will introduce you to the basic concepts of supply chain management, including the basic flow, core models, supply chain drivers, key metrics, benchmarking techniques, and ideas for taking your supply chain to the next level.

LEARNING OUTCOMES

Define supply chain management and logistics

Explain the vertical integration and virtual integration models Understand the stages in the basic supply chain flow

Identify participants in the supply chain

Recognize supply chain drivers and ways to optimize them Align supply chain strategy with business strategy

Determine what metrics to track and how to benchmark the related data Troubleshoot basic supply chain problems

Identify ways to develop your supply chain, such as using third-party logistics providers (3PL's), insourcing processes, developing sustainable and eco-friendly strategies, leveraging process improvement strategies, and adopting new techniques

- 1. Course Overview
- 2. Getting Started
 Defining the Terms Regulations
 and Resources
- 3. The Evolution of the Supply Chain Vertical Integration Model Virtual Integration Model What's Next?
- 4. The Basic Supply Chain Structure
 The Links in the Supply Chain
 Making Connections Participants
 in the Supply Chain Designing
 Your Supply Chain The Bullwhip
 Effect
- 5. Supply Chain Drivers
 Driving Success Choosing the
 Right Transportation Methods
 Making Connections
 Aligning Your Supply Chain with

- Business Strategy Identifying Your Market Making Connections Looking at Your Role Analyzing the Data Taking the Next Steps Making Connections
- 6. Managing Supply Chain Risks
 Tracking and Evaluating Supply
 Chain Data
 Ratios and Formulas What is
 Benchmarking? The SCOR Model
 The Balanced Scorecard Supply
 Chain Management Dashboards
 Making Connections
- Troubleshooting Supply Chain Problems
 Signs of Trouble in Your Supply Chain
 Supply Chain Best Practices
- Sharing Supply Chain Activities
 Outsourcing, Insourcing, Offshoring, and Reshoring

- Third- and Fourth-Party Logistic Providers Building Partnerships within Your Supply Chain
- Sustainable Supply Chain Strategies What is Sustainability?
 Reducing the Impact on the Environment
 Applying Lean Techniques to the Supply Chain
 Lean 101
 Applying Lean to the Supply Chain
 - The Future of Supply Chain Management
 - Top Trends

 Making Connections
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

MAKING TRAINING STICK

We have all participated in training courses or workshops. Some of these have been helpful and useful in our everyday lives and others have seemed redundant and a waste of time. How often have we cheered or grumbled at being asked to participate in a training day?

The good news is that all training can be useful and applicable if the trainer keeps some simple tips in mind when developing and applying training. We all learn differently, but there are some truths about learning that can be applicable to most groups and can be tweaked to fit any training session.

LEARNING OUTCOMES

Familiarize yourself with strategies that can help learning to stick with the audience in an effective and meaningful way

Know how to keep learners focused and motivated to absorb material

Develop an effective training style, using appropriate training aids and techniques

- 1. Course Overview
- 2. Five Strategies for Stickiness! Background Information The Five Strategies
- 3. Designing a Program That Will Stick Building Support for your Program Writing Learning Objectives
- 4. Teaching Tips and Tricks
- 5. What Method is the Stickiest?
- 6. Following Up

Seven Points for any Follow-Up Program

The Buddy System and Delegating Follow-Up Follow-up or Folly?

- 7. Strategies for Taking Training Further Mentorship Programs Trainee Trains Others
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

OURSE OUTLINE

MAKING YOUR BUSINESS BETTER

How a product or service is sold, and how a business is run, has changed. Customers want to know your company's values, selling is about relationships, and your workplace culture impacts productivity. Business relationships, a marketing strategy, and an understanding of the company's core values, guiding principles, strengths and opportunities is vital to growth. In this course, you will learn about these essentials, and how to combine that knowledge into your own Strategic Action Plan.

LEARNING OUTCOMES

Understand positioning and the supply chain. Recognize and work with elements of pricing. Identify your 'business culture'.

Create and implement essential marketing tools.

Learn and practice techniques of selling and negotiation. Create effective responses to requests for proposals (RFPs).

Identify the essentials of project management and create a management plan. Learn and implement elements to enhance workplace teamwork and productivity. Create your own strategic plan.

- Course Overview Learning Objectives Pre-Assignment
 - Pre-Course Assessment
- 2. Positioning and Pricing Knowing What You Sell, Part One Knowing What You Sell, Part Two Knowing What You Sell, Activity Examining the Positioning Supply Chain Activity Elements of 5. Pricing, Part One Elements of Pricing, Part Two Elements of Pricing Activity
- Marketing
 - Your Business Culture Elements of Culture Activity Understanding Your Customers Customer Values 6. Project Management Marketing Essentials, Part One Marketing Essentials, Part Two Marketing Essentials, Part Three Your USP Activity Part One Your Marketing Outline
- 4. Selling and Negotiating Making the Sale Seller and Contact Activity Relationship Model of Selling, Part

One

ments of Negotiation Social and Emotional Intelligence, Part One Social and Emotional Intelligence, Part Two Styles of Negotiation Negotiating 8. Strategic Planning a Style Activity

Relationship Model Activity Ele-

- Request for Proposals (RFPs) Understanding Proposals Starting Point Where I Want to Go How I Will Get There Responding to an RFP RFP Activity
- Elements of Project Management Creating a Project Plan Work Structure Breakdown Work Structure Breakdown Activity Organizing the Tasks, Part One Organizing the Tasks, Part Two Work Breakdown Structure Revisited
- 7. Team Building and Productivity Individual Relationship Skills

Healthy Workplace Culture, Part One

Healthy Workplace Culture, Part

Two

Core Values

Core Values Activity Building a Team Leadership Skills

- A Strategic Plan Ingredients of a Good Strategic Plan Detailed Description Prod
 - ucts/Services **USP Review**

Core Values and Guiding Principles, Part One

Core Values and Guiding Principles, Part Two

Core Values Revisited Strengths and Opportunities Guiding Principles Revisited Assembling the Action Plan

Assemble the Strategic Action Plan

- 9. Personal Action Plan
- 10. Course Summary
- 11. Recommended Reading List
- 12. Post-Course Assessment

MANAGING ACROSS CULTURES

Our culture defines many aspects of how we think, feel, and act. It can be challenging for managers to bridge cultural differences and bring employees together into a functioning team. This course will give supervisors and managers easy-to-use techniques for communicating across cultures, building teams, promoting multiculturalism in the organization, and leveraging the global talent pool.

LEARNING OUTCOMES

Define what culture is and how it shapes the workplace Identify how stereotypes shape our perception Develop useful cross-cultural attitudes Communicate effectively across cultures Effectively manage employees from different cultures Help teams overcome cross-cultural and virtual barriers Promote acceptance and awareness in your organization to help create a multicultural environment Leverage the global talent pool

- 1. Course Overview
- 2. What Is Culture?

Defining Culture About Stereotypes Making Connections Globally Useful Attitudes

- 3. Communicating Effectively
 - High and Low Context Culture Communication Differences Across Cultures Communication Skills Handling Miscommunication
- 4. Team Building Across Cultures The Five Stages of Team Development Tips on Working with Virtual Teams
- 5. Managing Across Cultures

The Cornerstones of Diversity How Far Do You Accommodate? Dealing with Culture-Based Conflicts between Employees Giving Culturally Sensitive Feedback

- 6. Building a Multicultural Organization Making Connections Creating Inclusive Programs for New Employees
- 7. Working with the Global Talent Pool
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

COURSE OUTLINE

MANAGING DIFFICULT CONVERSATIONS

We have so many interactions in the run of a day, it's reasonable to expect that some of them are going to be difficult. Whether these are conversations that you have in person, or you manage a virtual team and need to speak with someone in another city, there are things that you can do to make these conversations go smoothly. This course will give you the tools to manage difficult conversations and get the best results possible out of them.

LEARNING OUTCOMES

Define frame of reference

Establish a positive intent and a desired outcome Use good communication skills during a conversation Draft a script for a difficult conversation

Use specific steps to carry out a difficult conversation Access additional resources as required
Maintain safety in a conversation

- Course Overview
- 2. Choosing to Have the Conversation Considering the Consequences Establishing Your Frame of Reference Establishing Positive Intent Identifying the Desired Outcome
- 3. Toolkit for Successful Conversations Managing Your Body Language Speaking Persuasively Active Listening Asking Questions Probing Techniques
 Choosing the Time and Place
- 4. Framework for Difficult Conversations
 What's Your Purpose? Steps for a Difficult Conversation
 Creating a Conversation Template
- 5. Staying Safe
- 6. Testing the Waters
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

MANAGING PRESSURE AND MAINTAINING BALANCE

When things are extremely busy at work and you have your hands full with many tasks and dealing with difficult people, having skills you can draw on are essential for peace of mind and growth. This course will help participants understand the causes and costs of workplace pressure, the benefits of creating balance, and how to identify pressure points. They will also learn how to apply emotional intelligence, increase optimism and resilience, and develop strategies for getting ahead.

LEARNING OUTCOMES

Apply a direct understanding of pressure points and their costs and payoffs Speak in terms related to emotional intelligence, optimism, and resilience Create a personalized toolkit for managing stressors and anger Work on priorities and achieve defined goals

- 1. Course Overview
- 2. Under Pressure!

Causes and Costs of Workplace Pressure Benefits of Creating Balance Pre-Assignment Review

3. Getting to the Heart of the Matter Identifying Your Pressure Points Creating an Action Plan

Facing Problems Head On Seeking Help

4. Emotional Intelligence

The Seven Human Emotions The Emotional Map Validating Emotions in Others What is Optimism?

Resilience

5. Coping Toolkit

Building the Stress Management Kit Managing Anger Expressing Yourself

6. Getting Organized Working on Priorities Doing It!

- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

MANAGING THE VIRTUAL WORKPLACE

Virtual workers and virtual teams are an essential part of today's workforce. More than ever, people are using technology to work anywhere, anytime.

There are big benefits to today's virtual workplace, but there can be big challenges, too. This course will teach managers and supervisors how to prepare employees for the virtual workplace, create telework programs, build virtual teams, leverage technology, and overcome cultural barriers.

LEARNING OUTCOMES

Create a virtual workplace strategy
Develop, implement, and maintain telecommuting programs Build a virtual team and lead them to success
Plan and lead virtual meetings
Use technology to support your virtual workplace Overcome cultural barriers when leading virtual teams Develop your virtual leadership skills

- 1. Course Overview
- 2. Defining the Virtual Workplace
- Creating Virtual Workplace Programs Building a Virtual Workplace Strategy Pre-Assignment Review
 Setting up Employees for Telework Managing Performance Making Connections
- 4. Technology Tips and Tricks The Latest and Greatest Choosing the Right Tools
- Building Virtual Teams
 The Stages of Team Development Making Connections
 Choosing the Virtual Team Strategies for Success
- Leading Virtual Team Meetings
 Scheduling and Conducting Team Meetings Test Driving
- 7. Working with Cross-Cultural Teams
- 8. Virtual Leadership Strategies Making Connections Debrief
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

MARKETING AND SALES

A small marketing budget doesn't mean you can't meet your goals and business objectives. You just have to be more creative in your marketing tactics. This course will show you how to get maximum exposure at minimum cost. You will learn effective, low- cost, and non-cost strategies to improve sales, develop your company's image, and build your bottom line.

LEARNING OUTCOMES

Recognize what we mean by the term "marketing" Discover how to use low-cost publicity to get your name known Know how to develop a marketing plan and a marketing campaign

Use your time rather than your money to market your company effectively Understand how to perform a SWOT analysis

- 1. Course Overview
- 2. Pre-Assignment Review
- 3. Defining Marketing
- 4. Recognizing Trends
- 5. Doing Market Research
- 6. Strategies for Success

Top Ten Strategies for Success Identifying Opportunities (Part One) Identifying Opportunities (Part Two)

- 7. Mission Statements
- 8. Brochures
- 9. Trade Shows

Why Attend a Trade Show? Preparing for a Trade Show

- 10. Developing a Marketing Plan The P's of Marketing SWOT Analysis A Simple Marketing Plan for Small Budgets
- 11. Increasing Business
- 12. Saying No to New Business
- 13. Advertising Myths
- 14. Networking Tips
- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

MARKETING FOR SMALL BUSINESSES

Marketing is about getting your business known and building your position within the marketplace. Small businesses don't always have a big budget for marketing, so they have to do things a little differently than big businesses in order to grow their presence, increase results, and meet business goals. This course will help small business owners and managers develop their marketing message, create a marketing plan, and apply the right strategies.

LEARNING OUTCOMES

Describe the essential elements of a marketing plan, no matter the size of the business
Apply tools and strategy to create a marketing plan that supports the growth of your small business
Use six steps to create, implement, and review a marketing plan Leverage the best of Internet and social media marketing

- 1. Course Overview
- Marketing for Small Business
 Defining Marketing in the Small Business
 Context

Pre-Assignment Review

3. Elements of a Successful Marketing Message

Your USP

Making Connections Building the Relationship Influence and Persuasion Testing and Revising

- 4. The Marketing Cycle in Small Business Marketing Essentials Stage One: Consumer and Market Analysis Stage Two: Analyzing the Competition and Yourself Stage Three: Analyzing Distribution Channels Stage Four: Creating a Marketing Plan Bringing it All Together Making Connections
- 5. Identifying Marketing Strategies Key Mar-

keting Strategies for Small Businesses
Getting the Most Bang for Your Buck
Making Connections
Top Ten Strategies for Success Identifying
Opportunities (Part One)
Identifying Opportunities (Part Two)
A Simple Marketing Plan for Small Budgets

- Implementing Your Plan
 What is a Marketing Budget?
 Four Rules for Establishing Your Budget
 Managing Your Budget
 Stage Five: Implementing and Evaluating
 Stage Six: Reviewing and Revising
- Internet Marketing Basics What It Looks
 Like Popular Strategies Sharing Messages
 E-mail Marketing What is SEO?
 Leveraging Social Media
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

MARKETING WITH SOCIAL MEDIA

Social media remains an evolving aspect of our daily lives in addition to being a part of our businesses. This course is designed for people who have some familiarity with social media already. Participants will learn to develop a social media marketing plan as a part of their overall marketing strategy, determine who should be on their team, and choose how they will measure what is taking place. In addition, we will explore some of the major social media sites and look at how specialty sites and social media management tools can take their social media marketing to the next level.

LEARNING OUTCOMES

Describe the value of social media to your marketing plan Create and launch a social media marketing plan

Select the right resources for a social media marketing team Define how to use social media to build an internal community Use metrics to measure the impact of a social media plan Manage difficult social media situations

Describe features of some of the key social media sites, including Facebook, LinkedIn, and Twitter Decide whether a blog adds value to a social media plan

Speak about specialty sites and social media management tools

Stay on top of social media trends and adjust your plan as the online world evolves

- 1. Course Overview
- 2. Getting Started What is Social Media? Pre-Assignment Review
- 3. Understanding the Marketing Mix The Five P's and Social Media Exercise Your Muscle
- 4. Developing a Social Media Plan Things to Think About Utilization Guidelines **Expanding Your Digital Presence** What's the Value?
- 5. Building Your Social Media Team Building the Team

The Community

6. Using Social Media to Build Internal Communities

Does it Mean Everyone is Online All the Time?

Make it Work

- 7. Analyzing Your Impact with Metrics Useful Metrics
 - Understanding Metrics Timing is Everything
- 8. Keeping on Top of the Trends
- 9. Damage Control That's Not Good!

Get Smart

- 10. Using Facebook **Getting Started** Building Your Community Taking it Further
- 11. Using LinkedIn LinkedIn Essentials Setting Up Your Account Getting Connected
- 12. Using Twitter **Tweeting** Making it Memorable Using Lists
- 13. Building a Blog Should I Be Blogging? Blog Rules Help People Find You What Will I Write About? Planning Your Blog Vlogs and YouTube
- 14. Using Specialty Sites
- 15. Using Social Media Management Tools
- 16. Launching Your Plan Pulling Everything Together Preparing for Delivery or Upgrade
- 17. Personal Action Plan
- 18. Recommended Reading List
- 19. Post-Course Assessment

OURSE OUTLINE

MASTERING THE INTERVIEW

The interview is one of the key elements of the job search process. As with any skill, we can get better at it with preparation and practice. In this course, participants will explore how to prepare for an interview and become familiar with the types of questions to expect, as well as the questions they should think about asking. They will learn how to prepare for second interviews, testing, and shadowing, as well as how to follow up on their interview sessions.

LEARNING OUTCOMES

Understand the different types of interview questions and how to prepare to answer them

Apply the most effective ways to prepare for an interview, including how to present yourself professionally

Express yourself effectively

Know how to ask for feedback following an interview

- 1. Course Overview
- 2. Understanding the Interview Planning for the Interview The Informational Interview
- Types of Questions
 Ready for Questions Preparing Interview
 Questions
- Getting Ready Question Tips General Tips
- 5. Live and In Person
- 6. Unwinding for the Interview
- Common Problems and Solutions Best Intentions
 Making Connections
- 8. Phase Two
 What to Expect After the Interview
 Being Told "No, Thanks"

- 9. Practice Makes Perfect
- 10. Sealing the Deal Job Offers Resignations
- 11. Getting What You're Worth Negotiating
 Tips and Tricks Keeping Perspective
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

MEASURING TRAINING RESULTS

There are lots of good reasons to offer training, and even more reasons to participate and take training. But there is also an accountability element, where we ask ourselves:

> What was the value of that training? Did we meet the objectives that were set out? Did the training bring about some kind of lasting change in behavior?

In this course, we'll explore the essential elements in evaluating training and measuring results, while creating a process that is simple for trainers and human resource practitioners to implement.

- 1. Course Overview
- 2. Setting the Framework Identifying What You Will Measure Determining How You Are Going to Measure It Designing an Evaluation Strategy to Fit Your Training Needs
- 3. Pre-Assignment Review
- 4. Kirkpatrick's Evaluation Model Methods of Evaluation Evaluating the Evaluation Getting Results by Testing the Program
- 5. The Return on Investment Clarifying Expectations What Training Does Getting the Evaluation Right Cost-Benefit Making Connections Calculating the Return on Investment
- 6. Presenting Training Results Getting Ready Getting It Right Practice Never Hurts
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

LEARNING OUTCOMES

Identify the most effective methods of

training evaluation Describe the steps required in the essential elements of measuring training results Tie training measurements back to the original training objectives Explore the most effective methods to report training results, including a return on investment

MEETING MANAGEMENT: THE ART OF MAKING MEETINGS WORK

Meetings come in all shapes and sizes, from the convention to a quick huddle in an office hallway. This course will be concerned with small working meetings; with groups that have a job to do requiring the energy, commitment, and talents of those who participate.

Members of such a group want to get some kind of result out of their time together: solving problems, brainstorming, or simply sharing information. At its best, such a group knows what it is about, and knows and utilizes the strengths of individual members.

LEARNING OUTCOMES

Understand the value of meetings as a management tool Recognize the critical planning step that makes meeting time more effective Identify process tools that can help create an open and safe forum for discussion Develop and practice techniques for handling counterproductive behaviors

- Course Overview
- 2. The Basics for Effective Meetings
- 3. The Best and Worst of Meetings
- 4. Holding Productive Meetings Keys to Productivity Case Study
- 5. Preparing for Meetings
- 6. Agendas
 - Setting an Agenda In Order
- 7. Setting the Place
- 8. Leading a Meeting
 - Functions of a Leader Making Connections
 - Your Role as Group Leader
- 9. Process and Content
 - Defining Process and Content Rules of Work
 - Meeting Styles Facilitation Skills
- 10. How to Control a Meeting Dealing with Difficult People Mix and Match
- 11. A Plan for Success
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

MOBBING IN THE WORKPLACE

Could mobbing take place in your workplace? There are steps you can take to ensure your organization is mobbing-resistant.

LEARNING OUTCOMES

Identify mobbing and how it differs from individual bullying Know why and how it occurs

Know how it impacts the person targeted and the organization Know what actions to take if you are being mobbed Know how to avoid targeting someone

Know what action to take as an organization to stop mobbing before it starts

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. What is Mobbing? What and Why? Bullying Incidents, Part One Bullying Incidents, Part Two Bullying Incidents, Part Three A Mobbing Scenario Stats More Stats Mobbing Reflection
- 3. Why Do We Turn on Each Other? Hierarchies

Tendencies Influences, Part One Influences, Part Two Influences, Part Three Toxic Workplaces

- 4. Mobbing Hurts How Does Mobbing Hurt? Part One How Does Mobbing Hurt? Part Two Reflection
- 5. How to Deal with Mobbing As the Victim, Part One As the Victim, Part Two Stress Relief

- As a Co-worker, Part One As a Co-worker, Part Two Role Play Activity
- 6. Watch For It What Can Leadership Do? Halting Mobbing Workplace Health Check A Reflection on Your Workplace
- 7. Make Your Own Policy Creating Anti-Mobbing Policies Writing the Educating Staff Implementing and Enforcing Anti-Bullying Policies Pre-Assignment Review Lessons for the Workplace A Plan for Success
- 8. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 9. Course Summary
- 10. Recommended Reading List
- 11. Post-Course Assessment

MOTIVATION TRAINING: MOTIVATING YOUR WORKFORCE

It's no secret that employees who feel they are valued and recognized for the work they do are more motivated, responsible, and productive. This course will help supervisors and managers create a more dynamic, loyal, and energized workplace. It is designed specifically to help busy managers and supervisors understand what employees want, and to give them a starting point for creating champions.

LEARNING OUTCOMES

Identify what motivation is Describe common motivational theories and how to apply them Learn when to use different kinds of motivators Create a motivational climate Design a motivating job

- 1. Course Overview
- 2. What is Motivation?
- Supervising and MotivationWhy is Motivation Important? Identifying Motivators
- 4. Motivational Theories

A Look at Theory

Pre-Assignment Review

5. Setting Goals

Setting Goals with SPIRIT Goal Setting and Goal Getting!

6. The Role of Values

Work Values

What Do We Value In Work? Bringing It All Together

7. Creating a Motivational Climate Behavioral (Reinforcement) Theory

Expectancy Theory

McClelland's Needs Theory

8. Applying Your Skills

Situational Analysis Case Studies

- 9. Designing Motivating Jobs Designing My Job Techniques for Job Design or Redesign A Motivational Checklist
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

NEGOTIATING FOR RESULTS

Negotiating is about resolving differences. People who can master the process of negotiation find they can save time and money, develop a higher degree of satisfaction with outcomes at home and at work, and earn greater respect in their communities when they understand how to negotiate well.

Negotiating is a fundamental fact of life. Whether you are working on a project or fulfilling support duties, this course will provide you with a basic comfort level to negotiate in any situation. This course includes techniques to promote effective communication and gives you techniques for turning face-to-face confrontation into side-by-side problem solving.

LEARNING OUTCOMES

Understand how often we all negotiate and the benefits of good negotiation skills Recognize the importance of preparing for the negotiation process, regardless of the circumstances Identify the various negotiation styles and their advantages and disadvantages Develop strategies for dealing with tough or unfair tactics

Gain skill in developing alternatives and recognizing options Understand basic negotiation principles, including BATNA, WATNA, WAP, and the ZOPA

- 1. Course Overview
- 2. What is Negotiation? Defining Negotiation Types of Negotiation Positional Bargaining Principled Negotiating Phases of Negotiation
- 3. The Successful Negotiator Key Attributes Pre-Assignment Review
- 4. Preparing for Negotiation Getting Started Managing Your Fear Personal Preparation Researching Your Side Case Study Researching the Other Side
- 5. The Nuts and Bolts Preparing Documentation Setting the Time and Place Case Study
- 6. Making the Right Impression First Impressions

The Handshake Dress for Success The Skill of Making Small Talk

- 7. Getting Off to a Good Start Common **Ground Ground Rules**
- 8. Exchanging Information

- 9. The Bargaining Stage Six Techniques for Success Case Study
- 10. Reaching Mutual Gain Getting Rid of Obstacles Overcoming the Obstacles
- 11. Moving Beyond "No" Getting Past No Breaking the Impasse Getting to Yes
- 12. Dealing with Negative Emotions
- 13. Moving from Bargaining to Closing Knowing When to Close Formal vs. Informal Agreements
- 14. Solution Types Possible Outcomes Building a Sustainable Agreement **Getting Consensus**
- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

NETWORKING FOR SUCCESS

Business networking is an effective and efficient way for business people to connect, develop meaningful relationships, and grow their businesses. These achievements don't come through a direct sales approach, however. They come from being interested in helping others, in listening, and in purposefully meeting and introducing people to one another. In this course, you'll learn the essential ingredients for business networking, including in-person, people-centered connections and online spaces such as LinkedIn.

LEARNING OUTCOMES

Introduce yourself in a meaningful, memorable way, even if you've never worked on an elevator pitch before

Be goal focused about networking so that you make the most of events you attend Apply the concept of give first and be helpful as part of a system of reciprocity Use strategy and systems in order to network effectively

Leverage the availability and usefulness of the Internet, including LinkedIn and Twitter

- 1. Course Overview
- Assessing Your Networking Skills Networking Dynamics
 - Are You Committed?
- 3. Identifying Opportunities and Customizing Your Approach
 - Creating Opportunities Customizing Your Approach
- 4. Creating a Positive First Impression Body Language
 - Be a Conduit
 - Pre-Assignment Review Remembering Names
- 5. Your Memorable Intro The Basics Memorability Factor
- Starting the Conversation How To Get Started Conversation Stimulation Growing Skills
 - Plan Your Own Future
- 7. The Handshake
- 8. Business Cards
 Business Card Etiquette In a Pinch

- Handling Tough Situations The Things
 We Say What Others Say Introverts and Extroverts
- 10. Following Up
- 11. Organizing Your Network Contact Management Systems
 Mastering Networking Independent
 Growth
- 12. Leveraging the Internet Using LinkedIn Getting Connected Using Twitter Strong Connections Using Lists on Twitter Using Facebook
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

NLP TOOLS FOR REAL LIFE

Neuro linguistic programming (NLP for short) is all about bringing your unconscious thoughts to the surface, so that you can have real choice over how you interact with and respond to the world.

Once you have a grasp on NLP's basic principles, you might be interested in learning about some tools that can help you do more with NLP. This course will give you some hands-on experience with important NLP techniques, including anchoring, establishing congruency, developing rapport, creating outcomes, interpreting and presenting information efficiently, and even some self-hypnosis techniques.

LEARNING OUTCOMES

Develop a deeper rapport with others

Use anchoring to create a desired state of mind Become congruent with your inner self

Understand and apply basic self-hypnosis techniques Create goals with momentum using NLP's outcome framework Present, interpret, and analyze information using the 7±2 rule and the chunking technique

- 1. Course Overview
- 2. Developing Rapport Defining Rapport Matching and Mirroring Sensory Systems Pacing and Leading Making Connections
- 3. Getting in Tune with Yourself Establishing an Inner Map What Does Congruency Mean for Me? Achieving Congruency
- 4. Creating Comprehensive Outcomes The Elements of a Well-Formed Outcome **Setting Some Personal Outcomes**
- 5. Creating a Desired State Basic Anchoring Techniques Collapsing **Anchors Chaining Anchors Making Connections**

- 6. Chunking Information The 7±2 Rule and the Ladder of Abstraction **Making Connections**
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

COURSE OUTLINE

ONBOARDING: THE ESSENTIAL RULES FOR A SUCCESSFUL ONBOARDING PROGRAM

Did you know that most employees decide to leave a job within their first 18 months with an organization? When an employee does leave, it usually costs about three times their salary to replace them.

You can greatly increase the likelihood that a new employee will stay with you by implementing a well-designed onboarding program that will guide the employee through their first months with the company. This course will explore the benefits of onboarding, show you how to design an onboarding framework, give you ways to customize the program for different audiences (including managers and executives), and demonstrate how to measure results from the program.

LEARNING OUTCOMES

Define onboarding and describe how it is different from orientation Identify the business benefits of onboarding

List the factors that contribute to a successful onboarding program Build a team to create an onboarding program

Prepare a vision statement and goals for an onboarding program

Design a framework for an onboarding program that includes program setup, various types of training, games, progress tracking, and follow-up

Customize your onboarding framework

Identify which metrics you should track to evaluate program results

Create a branded, unique program that will strengthen your company's image and market position

- 1. Course Overview
- Defining Onboarding
 What is Onboarding? Benefits for Your
 Business A Recipe for Disaster
- 3. Creating the Onboarding Steering Team
- Gathering Supporting Information Finding the Processes and People Personal Identification Putting it All Together Vision Summary Sample
- 5. Setting Goals
- Developing the Framework A General Framework Pre-Work
 Creating an Onboarding Plan Template
 Day One Week One Month One
 Semi-Annual and Annual Reviews
- 7. Creating an Onboarding Plan
- 8. Customizing the Framework

- 9. Measuring Results
- Branding the Program
 Making the Onboarding Program All Your
 Own
 - **Branding River Adventures**
- 11. Onboarding Executives
- 12. Understanding Employee Engagement
- 13. Ten Ways to Make Your Program Unique
- 14. Fun and GamesLet's Get Creative!Our Favorite Onboarding Games
- 15. Case Study Analysis
- 16. Personal Action Plan
- 17. Recommended Reading List
- 18. Post-Course Assessment

ORIENTATION HANDBOOK: GETTING EMPLOYEES OFF TO A GOOD START

An effective human resource professional knows that managing employee performance is more than responding to problems, conducting performance reviews, or hiring staff. Performance management begins with an orientation to the organization and the job, and continues on a daily basis as employees are trained and coached.

A thoughtful new employee orientation program, coupled with an employee handbook (or website) that communicates workplace policies, can reduce turnover and those reductions save your organization money. Whether your company has two employees or a thousand employees, don't leave employee retention to chance. Engage them from the moment they are hired; give them what they need to feel welcome, and let them impress you with what they bring to your company.

LEARNING OUTCOMES

Understand how important an orientation program is to an organization Identify the role of the human resource department in the orientation program Recognize how the commitment curve affects both new employees and their managers

Know what companies can do to deliver their promise to new employees Determine the critical elements of effective employee training

Establish the importance of having an employee handbook for new and long-term employees

- 1. Course Overview
- 2. Finding, Hiring, and Keeping Good People
- 3. Building Employee Commitment and Engagement The Four Components Clarity Clarity Exercise Competence Influence Appreciation
- 4. Perception Why Perception is Important Your Perceptions
- 5. Fast-Track Orientation
- 6. Designing a Successful Orientation Program Using Your Experience Mistakes to Avoid
- 7. Characteristics of a Successful Orientation Process
- 8. The Commitment Curve The Big Picture Stages of the Curve Applying the Curve
- 9. Nine Orientation Habits of World- Class

- **Employers**
- 10. Obtaining Buy-In
- 11. Employee Training Preparing Effective Training Addressing Learner Needs and Expectations Learning and Training Styles Building and Sustaining Interest Methodology Case Study
- 12. Adult Learning Principles of Adult Learning Applying the Principles
- 13. Working with External Providers
- 14. Helping People Make Connections Establishing Good Relationships Buddy, Please Help Me Out...
- 15. Creating Employee Manuals
- 16. A Bridge to Onboarding
- 17. Personal Action Plan
- 18. Recommended Reading List
- 19. Post-Course Assessment

OVERCOMING OBJECTIONS TO NAIL THE SALE

If you are like most sales professionals, you are always looking for ways to overcome customer objections and close the sale. This course will help you to work through objectives effectively. We will help you plan and prepare for objections so that you can address customer concerns, reduce the number of objections you encounter, and improve your averages at closing sales.

LEARNING OUTCOMES

Identify the steps you can take to build your credibility Identify the objections that you encounter most frequently Develop appropriate responses when prospective buyers throw you a curve Learn ways to disarm objections with proven rebuttals that get the sale back on track Learn how to recognize when a prospect is ready to buy Identify how working with your sales team can help you succeed

- 1. Course Overview
- 2. Building Credibility
- 3. Your Competition
- 4. Critical Communication Skills Active Listening Powerful Questions
- 5. Observation Skills
- 6. Handling Customer Complaints
- 7. Overcoming Objections What are Objections? Attitude Check! Pre-Assignment Review
- Handling Objections
 Universal Strategies
 Specific Strategies
- 9. Pricing Issues
- 10. How Can Teamwork Help Me?
- 11. Buying Signals
- 12. Closing the Sale
 Closing Techniques

Top Fifteen Activities That Make You Successful at Closing the Sale Sell it to Me

- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

PERFORMANCE MANAGEMENT: MANAGING EMPLOYEE PERFORMANCE

Inspiring someone to be their best is no easy task. Just how do you manage for optimum performance? How do you create a motivating environment that encourages people to go beyond their best? This course will give you some of those skills.

LEARNING OUTCOMES

Understand the role of goal setting in performance management Have tools to help your employees set and achieve goals

Have a three-phase model that will help you prepare employees for peak performance, activate their inner motivation, and evaluate their skills Have a better knowledge of motivational tools and techniques

- 1. Course Overview
- 2. The Shared Management Model
- 3. Setting Goals Setting Goals with SPIRIT Getting Into It
- 4. Phase I (Preparation) Overview Choosing the Right Person for the Job Setting Standards Effective Training Coaching 101
- 5. Phase II (Activation)

Overview

Motivation

- 6. Phase III, Part A (Ongoing Evaluation) Overview Characteristics of Effective Feedback Individual Exercise Accepting Criticism
- 7. Phase III, Part B (Formal Evaluation) Overview Case Study: What Upset John? About Performance Reviews
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

PERSONAL BRAND: MAXIMIZING PERSONAL IMPACT

Abigail Van Buren, the writer of Dear Abby, once said, "There are two kinds of people: those who come into a room with the attitude, 'Here I am!' and those who have the attitude, 'There you are!"

This course is an exploration about the type of impact we want to have in life and work. Participants will consider and define the influence that they can have on their life and work. They will also learn skills for success and how to create those circumstances.

LEARNING OUTCOMES

Speak in terms of the impact and influence that you want to have in life and work Understand your personal style in terms of your personal brand

Develop skill in areas like focus, concentration, and communication to support your brand Build credibility and trust by living your brand

Take ownership of your image, both online and in person

- 1. Course Overview
- Importance of a Personal Brand What's in a Brand? Defining Success Your Personal Brand
- Your Brand Approach to Others Brand Style Assessment Results Tabulation Debrief
- Looking at the Outside
 Dress for Success Business Etiquette How You Sound
- Looking at the Inside
 Developing Focus and Concentration Developing Confidence Confidence Builder
 Making Connections
- Setting Goals
 What Do You Want? Go For It!
 Identifying Dreams and Setting Goals
 Getting Some SPIRIT
 Being Flexible and Resilient
- 7. Networking for Success
- 8. Communication Strategies
 What is Said and What is Heard

- Communication Situations How Do You Rate Your Listening Ability? Active Listening Skills
- 9. Building Your Credibility
- Brand You
 Defining Your Brand
 Designing My Brand
- 11. Living Your Brand
 Getting Started Thinking Out Loud
- 12. Managing Your Social Media Presence
- 13. Having Influence
 Persuasion Techniques Negotiation Techniques Expressing Your No
- 14. Dealing with Challenging People Getting to the Heart of the ProblemThe Three F'sTypes of Difficult People
- 15. Presentations and Meetings Speak, by all Means! Preparing for Meetings
- 16. Personal Action Plan
- 17. Recommended Reading List
- 18. Post-Course Assessment

PLANNING FOR WORKPLACE SAFETY

Beginning with the Organizational Safety Policy, the company's Safety Plan shows that Senior Management takes the commitment to worker health and safety seriously. The safety plan provides a system of policies, procedures and practices to help prevent accidents/incidents, gives workers the knowledge to help them create a safe working environment and outlines a consistent methodology for the company's approach to Health and Safety. It is one of the more important safety documents that a company can produce.

This course will give you the foundation to develop your Organizational Safety Plan and take the next step in building your safety culture.

- 1. Course Overview
- 2. Writing a Safety Plan Elements of the Plan
- 3. Organizational Safety Policy Policy Statement
- 4. Introduction to the Safety Plan Purpose and Expectations of the Safety Plan Responsibilities for Safety
- 5. Communications Plan Considerations in Developing your Communication Plan
- 6. Safety Training **Employee Orientation Deciding Training**
- 7. Incident Response Plan Why Do We Investigate Incidents Incident response Plan Critical Incident Response Plan
- 8. Safety and Health Inspections (With 6S) Safety and Health Inspections 6S
- 9. Safety Audits **Audit Primer**
- 10. Appendix
- 11. Personal Action Plan
- 12. Recommended Reading List
- 13. Post-Course Assessment

LEARNING OUTCOMES

Explain what a safety plan will include Understand and write an Organizational Safety Policy Know the importance of the Introduction to the Safety Plan Develop a basic Communications Plan for a specific accident/incident occurrence Deciding training solutions to common accidents/incidents Understand and explain the importance and structure of Incident Response Plans and Critical Incident Response Plans Understand Safety Inspections and Safety Audits as methods to identify unsafe conditions and apply corrective action Use a 6S Inspection Checklist to conduct a

Brainstorm policies and procedures that you might find in the Appendix of a Safety Plan

6S Inspection

Help your organization write, implement, and review a safety plan

PROBLEM SOLVING AND DECISION MAKING

We make decisions and solve problems continually. We start making decisions before we even get out of bed (shall I get up now or not?). Sometimes, we will have made as many as 50 decisions by the time we leave for work. Despite all the natural decision making that goes on and the problem solving we do, some people are very uncomfortable with having to make decisions. You may know someone who has a hard time making decisions about what to eat, never mind the internal wrestling they go through in order to take on major decisions at work.

Likewise, we've probably all looked at a solution to something and said, "I could have thought of that." The key to finding creative solutions is not just creativity, although that will certainly help. The answer rests in our ability to identify options, research them, and then put things together in a way that works. Having a process to work through can take the anxiety out of problem solving and make decisions easier. That's what this course is all about.

LEARNING OUTCOMES

Apply problem solving steps and tools

Analyze information to clearly describe problems Identify appropriate solutions

Think creatively and be a contributing member of a problem solving team Select the best approach for making decisions

Create a plan for implementing, evaluating, and following up on decisions Avoid common decision-making mistakes

- 1. Course Overview
- 2. Definitions

Defining Problem Solving and Decision Making

Problem Identification

Eight Essentials to Defining a Problem Problem Solving in Action

3. Making Decisions

What it Means Types of Decisions Facts vs. Information

Decision-Making Traps

- 4. Getting Real
- 5. The Problem Solving Model Model Overview

Real Problems Phase One Phase Two Phase Three

- 6. Case Study
- 7. The Problem Solving Toolkit The Basic Tools

The Fishbone

Degrees of Support Creative Thinking

Methods

Methods

Brainstorming and Brainwriting More

8. Aspirinia

Decision Information Individual Action Steps

9. Swotting Up

SWOT Analysis Individual Analysis

- Making Good Group Decisions Working Toward the Decision Avoiding Fatal Mistakes
- 11. Analyzing and Selecting Solutions Selecting Criteria

Creating a Cost-Benefit Analysis

- 12. Planning and Organizing Introduction Follow-Up Analysis Evaluate Adapt, Close, and Celebrate
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

PROCESS IMPROVEMENT WITH GAP ANALYSIS

Charles Kettering, an inventor for General Motors, once said, "A problem well-stated is half-solved." The gap analysis tool can help you define problems and identify areas for process improvement in clear, specific, achievable terms. It can also help you define where you want to go and how you are going to get there.

This course will give you the skills that you need to perform an effective gap analysis that will solve problems, improve processes, and take your project, department, or organization to the next level.

LEARNING OUTCOMES

Define the term "gap analysis" Identify different types of gap analyses Perform all stages of the gap analysis process Create a gap analysis report

- 1. Course Overview
- 2. What is Gap Analysis? Defining Gap Analysis Types of Gap Analyses Making Connections
- 3. The Gap Analysis Process Process Overview Steps One and Two Steps Three, Four, and Five Making Connections
- 4. Supporting Tools The McKinsey 7S Model **SWOT Analysis Five Whys** The Fishbone Diagram Making Connections Debrief
- 5. Creating a Gap Analysis Report
- 6. Test Driving Pre-Assignment Review
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

PROJECT MANAGEMENT FUNDAMENTALS

Project management isn't just for construction engineers and military logistics experts anymore. Today, in addition to the regular duties of your job, you are often expected to take on extra assignments, and to get that additional job done well, done under budget, and done on time.

This course is not intended to take you from a supervisory or administrative position to that of a project manager. However, these topics will familiarize you with the most common terms and practices in terms of working on projects.

LEARNING OUTCOMES

Describe what is meant by a project Explain what project management means Identify benefits of projects

Identify the phases of a project's life cycle

Sell ideas and make presentations related to pitching a project Prioritize projects

Begin conceptualizing your project, including goals and vision statements Use project planning tools

Contribute to creating a Statement of Work

- 1. Course Overview
- 2. Defining Projects and Project Management
- 3. The Role of a Project Manager
- 4. Pre-Assignment Review
- How Can Projects Help Me? The Benefits of Projects

Case Study: Mary Marvelous

6. A Project's Life Cycle

The Life Cycle Stages of a Project

- 7. Selling a Project
 - Tom Peters

The Priority Matrix

8. Creating a Vision

The Vision Process Making Connections

9. Project Goals

Setting Goals with SPIRIT

Your Project's Goals

- 10. Using a Target Chart
- 11. Preparing Your Project
 Project Planning Worksheet
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment
- 15. Laying Out the Project

The Statement of Work Individual SOW

PROJECT MANAGEMENT: ALL YOU NEED TO KNOW

Project management is no longer only for mega projects worth hundreds of thousands of dollars. Small projects can benefit from project management tools. These time tested tools can help you to get that small project done well, done under budget, and done on time. This workshop is not intended for those looking to be certified as project managers but rather for those who complete projects at work from time to time.

In this course, you will gain experience using the most common project management execution tools from Project Tracking Forms, Risk Monitoring Tables to Communications Plans, Change Request Forms, Issues Logs and Lessons Learned Forms. Your small projects will be more successful than ever!

LEARNING OUTCOMES

Understand what is meant by a project.

Know how to use simple tools to keep your project on track and on task while identifying risks.

Be able to develop a simple small project communications plan. Understand simple tools to manage change and issues in your small project. Know how to conduct an effective status meeting.

Be able to close out a project and determine lessons learned.

- 1. Course Overview
- 2. Project Management Review The Project Life Cycle Project Planning Document
- 3. Executing the Plan Keeping on Track Keeping on Task Monitoring Risk
- 4. Communications Plan The Four Components
- 5. Changes and Project Tracking Controlling changes Project Tracking Tools
- 6. Status Meetings and Issues Management Status Meetings Issues Management Status Meeting Exercise
- 7. Closing the Project Closing a Project Lessons Learned Lessons Learned Final Activity
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

PROJECT PLANNING: ALL YOU NEED TO KNOW

Project management is no longer only for mega projects worth hundreds of thousands of dollars. Small projects can benefit from project management tools. Statements of Work, Work and Resource Breakdown Structures and Project Planning documents can help you to get that small project done well, under budget, and on time. This workshop is not intended for those looking to be certified as project managers but rather for those who complete projects at work from time to time.

In this course, you will gain experience using the most common project management planning tools and will completely plan a case study project from Statement of Work through Work and Resource Breakdown, Scheduling and end up with a completed Project Planning Worksheet. Your small projects will be more successful than ever!

LEARNING OUTCOMES

Understand what is meant by a project

Distinguish between a Project Charter and Statement of Work (SOW) Use a SOW to begin project planning

Create a Work Breakdown Structure to determine tasks needed to complete a small project Create a project schedule based on project tasks and resources

Create a Resource Breakdown Structure to determine specific resources needed to complete a small project

Complete a Project Planning Worksheet to act as a touchstone for project completion

- 1. Course Overview
- Project Management Basics The Project
 Life Cycle Project Management
 The Role of a Project Manager Key Project
 Management Skills
- Beginning the Project Planning Project Charter
 Statement of Work
 SOW: Commercial Vegetable Garden
- 4. The Work Breakdown Structure Sample WBS
 - Creating a Work Breakdown Structure
- Preparing a Basic Schedule
 Critical Elements for Success Planning and Scheduling Your Garden Project

- Tips for Increasing Estimation Accuracy
- 6. Resource Breakdown Structure What is a Resource?
 - Resource Breakdown Structure: Commercial Vegetable Garden
- Project Planning Worksheet Planning Worksheet Information Planning Worksheet
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

PROJECT MANAGEMENT TRAINING: UNDERSTANDING PROJECT MANAGEMENT

Project management isn't just for construction engineers and military logistics experts anymore. Today, in addition to the regular duties of your job, you are often expected to take on extra assignments and to get that additional job done well, done under budget, and done on time. This course is not intended to take you from a supervisory or administrative position to that of a project manager. However, this course will familiarize you with the most common terms and the most current thinking about projects.

In this course, we will walk you through the nuts and bolts of project management, from setting priorities to controlling expenses and reporting on the results. You may still have to cope with the unexpected, but you'll be better prepared.

I FARNING OUTCOMES

Understand what is meant by a project

Recognize what steps must be taken to complete projects on time and on budget Have a better ability to sell ideas and make presentations

Know simple techniques and tools for planning and tracking your project Have methods for keeping the team focused and motivated

- 1. Course Overview
- 2. What is a Project?
- 3. Project Management Basics
- 4. Pre-Assignment Review
- 5. How Can Projects Help Me? The Benefits of Projects

Case Study: Mary Marvelous

- 6. A Project's Life Cycle
- 7. Selling a Project

Tom Peters

The Priority Matrix

- 8. Preparing Your Project
- 9. The Role of a Project Manager A Project Manager's Skills Key Skills
- 10. Project Goals
- 11. Laying Out the Project

The Statement of Work Individual SOW Project Planning Worksheet Writing Reports

12. Project Risks

Risk Tolerance About Risks Reducing Risks

- 13. Contingency Planning
- 14. What Really Needs To Be Done? Beginning to Plan

Preparing a Basic Schedule Other Scheduling Factors Scheduling My Project

- 15. The Work Breakdown Structure
- 16. Planning Tools

Two Basic Tools PERT

Gantt Charts

The Network Diagram The Flow Chart

- 17. Budgets
- 18. Teamwork

Why is Teamwork Important? Building a Winning Team

19. Developing Teams

Four Issues to Address with Project Teams Team Development

20. Putting it Into Practice

Decision Information Individual Action Steps

- 21. Communication Tips
- 22. Closing Out a Project
- 23. Team Meetings
- 24. Presentation Primer
- 25. Project Presentations
- 26. Personal Action Plan
- 27. Recommended Reading List
- 28. Post-Course Assessment

PROMOTING A MARKETING WEBINAR

This course focuses on the essential steps to promoting a marketing webinar that connects with your target audience and generates your desired results.

LEARNING OUTCOMES

Define the marketing objectives of your webinar
Create an attendee avatar to connect with your target audience Create and use a lead magnet
Develop a promotion strategy
Explore the potential of a joint venture Create a webinar
marketing calendar

- Course Overview
 Learning Objectives Pre-Assignment
 Pre-Course Assessment
- The Webinar
 What is a Webinar? Why Use Webinars?
 Pre-Assignment Review Your Webinar
 Marketing Objectives
 Marketing Webinars
- 3. The Participant Determine a Participant Profile The Nine-Step Ideal Participant Profile Process Ideal Participant Profile Activity Where Does Your Participant Hang Out?
- Lead Magnets
 What is a Lead Magnet? Creating a Lead
 Magnet
 The Things to Consider When Choosing a
 Lead Magnet Lead Magnet Outline Activity
- Promotion Strategy
 What is Your Promotion Strategy?
 Promo Time Activity Webinar Marketing
 Calendar, Part One
 Webinar Marketing Calendar, Part Two
 Webinar Marketing Calendar, Part Three
 Building Your Calendar

- Joint Ventures
 Successful Joint Ventures Steps to a Successful Joint Venture: Step One
 Steps to a Successful Joint Venture: Step Two
 Steps to a Successful Joint Venture: Step Three
 Joint Venture Activity Joint Venture Promotion Joint Venture Proposal
- Landing Pages
 Creating a Landing Page Long Version
 Landing Page Short Version Landing Page:
 Example One
 Short Version Landing Page: Example Two
 Thank-you Email and Registration Confirmation Your Turn
- 8. Re-Evaluating
 Re-Evaluating First Impressions
- Personal Action Plan
 Starting Point Where I Want to Go
 How I Will Get There
- 10. Course Summary
- 11. Recommended Reading List
- 12. Post-Course Assessment

PROSPECTING FOR LEADS LIKE A PRO

Prospecting is one of the keys to your sales success. Keeping your pipeline full ensures that you will continue to attract new business, and so your success today is a result of the prospecting you did six months ago. Today, you will become skilled at prospecting and learn the 80/20 rule. After today, you will know who to target and how to target them, and commit to do some prospecting every day through warming up cold calls, following up on leads, or networking. You will also build your personal prospecting plan and learn how to ensure your future by planting seeds daily.

LEARNING OUTCOMES

Understand the importance of expanding your client base through effective prospecting

Learn how to use a prospecting system to make you more successful Identify target markets and target companies with the 80/20 rule in mind Develop and practice networking skills at every opportunity

Develop, refine, and execute the art of cold calling

- 1. Course Overview
- 2. Pre-Assignment Review True/False Questions Multiple Choice Questions
- 3. Targeting Your Market Eight Ways to Target Your Market My Target Market
- 4. The Prospect Dashboard Prospect Dashboard Basics Q & A My Prospect Dashboard Planning with the Prospect Dashboard
- 5. Setting Goals
- 6. Why Is Prospecting Important?
- 7. Networking What is Networking? Small Talk
- 8. Public Speaking
- 9. Trade Shows
- 10. Regaining Lost Accounts
- 11. Warming Up Cold Calls

- 12. The 80/20 Rule
- 13. It's Not Just a Numbers Game
- 14. Going Above and Beyond
- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

PUBLIC RELATIONS BOOT CAMP

The field of public relations has changed with the evolution of computers and the speed with which information can spread. However, the need for public relations to be clear, concise, and accurate while being completely appropriate for the situation has not changed. In this comprehensive course, you will learn how to determine the type of information required, to approach PR strategically, create compelling releases, and manage your media relations.

LEARNING OUTCOMES

Apply the different purposes to strategic vs. tactical PR
Design a PR strategy
Develop strong relationships with reporters and journalists
Take your communication skills to a higher level

- 1. Course Overview
- 2. Public Relations

Introduction

Pre-Assignment Review What Public Relations Is All About

- Building Your PR Plan
 Defining Reality Defining the Goal
 Selecting Your Strategy and Tactics
 The Plan
 Getting Down to Business Wisdom Work
- Structuring Messages
 Creating Your Media Image Getting Clear on Your Message Making Connections
 Media Kits

Creating Strong, Positive Messages

5. Establishing Media Guidelines Defining Guidelines

Two Groups are Better Than One Selecting a Spokesperson Approval Process

6. Managing the Media
Building Rapport with Reporters Answer-

ing Tough Questions Speaking in Sound Bites Getting Creative

Options When You Have "No Comment"

- 7. The Press Release
 Before You Start Other Options The Basics
 Give it a Shot
- PR and the Crisis
 Business Continuity and Recovery
 Setting Priorities
 Essential Crisis Plan Elements Exercising
 Options Reviewing and Revising
- 9. Social Media and Public Relations Where It Is

Monitoring Tips and Tricks

- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

PUBLIC SPEAKING: PRESENTATION SURVIVAL SCHOOL

This course will teach you how to manage your thoughts, body language, nervousness, and speech patterns to present yourself professionally. You'll also learn how to present at meetings, use the five-S pattern to prepare a good presentation, and punch up your presentation with visual aids.

LEARNING OUTCOMES

Establish rapport with your audience

Implement techniques to reduce nervousness and fear Understand your strengths as a presenter and how to appeal to different types of people Recognize how visual aids can create impact and attention Develop techniques to create a professional presence Learn some different ways to prepare and organize information Prepare, practice, and deliver a short presentation

- 1. Session One: Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- Session Two: Communication **About Communication Simple** Conversations Simple Conversation Tips
- Session Three: Stop! Check Your Mouth! Speaking Characteristics Gender References Exercise Acronyms and Jargon Tact

Five Good Rules

Number?

What Is Important?

Session Four: What Is Your Type? How About Mine? The Assessment **Identifying Your Characteristics** and Preferences **Ouestionnaire** What Does it Mean to Have a

- People That Are Most Like Me People That Are Least Like Me
- 5. Session Five: Positive Self-Talk Our Thoughts The Steps to Feeling Good Thinking Positively
- 6. Session Six: Rapport **Building Rapport** Making Connections: Self-Disclosure Creating an Introduction
- 7. Session Seven: Maximizing Meetings Four Areas of Opportunity Fifteen Ways to Master a Meeting Mastering Your Meeting Exercise **Learning Names**
- 8. Session Eight: Body Language **Body Language Signals**
- Session Nine: Sticky Situations Are You Comfortable? Dealing with Tough Situations Dressing Up
- 10. Session Ten: I Can Just Send an E-mail, Right? Advantages of an Oral Presentation Oratory Exercise Oratory Exercise: Practice Paragraph
- 11. Session Eleven: Overcoming Nervousness About Nervousness Nervousness Can Have Many Sources Putting Yourself in Con-
 - Mastering Non-verbal Communication
- 12. Session Twelve: The Five S's Five Points for Any Presentation Framework Example Preparing with the Five-S Pattern
- 13. Session Thirteen: Start Writing! Evidence Introductions Following the Opening Statement

Exercise: Beginning a Presentation Transitioning to the Body Example of a Transition in a Presentation **Enhancing Your Presentation** with Stories, Numbers, and Examples Endings Making Connections: Think Fast! Your Fast Thinking Presentation

- 14. Session Fourteen: Audience Profile Preparing an Audience Profile Making Connections: Your Next Presentation
- 15. Session Fifteen: Your Speaking Voice Parts of Your Message **Vocal Variety** Paying Attention to Your Voice Mastering Your Material
- 16. Session Sixteen: Add Punch to Your Presentation The Power of Threes Well Known Tripling Examples Visual Aids Tips for Using Visual Aids More Tips for Using Visual Aids Analyzing Visual Aids Adding Punch Summary Lessons Learned
- 17. Session Seventeen: Your Presentation Preparation Introduction Body Conclusion Presentation
- 18. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 19. Course Summary
- 20. Recommended Reading List
- 21. Post-Course Assessment

PUBLIC SPEAKING: SPEAKING UNDER PRESSURE

This course has been designed for those in positions where they must speak in front of audiences that are hostile or demanding. This material is also suitable for those who are relatively new speakers who want some encouragement to speak up in meetings or who want some training before they begin making presentations on behalf of the organization.

Speaking under pressure, or thinking on your feet, means being able to quickly organize your thoughts and ideas, and then being able to convey them meaningfully to your audience to modify their attitudes or behavior. It applies to formal speeches as well as everyday business situations. It requires presence of mind, goal orientation, adaptation, and judgment. It also requires differentiating between oral and written communications.

This course is aimed at improving your skills and learning some new techniques which will give you the persuasive edge when you are making a presentation, fielding difficult questions, or presenting complex information.

LEARNING OUTCOMES

Apply quick and easy preparation methods that will work whether you have one minute or one week to prepare

Prepare for questions, even before you know what those questions will be Overcome nervousness that you may have when speaking in front of a group, particularly if the group is not sympathetic to what you have to say Use presentation techniques that establish your credibility and get people on your side

- 1. Course Overview
- Getting Started
 What is Speaking Under Pressure?
 Presentation Preparation Evaluations
- Planning
 Preparing to Plan Presentation Preparation Evaluations
- Force Field Analysis
 What is Force Field Analysis? Exercise
 Pros and Cons
- Understanding Your Audience Understanding Your Audience, Part One Audience Profiles Understanding Your Audience, Part Two Finding Common Ground Practical Appli-

cation

- 6. Controlling Your Jitters Overcoming Nervousness Presentation
- 7. Making Your Listener Hear You
- 8. Key Themes
 About Key Themes Practical Application
 Key Sentences
- 9. Key Sentences
- 11. Organization Methods
 Using Time, Place, and Aspect Practical Application
 Two Additional Plans
- 12. Our Body Language
 How the Listener Takes Control The Meaning Behind Our Message
- 13. If You Could Be...
- 14. Beginnings and Endings
- 15. Expanding a Basic Plan
- 16. Presentations
 Preparation Evaluations
- 17. Personal Action Plan
- 18. Recommended Reading List
- 19. Post-Course Assessment

PURCHASING AND PROCUREMENT BASICS

Purchasing and procurement functions are about much more than bringing goods and services into an organization. They are the foundation of strong, collaborative relationships with suppliers. Since many companies source products from around the globe more frequently than ever, a procurement manager needs strong capabilities.

These skills cannot just be learned on the job: they need to be taught. As well, the value of procurement is now recognized as an integral part of cost control within the organization.

In this course, you'll learn the basics of procurement, including what a supply chain looks like, the purchasing cycle, essential tools and strategies for making the best purchasing relationships work, managing bids, and more.

LEARNING OUTCOMES

Describe what a supply chain is

Describe your procurement department's role within the organization

Understand the principles of the purchasing cycle

Apply the steps needed for managing a competitive bid process, from the request for proposals or qualifications through to negotiating the contract

Know what it takes to set up a competitive bid for a contract

Defend your position on why a particular supplier should be selected based on an evaluation

Be responsible for managing supplier performance, including controlling quality and setting and monitoring standards

Apply the tools of the procurement trade, from PC-based applications to cloud-based solutions

- 1. Course Overview
- 2. Supply Chain Management Basics Defining the Terms
- 3. Making Connections
- 4. The Value of Procurement Practice Makes Perfect Pre-Assignment Review
- 5. The Purchasing Cycle
- Researching Your Options Lessons Learned
- 7. Purchasing Toolkit
- 8. Analyzing the Price Six Categories of Cost How Much?
- 9. Analyzing Costs Evaluating Suppliers Evaluation Checklist Negotiation Basics Effective Questions

- Collaboration Techniques The Learning Curve
- 10. Managing Competitive Bids Purchasing Through RFP's and **Tenders**
- 11. Making a Choice Creating a Contract
- 12.
- 6. Cycle Overview Identifying a Need 13. Ethical Considerations Ethical Dilemmas
 - Managing Supplier Performance **Controlling Quality**
 - 15. Setting and Monitoring Delivery Standards
 - 16. Analyzing and Reducing Risk in the Supply Chain
 - 17. Whose Risk Is It Anyway? Agile

Procurement

- 18. A Risk Management Focus
- 19. Managing Internal Relationships Procurement's Role in the Organization
- 20. Spell It Out Making Your Mark
- 21. Cross-Functional Teams Think About It
- 22. Tools of the Trade
- 23. Digital Systems E-Commerce
- 14. Improving Efficiency and Accuracy 24. Tools of the Trade Evaluating Your Department Drawing Conclusions
 - 25. Personal Action Plan
 - 26. Recommended Reading List
 - 27. Post-Course Assessment

RESEARCH SKILLS

In this age of information overload, it can be hard to know where to find good information that you can trust. If you're doing research for an important project, report, or proposal, how do you find information that you can count on?

This course will teach you how to research any topic using a number of different tools. We will start with basic techniques, such as reading, memory recall, note-taking, and planning. We will also talk about creating different kinds of outlines for different stages of your project, and how to move from the outline to actual writing, editing, and polishing. Most importantly, we will talk about how to use all kinds of sources, including a library's Dewey Decimal System, journals, and the Internet.

After you complete this course, you'll be ready to find reliable information on any topic, and turn that information into a compelling, accurate piece of writing.

LEARNING OUTCOMES

Identify the benefits of proper research and documentation Read for maximum information retention and recall

Take effective notes Plan a research strategy

Identify and use various types of research sources Create preliminary and final outlines

Know how to use style guides and be able to identify the most common styles

Document and attribute your work to ensure you don't plagiarize

- 1. Course Overview
- 2. Why Are Research Skills Important?
- Basic Skills
 Reading and Note-Taking Techniques
 PARSE in Action Improving Your Recall
- Planning Your Research Strategy Laying the Groundwork Getting Focused Writing a Draft Outline
- Where to Look and What to Look For Finding Information the Old- Fashioned Way Useful Resources Understanding the Dewey Decimal System
- 6. Researching with the Internet Finding the

Good Stuff Mind Mapping

- 7. Getting Ready to Write
- Putting Pen to Paper
 Writing Basics Documenting Your Sources
 Putting it Into Practice
- 9. Personal Action Plan
- 10. Recommended Reading List
- 11. Post-Course Assessment

RISK MANAGEMENT

Risk management has long been a key part of project management and it has also become an increasingly important part of organizational best practices. Corporations have realized that effective risk management can not only reduce the negative impact of crises; it can provide real benefits and cost savings. The risk management framework provided in this course is flexible enough for any organization. You can apply it to a single project, a department, or use it as a basis for an enterprise-wide risk management program.

LEARNING OUTCOMES

Define risk and risk management

Describe the COSO ERM cube and ISO 31000 Establish a risk management context

Describe the 7 R's and 4 T's that form the framework of risk management activities

Design and complete a basic risk assessment

Determine the appropriate response to risks and create a plan for those responses

Describe the key components of reporting, monitoring, and evaluation of a risk management program

- 1. Course Overview
- 2. Understanding Risk

Pre-Assignment Review Defining Risk and Risk Management **Key Models**

- 3. Risk Management Activities
- 4. Assessing Risk

A Risk Assessment Process Case Study: General Motors (Part One)

- 5. Responding to Risks The Four T's Case Study: General Motors (Part Two)
- 6. Resourcing Controls Identifying and Evaluating Controls Case Study: General Motors (Part Three)
- 7. Reaction Planning

The Worst-Case Scenario Case Study: General Motors (Part Four)

- 8. Reporting and Monitoring
- 9. Reviewing and Evaluating the Framework A Review Checklist Back at Work
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

SAFETY IN THE WORKPLACE

Workplace accidents and injuries cost corporations millions of dollars and thousands of hours lost every year. They also have a profound, often lifelong impact on workers.

Introducing a safety culture into your organization, where safety is valued as an integral part of the business's operation, not only saves the business time and money, it also builds a committed, loyal, healthy workforce. This course will give you the foundation to start building your safety culture.

LEARNING OUTCOMES

Understand the difference between a safety program and a safety culture Use resources to help you understand the regulations in your area Launch a safety committee Identify hazards and reduce them

Apply hiring measures that can improve safety Explain what a safety training program will involve

Identify groups particularly at risk for injury and know how to protect them Help your organization write, implement, and review a safety plan Respond to incidents and near misses Understand the basics of accident investigation and documentation

- 1. Course Overview
- 2. Defining a Safety Culture
- 3. Governing Bodies and Resources
- Getting Started
 Creating a Safety Committee The Safety
 Committee's First Meeting
- Identifying Hazards
 The Hazard Identification Process
 Hazard Identification for the Acme Widget
 Company
- Resolving Hazards
 The Three MethodsHazard Resolution for the Acme WidgetCompany
- 7. Taking Proactive Measures Hiring for Safety Safety Training
- 8. Identifying Groups at Risk
- 9. Writing a Safety Plan

- 10. Implementing the Plan
- 11. Incident Management Case Study Responding to Incidents Documenting Incidents Investigating Incidents Near Misses
- 12. Reviewing the Program
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

SELF-LEADERSHIP

Self-leadership puts together taking responsibility for our outcomes, setting direction for our lives, and having tools to manage priorities. Self-leaders work at all levels of an organization. They are front-line workers in every possible role, middle managers, and CEOs. Self-leaders like Walt Disney and Wayne Gretzky worked hard to achieve their dreams without using the term self-leadership. However, they have clearly demonstrated that being in control of their behavior and results, focus, practice, and learning were necessary to achieve their goals.

Self-leadership requires a commitment from individuals to decide what they want from life and to do what's necessary to get the results they want. This course will help participants internalize the four pillars of self-leadership and to make meaningful, empowered choices while taking action to get where they want to go.

LEARNING OUTCOMES

Define self-leadership and what it means on an individual level

Assume responsibility for your results by understanding who you are, what you want, and how to reach your goals Describe the four pillars of self-leadership Use techniques related to adjusting to change, cultivating optimism, and developing good habits to build your self-leadership

1. Course Overview

- 2. What is Self-Leadership? Defining Self-Leadership Four Pillars of Self-Leadership
- 3. Knowing Who You Are Creating a Personal Vision Statement Identifying Dreams and Setting Goals Getting Goals on Paper Setting Ourselves **Up For Success**
- 4. Change Management
- 5. Knowing What You Do Your Behavior Making Connections
- 6. Motivation for Optimists Motivation from

Within Creating a Motivational Climate The Value of Optimism ABC's of Optimism Pessimism vs. Optimism Adversities

- 7. Using What You Know Our Physical Self Emotional Intelligence
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

SELLING SMARTER

It's no secret that the sales industry continues to change and evolve rapidly. This is an exciting and dynamic profession, although it is often underrated and misunderstood. The back-slapping, high pressure, joke-telling sales person has disappeared. In his place is a new generation of sales professionals: highly trained and well groomed, with the characteristics of honesty, trustworthiness, and competence.

Today's top salespeople are in the business of identifying needs and persuading potential customers to respond favorably to an idea that will result in mutual satisfaction for both the buyer and the seller. They do this in a way which puts the customer first, fully knowing that when they meet the customers' needs, sales will follow.

LEARNING OUTCOMES

Explain and apply concepts of customer focused selling Use goal-setting techniques as a way to focus on what you want to accomplish and develop strategies for getting there

Apply success techniques to get the most out of your work Understand productivity techniques to maximize your use of time Identify ways to find new clients and network effectively

- 1. Course Overview
- 2. Selling Skills

Essential Skills Consultative Selling Customer Focused Selling

- 3. The Sales Cycle
 The Sales Cycle Initiate
 - Build Manage Optimize
- 4. Framing Success

The Power of Your Mind Professionalism

- 5. Setting Goals with SPIRIT!
- 6. The Path to Efficiency
- 7. Customer Service
- Selling More
 Enhancing Your Sales Our Values
 Making Connections
- 9. Ten Major Mistakes

- Finding New Clients
 Finding New Clients Networking
- 11. Selling Price
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

SIX SIGMA: ENTERING THE DOJO

Six Sigma is a set of qualitative and quantitative quality tools that can help a business improve their processes. The efficiency built into the business processes brings about improved profits, confidence and quality. Ultimately this effort is there to ensure customer satisfaction.

The term Six Sigma comes from statistics to indicate that the process outputs fall within three standard deviations from the center (expected value) giving a range of six standard deviations (or 6 sigma- 6 σ). As a result in terms of individual outputs it means you would have 3.4 defects per million items.

This course is designed to introduce students to basic concepts of Six Sigma particularly in continuous process improvement. Various quality tools used in process improvements will be explored as well as the importance of customer relationships. Courses in Lean, quality and teams will provide knowledge on the other aspects of how Six Sigma works. It is a predecessor to studies in Six Sigma Yellow, Green and Black Belt.

LEARNING OUTCOMES

Understand the Basics of Six Sigma.

Describe the seven quality tools to solve process problems. Describe the various quality management tools. Describe incremental and breakthrough improvements and understand the methodologies of continuous improvement projects.

Describe the importance of customer relationships in a quality organization.

- 1. Course Overview
- 2. Six sigma Basics Introduction DMAIC and DMADV?
- 3. Improvement Tools Check sheets and Flowcharts Scatter diagrams and Histograms Pareto Analysis, Control Charts and Cause-and-Effect Diagrams Improvement Tool Activity
- 4. Management Tools for Generating Ideas Brainstorming and Affinity Diagrams Other Idea Generating Techniques
- 5. Continuous Improvement How to Carry Out a Six Sigma Continuous Improvement Project
- 6. Customer Relationships Customer Satis-

faction

Obtaining Customer Feedback

- 7. Customer Relationships **Customer Satisfaction** Obtaining Customer Feedback
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

SKILLS FOR THE ADMINISTRATIVE ASSISTANT

Work is not the only thing that matters in life, but most of us want to take pride in what we do. While we don't have to like the people we work with, or report to, at the very least we should be able to interact positively with them. The biggest influence on our job satisfaction is our relationship with others.

Our work should not be a burden to us and our offices shouldn't be battlefields. We are human beings working with other human beings. This course is about working to the best of your abilities, and encouraging the best in those who work with you, or for you.

LEARNING OUTCOMES

Understand the importance of professional presence on the job Learn how to self-manage to become more effective and efficient

Improve your communications skills, including listening, questioning, and being more assertive Increase your effectiveness in recognizing and managing conflict, and dealing with difficult people

- 1. Course Overview
- 2. Personal Best, Professional Best The Importance of Appearance First Impressions Count!
- 3. Putting Others at Ease
- Distorted Thinking
 Case Study: Angelique's Thinking
 Distorted Thinking
- 5. The Steps to Feeling Good
- Understanding Assertiveness What is Assertiveness? Quiz Evaluation
- 7. Improving Your Assertiveness Skills
- 8. Communication Skills
- Asking and Listening Asking Questions Active Listening
- 10. Non-Verbal Messages
- 11. Writing Skills
 The Four C's Punctuation Pointers Letters and Memos
- 12. Getting Ahead

What Employees Want What Others Want

- 13. Self-Management Self-Management Making Connections Time Management Tips Where Do You Stand? Organizing Your Workspace Being Proactive
- 14. Setting Goals Setting Goals with SPIRIT A Personal Action Plan
- Working as a Team
 Vegetable Head Brainstorming
- 16. Working with Difficult People
- 17. Learning to Say No
 Expressing Your No Making Connections
 Case Studies
- 18. Dealing with Stress
- 19. Personal Action Plan
- 20. Recommended Reading List
- 21. Post-Course Assessment

SKILLS YOU NEED FOR WORKPLACE SUCCESS

There have been a number of studies that identify the key skills that workers need to be successful. Various studies call them different things - critical employability skills, soft skills, or transferrable skills. Regardless of the name, these skills are critical for workplace success. Eight of the most commonly identified skills are: Being a Productive Team Member, Flexibility, Problem Solving, Resourcefulness, Giving and Receiving Feedback, Self-Confidence, Creative Thinking and Emotional Intelligence. Many of us possess one or more of these attributes already and perhaps all of them. Luckily these skills can be improved upon through training.

This course looks to take you from where you are now to a new level of understanding for the key skills that will help to make you successful at work.

LEARNING OUTCOMES

Know your own team member roles and responsibilities. Understand ways to be an effective team member.

Know how it feels to experience change and know your level of change tolerance. Understand ways to be flexible in times of change.

Know what a problem is and ways to approach problem solving. Recognize the self-fulfilling prophecy and its relevance to their work.

Appreciate the variety of behaviors that characterize resourcefulness in the workplace. Identify tips for giving and receiving feedback.

Realize the use of feedback to increase their strengths as leaders in the workplace. Recognize self-confident behaviors in the workplace.

Utilize a three-step process to build your own self-confidence. Apply a number of group methods for creative thinking.

Recount the history of social and emotional intelligence theory.

Define Daniel Goleman's five sets of social and emotional competencies and correlate them to workplace experiences.

- 1. Course Overview
- 2. Being a Team Player Team Member Roles and Responsibilities
- 3. Flexibility Change Exercise Change Tolerance
- 4. Problem Solving What is a Problem? Eight Essentials to Defining a Problem
- 5. Resourcefulness Self-fulfilling Prophecy Characteristics of Resourcefulness
- 6. Feedback Giving and Receiving Feedback
- 7. Self-Confidence

- What Does Self-Confidence Look Like? **Building Self-Confidence**
- 8. Creative Thinking Methods for Creative Thinking Other Methods
 - Creative Thinking Exercise
- 9. Emotional Intelligence History of Social and Emotional Intelligence Defining Social and Emotional Intelligence
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

SOCIAL SELLING FOR SMALL BUSINESSES

Social selling isn't just a fad or the latest approach to selling that businesses need to adopt. It's a result of the massive integration of social media in how we conduct our lives. Sales professionals understand they can connect to and leverage these habits. This course is designed for entrepreneurs and sales professionals to learn how to function in that space.

In this course, we're going to explore how social selling is an essential requirement for sales teams, and how the relationships that are created and nurtured within social media will help you grow and sustain your business. We'll also learn how to apply specific techniques to connect with your audience and potential fans in the social space.

LEARNING OUTCOMES

Describe the attributes of social selling

Explore how social selling can generate results for your small business Apply social selling strategies to create relevance in social media

Understand the power of leveraging different social media platforms in social selling Measure your social selling results

- 1. Course Overview
- Defining Social Selling
 It Is What It Is
 Pre-Assignment Review Getting Clear
- 3. Doing Your Research Who Will You Connect With Why Do You Want to Connect With Them How Will You Connect and Engage? Making It Work
- 4. Building Relationships
 Who Do You Know? Other People's Content Making Connections
- Sharing Content
 Being Relevant
 Helping Your Sales Team Flourish
 Listen and Learn
- 6. Leveraging Technology Diving In

- Social Platforms LinkedIn Social Platforms – Twitter Social Platforms – The Beauty of Pictures Helping Your Sales Team Flourish
- 7. Measuring the Results
 Measuring Social Media Your CRM
- 8. Keep Going Forward Keep Moving
- 9. Making Connections
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

STORY MARKETING FOR SMALL BUSINESSES

Cultures both ancient and modern have strong storytelling traditions. Our brains are wired to share and process information through storytelling. Information presented as a story has the power to inform, influence and motivate.

Story marketing is the process of attracting and engaging customers through story - their story, rather than yours. Instead of the 'buy our product' messages of typical marketing campaigns, story marketing tells the customer story and motivates them to connect with your company as a solution to their problem or a way to a better life.

This course will highlight the essentials of story marketing for your small business: story marketing tools, storytelling basics, and how to write and refine your own story for marketing to your target audience.

- 1. Course Overview Learning Objectives Pre-Assignment
 - Pre-Course Assessment
- 2. Story Marketing Toolkit Which Came First: The Chicken or The Egg? What Does This Have to Do with Story Marketing? The Ingredients The Menu What Is Your Story Idea? Your Inspiration

Pre-Assignment Review Your Toolkit

Toolbox Inventory Activity

Storytelling Essentials What Exactly is a Story? Enter the Story

Ingredients of a Good Story, Part One

Ingredients of a Good Story, Part

Ingredients of a Good Story, Part Three

Identifying a Hero, Challenge, and

Story for Your Brand, Part One Story for Your Brand, Part Two A Story Within a Story Setting Goals The Truth Test Positive vs. Negative

- 4. Connecting with Customers Connecting with Customers, Part One Connecting with Customers, Part Two
 - The Customer Is the Hero, Part One The Customer Is the Hero, Part Two Understanding Your **Customers Brainstorming**
- 5. Refining Your Brand Refining Your Brand Understanding Your Company How Well Do You Know Your Company? Inventory of Key Company Facts Identifying Your Message, Part One Identifying Your Message, Part Two Identifying Your Message, Part Three Not Sure Where to Start? Keywords, Part One Keywords, Part

LEARNING OUTCOMES

Define story marketing

Recognize and use the essential tools of story marketing Understand the basics of good storytelling

Examine ways to connect with your customers Refine your company brand for story marketing Discover and build your own story Polish your story for maximum results

> Two Strengthening Your Brand **Taking Stock**

- 6. Building Your Story Show and Tell, Part One Show and Tell, Part Two Parts of Your Story What About the Villain? Heroes and Villains Plan for Success The Final Stage: Success Consider the Evolution of the Story With This Example Your Story Board Writing Your Story Getting Started Rough Draft
- 7. Polishing Your Story Polishing a Rough Draft, Part One Polishing a Rough Draft, Part Two Color Commentary, Part One Color Commentary, Part Two Adding Color

The Editing Process, Part One The Editing Process, Part Two Editing Checks

- Peer Review, Part One Peer Review, Part Two
- 8. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 9. Course Summary
- 10. Recommended Reading List
- 11. Post-Course Assessment

STRATEGIC PLANNING

If you and the people who work with you don't understand where the company is going, they may all develop their own priorities and actually prevent you from getting where you need to be. Part of getting everyone on board is creating a strategic plan complete with the organization's values, vision, and mission. Then, there's the challenge of bringing these principles to life in a meaningful way that people can relate to. This course will help you describe what you want to do and get people where you want to go.

LEARNING OUTCOMES

Identify the values that support the company Define the vision for the company Write a mission statement that explains what the company's purpose is Complete meaningful SWOT analysis

Apply tools and techniques to create a strategic plan that directs the organization from the executive to the front line

Implement, evaluate, and review a strategic plan

Identify how related tools, such as the strategy map and balanced scorecard, can help you develop a strategic plan

- 1. Course Overview
- Understanding Strategic Planning What it Does

Making Connections Pyramid Structure

- Identifying Our Values
 Pre-Assignment Review Creating Value
 Statements
- Designing Our Vision
 The Vision Process Defining Your Vision
- On a Mission
 Defining Your Mission Statement
 Designing a Mission Statement
- Performing a SWOT Analysis What is a SWOT Analysis? Individual Analyses SWOT Ratings
- 7. Setting Goals
 Fitting into the Plan Goals with SPIRIT
 Getting Into It
- Assigning Roles, Responsibilities, and Accountabilities
 Who Does What and When? Establishing Priorities Problem Solving in Action

- 9. The Full Picture
- Gathering Support
 Who Reviews the Plan and How Putting It
 Into Practice
- 11. Making the Change Getting Ready The Three Phases Insights Control and Change
- 12. How Does It Look? Presenting Your Ideas Creative Considerations
- 13. Getting There Planning for Problems Making it Great Sample Strategy Map Sample Balanced Scorecard
- 14. Mocking Up the Process
- 15. Personal Action Plan
- 16. Recommended Reading List
- 17. Post-Course Assessment

STRESS MANAGEMENT

Today's workforce is experiencing job burnout and stress in epidemic proportions. Workers at all levels feel stressed out, insecure, and misunderstood. Many people feel the demands of the workplace, combined with the demands of home, have become too much to handle. This course explores the causes of such stress, and suggests general and specific stress management strategies that people can use every day.

LEARNING OUTCOMES

Understand that stress is an unavoidable part of everybody's life

Recognize the symptoms that tell you when you have chronic stress overload Change the situations and actions that can be changed

Deal better with situations and actions that can't be changed

Create an action plan for work, home, and play to help reduce and manage stress

- 1. Course Overview
- 2. Defining Stress and How It Affects Us Where Are You Now? Defining and Identifying Stress Ways to Look at Your Stress
- 3. What is Stress About?
- 4. Building a Solid Foundation Taking Care of Your Body and Your Mind Case Study

The "Less Stress" Lessons

- 5. Mental Strategies Changing Ourselves The Triple A Approach
- 6. Stress at Work The Stress Tax Stress Inventory Finding Some Solutions Stress Logging

- 7. Time Management Tips
- 8. Stress at Home Budgeting Basics The Everyday Stuff Organization Tips
- 9. Drainers and Fillers
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

SUCCESSFULLY MANAGING CHANGE

None of us can escape change, therefore it is well worth developing strategies to manage it! Because everyone has to manage change, having tools to help embrace it leads to the best outcomes. Successfully Managing Change includes the stages and pace of change, dealing with resistance, adaptive strategies, approaching change as an opportunity for growth, and more.

LEARNING OUTCOMES

Accept there are no normal or abnormal ways of reacting to change, but that we must start from where we are.

See change not as something to be feared and resisted but as an essential element of the world to be accepted.

Understand that adapting to change is not technical but attitudinal. Change is not an intellectual issue but one that strikes at who you are.

Recognize that before we can embrace the way things will be, we may go through a process of grieving, and of letting go of the way things used to be.

See change as an opportunity for self-motivation and innovation.

Identify strategies for helping change to be accepted and implemented in the workplace.

- Course Overview
 Learning Objectives Pre-Assignment
 Pre-Course Assessment
- What is Change?
 Leading Thinking, Part One Leading Thinking, Part Two Leading Thinking, Part Three Change and Transition
 Self-Reflection Activity The Change Cycle Endings
 Transitions and The Neutral Zone
 Beginnings
- What is Change Management? The Three Phases
 Keep in Mind
 Benefits of Change Management Insights
- 4. The Human Reaction to Change Control and Change Relating to Your Workplace The Four-Room Apartment Your Room Discussion
- 5. The Pace of Change The Trend of Change, Part One The Trend of Change, Part Two The Trend of Change, Part Three Why 20 Per Cent? Who Are You?

- Positive Change Activity
- Dealing with Resistance Understanding Resistance, Part One Understanding Resistance, Part Two Analyzing Successful Change Making Change Stick: Action Planning Making Change Stick: Reinforcement Strengthening a Change
- Adapting to Change
 Adjusting Your Attitude Some Facts about
 Attitude
 Overcoming the Fear of Change Understanding Resiliency Applying the Five Keys
 Pre-Assignment Review Reflection
- 8. Coping with Reactions to Change Stress Management Dealing with the Stress
- Delivering Your Message Delivering a Clear Message Check for Understanding
- Action PlanDeveloping an Action Plan
- 11. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 12. Course Summary
- 13. Recommended Reading List
- 14. Post-Course Assessment

SURVIVAL SKILLS FOR THE NEW TRAINER

Few people choose training and development while they are still in school, and yet there are talented and knowledgeable trainers working in every industry. Some individuals become trainers because they are passionate about sharing their knowledge and about helping people. Others become trainers because their employer asks them to get involved in mentoring, training, or coaching new or existing employees. Trainers also get started when they want to make some changes to their daily activities, but wish to continue contributing to a particular organization or industry.

If you are thinking about becoming a trainer, or have started doing some training already and want to know more about what will help you to become an excellent trainer, this course will help. This course is designed as an exploration of the essential skills that trainers need to develop, and to get you started in the learning process in an interactive and fun environment.

LEARNING OUTCOMES

Understand the essential background for trainers to have Explore how being genuine enhances training Identify the elements of good questions Understand how to apply listening skills Develop rapport building strategies Recognize key skills in a trainer's toolbox and identify skill areas for development

- 1. Course Overview
- 2. What Makes a Good Trainer? Background Information Pre-Assignment Review Adult Learning
- 3. Personal Best, Professional Best
- 4. Being Genuine
- 5. Assertiveness Skills
- 6. Asking the Right Questions Asking Good Questions Probing Pushing My Buttons
- 7. Listening Skills Can You Hear Me? Active Listening Skills What is Said and What is Heard
- 8. Connecting with People Rapport Building

Facilitative Training Do I Have What it Takes?

- 9. Defusing Difficult Participants
- 10. Essentials for Success
- 11. Do's and Don'ts for New Trainers
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

TEAM BUILDING: DEVELOPING HIGH PERFORMANCE TEAMS

Success as a manager is heavily influenced by how well your team operates and what kind of results they achieve. Is your team able to solve problems? Can they resolve conflict? Are they enthusiastic and motivated to do their best? Do they work well together?

This course is designed for students who want to develop their team leadership skills and unleash the talent of their individual team members.

LEARNING OUTCOMES

Identify different types of teams

Build teamwork by recognizing and tapping into the twelve characteristics of an effective team Promote trust and rapport by exploring your team player style and how it impacts group dynamics Recognize the key elements that move a team from involvement to empowerment and how to give these elements to your team

Develop strategies for dealing with team conflict and common problems Understand how action planning and analysis tools can help your team perform better

- 1. Course Overview
- 2. Organizations Today
- 3. Types of Teams
- 4. Team Norms
- 5. The TORI Team Building Model
- 6. A Team's Activities
- 7. The Five Stages of Team Development
 The Five Stages of Team Development
 Nurturing Teams Team Problem Solving
- 8. Characteristics of Great Teams
- 9. Civilized Disagreements and Consensus
- 10. Open Communication
- 11. Clear Roles and Assignments
- 12. Shared Leadership
- 13. Team Player Types What's Your Team Player Type? What Does it Mean To Have a Number? My Team Style The Trust/Relationship Model
- 14. Lateral and Vertical Thinking
- 15. Creative Team Thinking Creative Thinking MethodsBrainstorming and Brainwriting

- Six Thinking Hats
 Favorite Method Selection
- 16. Team Shaping Factors
 The Four Factors The Conference
- 17. Solving Problems
 Problem Solving Model Overview
 Getting Creative Phase One Phase Two
 Phase Three
- 18. Interventions for Team Leaders Problems and Solutions Case Study
- Resolving Conflict
 Ways to Resolve Conflict Resolving Internal Conflict
- 20. SWOT Analysis
 The Meaning of SWOT Case Study
- 21. Developing Team Action Plans Planning ToolsAction Planning Chart
- 22. Personal Action Plan
- 23. Recommended Reading List
- 24. Post-Course Assessment

TELEMARKETING: USING THE TELEPHONE AS A SALES TOOL

Virtually everybody in sales today sells over the phone at least part of the time. Perhaps it is time for you to evaluate how you use the telephone and where it fits into your sales and marketing mix. This course will show you how the telephone can supplement, enhance, and sometimes replace other means of marketing and selling, and how this personal approach can dramatically increase your sales success. We will also talk about how to hone your communication skills, your ability to persuade, and techniques to personalize each sales call.

LEARNING OUTCOMES

Build trust and respect with customers and colleagues Warm up your sales approach to improve success with cold calling Identify ways to make a positive impression Identify negotiation strategies that will make you a stronger seller Create a script to maximize your efficiency on the phone

Learn what to say and what to ask to create interest, handle objections, and close the sale

- 1. Course Overview
- 2. Pre-Assignment Review
- 3. Verbal Communication Being Yourself and Sounding Your Best
- 4. A Service Image To Serve and Delight What You Say and What it Means Planning the Ideal Answer
- 5. Exceptional Things about Telephone Sales
- 6. Building Trust
- 7. It's More Than Just a Phase Phases of Negotiation Types of Negotiation
- 8. Communication Essentials Active Listening Skills Ten Ingredients for Good Communication **Asking Good Questions**

- 9. Developing Your Script The Basic Script Sample Script Making the Script Yours
- 10. Pre-Call Planning
- 11. Phone Tag and Call Backs
- 12. Following Up
- 13. Closing the Sale
- 14. Personal Action Plan
- 15. Recommended Reading List
- 16. Post-Course Assessment

THE ABC'S OF SUPERVISING OTHERS

This course is for people who are new supervisors or who are interested in a supervisory position, as well as those who are team leads or part-time supervisors without a great deal of authority. This course is designed to help students overcome many of the supervisory problems that they will encounter as a workplace leader. Dealing with the problems that a new supervisor encounters isn't easy, but it doesn't have to lead to discouragement.

LEARNING OUTCOMES

Adjust to the supervisor's role with confidence

Develop your skills in listening, asking questions, resolving conflict, and giving feedback to employees

Identify key attitudes that you can develop to enhance your supervisory skills Use time management and planning techniques to maximize your success Develop a technique for giving instructions that are clear and understood Understand the importance of developing good relationships with employees and peers, so you are seen as fair and consistent

- 1. Course Overview
- 2. Pre-Assignment Review
- Making the Transition
 How Will My Role Change? Questions Supervisors Have
- 4. Responsibilities of a Supervisor
- Key Behaviors and Attitudes Building the Right Environment Motivation from Within Committing to Lifelong Learning
- Setting Goals
 Know Where You Are Going Setting Goals with SPIRIT
- 7. Planning for Success
 How Can Planning Help Me? Getting
 Things In Order Mastering E-mail
 Time Management Tips The Parts of a
 Good Plan The Next Steps
- Active Listening Techniques About Active Listening Key Listening Skills
 Tips for Becoming a Better Listener
- Communication Skills
 Questioning Skills Probing Techniques
 Pushing My Buttons

- What Is Said and What Is Heard Managing Our Non-Verbal Messages
- Giving Feedback
 Six Characteristics of Effective Feedback
 Skill Building Receiving Feedback
- 11. Giving Instructions
- Orders, Requests, and Suggestions Defining the Terms
 Making Connections
- 13. Managing Conflict
 The Conflict Resolution Process Breaking
 Down the Process
- 14. Managing Challenging Situations Steps for a Difficult Conversation Case Studies
- 15. Developing Relationships Understanding Your Relationships Establishing Credibility
- 16. Personal Action Plan
- 17. Recommended Reading List
- 18. Post-Course Assessment

THE MINUTE TAKER'S WORKSHOP

No matter who you are or what you do, whether at work or in the community, you are likely involved in meetings. Meetings are costly, whether they are held in a company boardroom or at the local coffee shop. To ensure that meetings are productive and worth the expense involved, three ingredients are necessary: an assurance of closure, a strong chair or leader, and accurate minutes. It has been said that if accurate minutes have not been recorded, then the meeting may just as well not have taken place.

If people can't remember or agree on what actually occurred at a meeting, how can the group effectively accomplish its objectives? After this course, you will understand your role as a minute-taker and the best techniques for producing minutes that include all the essential information needed.

LEARNING OUTCOMES

Recognize the importance of minute-taking

Develop key minute-taking skills, including listening skills, critical thinking, and organization Be able to resolve many of the complaints that affect minute-takers

Be able to write minutes that are suitable for formal meetings, semi formal meetings, and action minutes

Be an efficient minute-taker in any type of meeting Be able to prepare and maintain a minute book

COURSE OUTLINE

- 1. Course Overview
- 2. The Role of a Minute-Taker What is a Minute-Taker? Problems and Solutions
- 3. The Skills of a Minute-Taker Key Skills Listening Skills Critical Thinking Skills Organization Skills
- 4. Meeting Agreements
- 5. Minute Styles Choosing a Style Informal Minutes Action Minutes Formal Minutes
- 6. What Do I Record? **Recording Motions and Resolutions** What to Record
- 7. Techniques for Preparing Minutes Top

Techniques

Writing Minutes Preparing Minutes Editing Minutes

Pre-Assignment Review

- 8. Taking Minutes in an Interactive Meeting
- 9. The Minute Book
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

THE PRACTICAL TRAINER

Most people who call themselves trainers today probably didn't start out to be trainers. They often work in a field where they develop extensive knowledge and then are asked to share what they know. Many trainers have some experience with teaching, writing, or leadership, although they come from nearly every field.

As such, people who work as trainers are often put into difficult situations without much understanding of what training is or how to do it well. We know that being a good trainer is the result of developing skills to bring information to an audience. This information will then engage, empower, and encourage continued learning and development.

This course will give you the skills that you need so that your students not only learn, but also enjoy the process, retain information shared, and use their new skills back in the workplace.

LEARNING OUTCOMES

Recognize the importance of considering the participants and their training needs, including the different learning styles and adult learning principles

Know how to write objectives and evaluate whether these objectives have been met at the end of a training session

Develop an effective training style, using appropriate training aids and techniques Conduct a short group training session that incorporates these training concepts

- 1. Course Overview
- 2. Defining a Successful Training Program **Defining Successful Training** About Audiences Advantages of
- Defining Successful Training
 About Audiences Advantages of Workplace Training

 3. What Makes a Successful Training er? Key Characteristics
 Mistakes and Solutions Stimuling a Readiness to Learn

 4. A Word About Adult Learning
 The Learning Process

 6. Principles of Adult Learning Ming Connections
 The Principles of Adult Learning 3. What Makes a Successful Train-Mistakes and Solutions Stimulat-

 - 6. Principles of Adult Learning Mak-The Principles of Adult Learning **Making Connections**
 - 7. What's Your Type? How About Mine? Assessing Your Preferences What 12. Choosing Training Methods Does it Mean To Have a Number?

- The Experiential Learning Cycle Learning Styles
- 8. Applying the Learning Cycle The Four-Stage Cycle Making Connections Individual Exercise
- 9. Extroverts and Introverts Introversion/Extroversion Survey Case Study
- 10. The Training Process Process in Brief When is Training Necessary? Three Steps to an Efficient Needs **Analysis** Help! I Need a Template!
- 11. Planning Training **Developing Objectives Writing** Objectives Researching Content Planning an Interactive Program
- Training Methods Environmental

- Concerns Individual Exercises
- 13. Designing a Learning Sequence The Model Sample Sequences
- 14. Adding Games The Value of Games Types of Games
- 15. Setting the Climate
- 16. Presentation Skills Telling vs. Showing The Delivery Tips for Stunning Visuals Types of Visual Aids
- 17. Dealing with Difficult Trainees
- 18. On-the-Job Training
- 19. Training Presentations
- 20. Designing Evaluations
- 21. Personal Action Plan
- 22. Recommended Reading List
- 23. Post-Course Assessment

THE PROFESSIONAL SUPERVISOR

With a host of new challenges and responsibilities to tackle, new supervisors need training that helps them adjust to their new role. Learning how to supervise your new employees on a trial and error basis can lead to discouragement. This course can help you overcome many of the problems a new supervisor may encounter, and to set the groundwork for a successful change in your working life!

LEARNING OUTCOMES

Clarify the scope and nature of a supervisory position Learn some ways to deal with the challenges of the role

Recognize the responsibilities you have as a supervisor, to yourself, your team, and your organization

Learn key techniques to help you plan and prioritize effectively

Acquire a basic understanding of leadership, team building, communication, and motivation, and what part they play in effective supervision

Develop strategies for motivating your team, giving feedback, and resolving conflict

- 1. Course Overview
- 2. Adjusting to Your Role A Survival Guide Pre-Assignment Review Making the Transition
- 3. A Supervisor's Responsibilities
- 4. Action-Centered Leadership The Action-Centered Leadership Model

Considering the Possibilities

- **Making Plans** Old Sayings with Staying Power Urgent-Important Matrix Prioritizing Case Study The Elements of Planning Plan
 - ning to Plan
- **Setting Goals**
- Defining Leadership What is Leadership? Brief History of Leadership Stud-The Leadership Formula Case
 - **Studies**
- 8. The Situational Leadership Model 13. Motivating Employees

- About Leadership Understanding Your Comfort Zone
- 9. What's Your Type? How About Mine? Assessing Your Preferences What Does it Mean To Have a Number? 15. Training Tips and Tricks Debrief
- 10. Team Building Tips What is a Team? Advantages and Disadvantages of Teams
- 11. Developing a High-Performing Team The Five Stages of Team Develop-How Can I Help? Team Problem Solving Team Leadership
- 12. Communication Skills Defining Communication Communication Barriers Active Listening Skills Questioning Skills **Probing Techniques**

The Communication Process

- To Motivate or Instigate Making Connections
- 14. Orientation and Onboarding The First 48 Hours
 - How Did Your Orientation Rate?
- **Guidelines for Effective Training** Developing Your Training Skills
- 16. Providing Feedback Six Characteristics of Effective Feedback Skill Building Receiving Feedback
- 17. Doing Delegation Right What is Delegation? Defining Delegation **Making Connections**
- 18. Dealing with Conflict The Conflict Resolution Process The Problem Solving Process The Conference
- 19. Managing Disciplinary Issues
- 20. Personal Action Plan
- 21. Recommended Reading List
- 22. Post-Course Assessment

TIME MANAGEMENT

Time is money, the saying goes, and lots of it gets lost in disorganization and disruption. We also deal with a constant barrage of technology, people, and tasks that can contribute to that disorganization. Many people find that they flit from one task to another, trying to get everything done, but often falling short. You will learn how to make the most of your time by getting a grip on your workflow and office space, using your planner effectively, and delegating some of your work to other people.

In this course you will learn how to make the most of your time by getting a grip on your workflow and office space, using your planner effectively, and delegating some of your work to other people.

LEARNING OUTCOMES

Better organize yourself and your workspace for peak efficiency.

Understand the importance of, and the most useful techniques for, setting and achieving goals. Plan and schedule your time efficiently. Learn how to set priorities.

Discover the ingredients for good decision-making. Learn what to delegate and how to delegate well.

Take control of things that can derail your workplace productivity. Create order and get organized. Manage your workload.

- Session One: Course Overview Learning Objectives Pre-Assignment
- Pre-Course Assessment
 2. Session Two: What Is Time Management?
- Pre-Assignment Review
 Why Time Management Is Important, Part
 - Why Time Management Is Important, Part Two
- Session Three: Setting Goals Goals and Targets
 Setting SMART Goals, Part One Your Own SMART Goals
- Session Four: Planning Tips and Tricks
 Planning Tools
 Case Study, Part One Case Study, Part Two
 Case Study, Part Three Case Study Questions
- 5. Session Five: Setting Priorities Prioritizing Your Tasks Matrix Overview, Part One Matrix Overview, Part Two Your To-Do List

- Managing Interruptions and Distractions Tips for Controlling Disruptions, Part One Tips for Controlling Disruptions, Part Two
- Session Six: Making Decisions
 Eight Ingredients for Good Decision Making
 - Weighing the Pros and Cons
- 7. Session Seven: Delegating Assigning
 Tasks, Part One Assigning Tasks, Part Two
 Assigning Tasks, Part Three Guidelines for
 Success
 - The Story about Everybody, Somebody, Anybody, and Nobody Case Study: What Should Sheila Do? Case Study: What Should Sheila Do?
- 8. Session Eight: Scheduling Organize Your Time Creating a Schedule
- Session Nine: Putting an End to Procrastination
 Eating the Frog, Part One Eating the Frog, Part Two

TIME MANAGEMENT

COURSE OUTLINE CONT'D

10. Session Ten: Creating Order Decluttering, Part One Decluttering, Part Two Making Connections Organizing Your Work Area and Your Paperwork, Part One

Organizing Your Work Area and Your Paperwork, Part Two

Guidelines for Keeping a Piece of Paper

11. Session Eleven: Organizing Your Files Sorting Based on File Type

File Categories Electronic Files

The Batching Technique

12. Session Twelve: Managing Your Workload Managing Email, Part One Managing Email, Part Two Tips

for Tackling Your Email

Case Study: Mary Marvelous, Part One Case Study: Mary

Marvelous, Part Two

Workload Analysis

The 168-Hour Plan, Part One The 168-Hour Plan, Part Two The 168-Hour Plan, Part Three

- 13. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 14. Course Summary
- 15. Recommended Reading List
- 16. Post-Course Assessment
- 17. Course Completion

TOUGH TOPICS: TALKING TO EMPLOYEES ABOUT PERSONAL HYGIENE

As a manager, you're probably used to dealing with tough situations: employees who insist on being late, team members who miss deadlines, and staff members who can't get along. But conversations about an employee's personal appearance are a whole different ball game. It's something that we often avoid talking about, or worse, make light of.

This course has two major themes. First, we'll give you a framework for having those tough conversations. We'll also give you some guidelines for customizing that framework for your organization. Then, we'll look at some common tough conversations that come up, including body odor, flatulence, poor clothing and hair decisions, and bad breath.

You'll walk away well prepared for any kind of challenging conversation.

LEARNING OUTCOMES

Identify the advantages to having tough conversations

Describe the components to an effective behavior modification conversation Use your organization's resources to help you deal with hygiene issues Overcome barriers that employees put up when discussing hygiene problems Resolve hygiene issues such as bad hair days, inappropriate piercings and body art, poor clothing choices, bad breath, body odor, excessive gas, and incontinence.

Nip poor hygiene habits in the bud

Identify ways to encourage good hygiene at your workplace

1. Course Overview

- 2. Let's Talk About It!
- Guidelines for Difficult Conversations
 A Step-by-Step Guide Getting the Facts Making Connections
- 4. Overcoming Objections Common Barriers Making Connections
- 5. Bad Hair Days (And Weeks... and Months...)
- 6. Addressing Piercings and Body Artwork
- 7. Helping Employees Dress for Success
- 8. Bad Breath
- 9. Body Odor
- 10. Gastrointestinal Issues
- 11. Bad Habits
- 12. Putting it into Practice
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment

OURSE OUTLINE

TRADE SHOWS: GETTING THE MOST OUT OF YOUR TRADE SHOW EXPERIENCE

Most companies spend huge amounts of time and money designing, construction, outfitting, transporting, and setting up their trade show booth. This course aims to have you understand some of the basic skills that would allow you to get the most out of your trade show experience. The workshop will start by looking at who attends trade shows and why they are there. It will explore a number of things that should be done before the show even starts, including setting trade show goals, understanding your company, and developing good trade show introductions. It will then look at trade show etiquette and skills emphasizing active listening, body language and questioning. A special emphasis will be placed on conducting prospecting. The workshop will end with an exploration of the follow-up necessary after the show. This course will highlight basic skills that should allow you to generate more leads, prospects and especially qualified prospects at your next trade show.

LEARNING OUTCOMES

Understand the types of people that attend trade shows

Develop trade show goals, which are S.M.A.R.T. - Specific, Measurable, Achievable, Relevant and Time-bound.

Know what your company does (products, marketing strategy, your customers) in order to work successfully in the trade show booth

Realize the importance of good conversation from the opening lines of introduction to the closing of the conversation, hopefully with a potential sale. Develop a variety of introductions that could be used to engage potential customers at a trade show.

Understand the importance of Pre-Promotion to the success of the trade show. Realize the importance of targeted promotional giveaways.

Understand the importance of good booth behavior including Active Listening, Body Language, and Questioning.

Conduct prospecting activities at a trade show, including First Contact, Qualification, Determining Needs, and Closing the Deal

Develop and conduct follow-up activities with leads, prospects, and qualified prospects after the trade show.

- 1. Course Overview
- 2. Lay of the Land Setting the Stage Pre-Assignment Attendees
- 3. Setting Trade Show Goals Knowing Why You Are There -It Matters
- 4. Before the Trade Show Know what Your Company Does Making a good Impression Promotions
- 5. During the Trade Show Basic Trade show Etiquette Active Listening

Body Language Basics Asking questions

Probing techniques

Paraphrasing Techniques

- 6. Prospecting **Qualification Determining Needs** Other Things to do While at the Show
- 7. After the Show Following up on Leads Following up on Prospects Following up on Qualified Prospects
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

COURSE OUTLIN

TRAINING WITH VISUAL STORYTELLING

Training is constantly evolving, just as the needs and desires of learners are constantly changing. This course is for trainers who are ready to make their training stronger, more memorable, and more engaging for learners by using visual storytelling and graphical techniques to create better learning experiences that lead to better retention.

LEARNING OUTCOMES

Describe how storyboarding leads to better training results Apply storyboarding techniques to create a strong foundation for training Design training that uses storytelling to make it memorable, compelling, and relevant to the audience

Evaluate technology tools to determine what will create the best learning experiences needed for adequate training

- 1. Course Overview
- How Storytelling Can Boost Your Training Power Setting the Stage Pre-Assignment Review
- The Elements of a Powerful Story Identifying Your Audience Defining the Story's Purpose Developing the Story's Content
- 4. Storyboarding Techniques Storyboarding the Old-Fashioned Way Storyboarding with Apps Collaborating with Others
- Bringing the Story to Life Graphic Design 101 Going Beyond the Basics
 Choosing the Right Medium for Your Message
 Making Connections Being Presentable
 Taking Your Visual Storytelling to the Next Level
- Tools and Technology
 Software Tools eLearning Approaches Gamification
 - Relying on Technology
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

TRANSGENDER EMPLOYEES: CREATING AN INCLUSIVE WORK COMMUNITY

A safe, inclusive workplace in many jurisdictions is not just the law; it is a goal of every employee and company that values the contributions, well-being, and productivity of everyone in the organization. In society today, individuals are of many personal communities. In addition to heterosexual or 'straight' there is also LGBTQ2S - Lesbian, Gay, Bisexual, Transgender, Queer, and 2S, for two-spirited: an aboriginal concept of two sexualities within one body. Trans, however, refers to gender identity, whereas the other terms describe sexual orientation. The importance of understanding terms of identification is critical to creating and maintain a safe workplace.

Transgender Employees: Creating an Inclusive Community is a course to introduce the importance and elements of safe inclusive workspaces for transgender people - those identifying as one gender but born into the body of the opposing gender. This course will offer an introduction to terminology, elements, policies, and resources to build and sustain a safe, inclusive environment for transgender employees and increase the comfort level and productivity off all in your organization.

LEARNING OUTCOMES

Understand the importance and history of inclusivity in the workplace Increase your understanding of the transgendered experience Explore and address personal and societal biases, misconceptions, and choices Identify and implement elements to support a safe inclusive workplace

- 1. Course Overview
- 2. Overview of Transgender People in the Workplace

Introduction

Pre-Assignment Review Making connections Importance of Transgender Inclusivity

History of Transgender People in the Workplace

Inviting Transgender Inclusivity

- 3. Beliefs and Attitudes
 - Know Your Bias Own Your Reality Making Connections
 - Challenging Prejudice Naming the Problem Challenging the Problem Why Do This?
- 4. Power of Language Pronouns and Gender Identity

- 5. Safe Spaces
 - Setting a Goal for Safe Spaces Verbal and **Emotional Environment** Physical Environment
- 6. Inclusive Community Being an Ally
 - Elements of an Ally Steps and Progress
- 7. Resource Location and Development Importance of Resources Internal Resources Workplace Human Rights Policy Policy Roadmap
- 8. Personal Action Plan
- 9. Recommended Reading List
- 10. Post-Course Assessment

USING ACTIVITIES TO MAKE TRAINING FUN

A study of adult educators conducted by Pennsylvania State University doctoral student David Tanis found that playfulness creates a learning environment of "fun, enjoyment, and laughter," and that their students notice cognitive gains in terms of "engagement, retention, and understanding."

Ways to incorporate playfulness into the training classroom include the use of games and other activities, along with humor, which will be explored in this course.

Purposeful, well-thought out, and engaging activities in a training course can help learners apply new skills and knowledge, as well as retain that information in a meaningful way, while meeting learning objectives.

LEARNING OUTCOMES

Understand how training can include the use of activities Explore different types of games

Identify methods to elicit participant buy-in Apply humor principles in adult learning Troubleshoot when activities go badly Develop your own activities

- Course Overview
 Course Overview Learning Objectives
 Pre-Assignment
 Pre-Course Assessment
- Let's Have Some Fun!
 The Four Steps in Experiential Learning
 The Principles of Adult Learning Learning
 How to Drive
 - The Value of Games Tips for Success Making Connections
- Getting Everyone on Board Getting Buy-In Learning From the Truly Greats and Big Mistakes
- 4. Choosing the Right Activity Types of Activities Facilitator Responsibilities Dealing with Reluctant Participants
- 5. When Activities Go Badly Troubleshooting Activities Difficult Situations
- Using Humor in Training Tips on Using Humor

- 7. Balancing Act
 Balancing Act Activity Making Connections
- 8. Quick and Easy Games Why These Games? Hot Potato Passing Introductions The Orange
- Creating a Game
 Game Design
 Game Design Worksheet
- 10. Course Summary
- 11. Recommended Reading List
- 12. Post-Course Assessment
- 13. Personal Action Plan

WOMEN AND LEADERSHIP: OWNING YOUR STRENGTHS AND SKILLS

Women have a long-standing history in the workforce, in all roles from front-line worker to visionary founder, influential behind-the-scenes patron to front-and-center CEO. As women, however, what are the influences, barriers and benefits to our leadership? Do we use or even acknowledge our strengths and skills? This is a time of great change in the workforce, in part because of the increase in numbers and influence of women in the workplace. Flex time, daycare and caregiver support, and telecommuting are a few examples of workplace initiatives that benefit everyone, but evolved primarily due to the roles and influence of women who are often juggling multiple home, workplace, and community responsibilities. However, there are some areas in which women could still be more visible and vocal.

This course will explore the history of women in the workforce and offer personal opportunities for exploration, identification, and development of leadership strengths and skills.

LEARNING OUTCOMES

Understand a brief history and evolution of women and leadership Recognize barriers to women's leadership and how to handle them Learn how to use barriers to create benefits Define Social and Emotional Intelligence and understand its importance in workplace leadership

Understand the importance of Self-Awareness in identifying and owning your own strengths and skills.

Develop a basic vision and brand for your leadership Understand the essential leadership skills for women Examine steps and skills to good decision making Create your own Workplace Philosophy Statement and Action Plan

- 1. Course Overview
- 2. Women and the Workforce Learning from our History
- 3. Barriers and Benefits to Women's Leadership Barriers vs. Benefits Improving Self-Management through Reflection
- 4. Social and Emotional Intelligence Defining **Emotional Intelligence**
- 5. Self-Awareness **Understanding Self-Awareness**
- 6. Developing Leadership Awareness and Brand Personal Inventory Creating and Selling Your brand Making Connections

- Selling and Screening your Brand and Ideas
- 7. Leadership Skills Identifying Relationship Skills Identifying Leadership Skills
- 8. Making Good Decisions Ingredients of a good Decision Good Decision - Poor Decision Decision Wheel Method
- 9. Creating Your Workplace Philosophy Philosophy Statement
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

COURSE OUTLINE

WORKING SMARTER: USING TECHNOLOGY TO YOUR ADVANTAGE

Rudeness in the workplace is increasing to the level that universities are studying it. Everyone is busy, everyone is stressed, and most people take it out on their colleagues at one time or another. We've all been in a situation where we need to print something ASAP and someone has left the printer jammed, or we need coffee and the coffee pot is empty. Technology is supposed to make life easier and simpler, but most managers find themselves cleaning up the messes caused by too many gadgets. This course will show you how to leverage technology to work smarter, not harder.

LEARNING OUTCOMES

Make your workplace a technology-friendly place

Make the most of computers, telephones, instant messaging, e-mail, contact management applications, and scheduling software

Communicate better with the IT department Make the best software and training choices Set an IT budget

Set expectations and responsibilities for security and privacy Keep employees safe and healthy Develop and implement a system usage policy Implement policies for dealing with company property Decide whether or not employees should telecommute Make telecommuting work Deal with workplace rage Address technological issues

- 1. Course Overview
- Making Your Company a Technology-Friendly Place
 Tips and Tricks
 Acme Consulting, Part One
- 3. Conquering Computers
- 4. Communicating with the IT Department
- Choosing Software Wisely The Three-Step Process

Acme Consulting, Part Two

- Technical TrainingTypes of Training Training Tips
- Setting an IT Budget Budget Basics The Shrinking Budget
- Security and Privacy
 An Employee's Rights
 Doing Your Part
 An Employer's Rights
- 9. Uncontrolled vs. Controlled Networks
- 10. Ergonomics What is Ergonomics? Stretch!
- 11. System Usage Policies
 What is a System Usage Policy?

- Sample Internet, E-Mail, and Computer Usage Policy Acme Consulting, Part Three
- 12. Taking Care of Company Property Basic Rules of Etiquette Making Connections
- 13. Time-Saving ToolsE-Mail Applications Tips and TricksE-Mail Etiquette Scheduling ApplicationsContact Management Applications
- 14. Telephone Etiquette
- Instant Messaging
 Instant Messaging Etiquette Understanding Acronyms
- 16. Telecommuting What is Telecommuting? Preparing for Telecommuting To Telecommute or Not to Telecommute
- 17. Workplace Rage
- 18. It's Not Working!
- 19. A Policies and Procedures Checklist
- 20. Personal Action Plan
- 21. Recommended Reading List
- 22. Post-Course Assessment

WORKING WITH THE MEDIA: CREATING A POSITIVE WORKING RELATIONSHIP

The media is more widespread and pervasive than it's ever been and its reach is growing all the time. Depending on your line of work or hobbies, or just a plain twist of fate, you could end up being the answer part of a question and answer session with a member of the media.

It's easy to become nervous or tongue-tied when being in this situation. Plenty of people get distracted when they consider that what they are saying could very soon be on some news organization's website or Twitter feed.

Being uneasy is perfectly understandable, but you can learn to deal with the media, on a one-off basis, or as a recurring situation. This course will give you the tools you need when dealing with the media and putting your best foot forward without putting your foot in your mouth.

LEARNING OUTCOMES

Prepare for an interview Be interviewed successfully Craft a media statement Develop and issue a press release Understand libel and slander Develop a media package Understand various media outlets Build relationships with the media

- 1. Course Overview
- 2. Being Interviewed As a Citizen As a Media Spokesperson
- 3. Providing Information to the Media Security of Information and Files Attribution Different Types of Media
- 4. Developing a Media Package Bios Company History Headshots, Logos, Graphics, Stats, Video/Audio Clips Contact Details
- 5. Press Releases Release Information **Contact Information** Date of Release **Template**

- Points of Distribution
- 6. Developing Media Relationships Professional vs. Personal Media Contact Lists Providing Tips/Story Ideas to Media Who to Choose
- 7. Personal Action Plan
- 8. Recommended Reading List
- 9. Post-Course Assessment

COURSE OUTLINI

WORKPLACE ERGONOMICS: INJURY PREVENTION THROUGH ERGONOMICS

The human body is a fragile system, and we put many demands on it every day. Activities like reaching to get supplies off of a shelf, sitting in front of a computer for hours every day, and moving heavy products around the shop can all take a toll on our bodies. In this course, you will learn how to make your environment as ergonomic as possible in order to make daily tasks easier on your body and mind.

LEARNING OUTCOMES

Define ergonomics and its related terms

Identify where to get ergonomics information for your region Identify how ergonomics can be incorporated into your workplace

Assess your environment for ergonomic hazards, create ways to resolve those issues, and plan for implementation

Review and evaluate your ergonomic efforts Use change management techniques effectively Describe the basic principles of ergonomics

Outline ergonomic practices for sitting, standing, lifting, carrying, pushing, and pulling Design an ergonomic workstation

Identify important ergonomic features of tools and machines

Understand the role that environmental factors (such as sound, air quality, and light) play in ergonomics

- 1. Course Overview
- Getting Started
 What is Ergonomics? Legislation and Regulatory Bodies
- 3. The Role of Ergonomics in Your Workplace A Plan for Everyone Case Studies
- 4. The Ergonomic Assessment Cycle
- Identifying and Assessing Ergonomic Hazards How to Identify Ergonomic Hazards An Assessment Toolkit Case Study: The Acme Widget Company
- Developing a Plan to Address Ergonomic Issues
 - Three Key Methods Categorizing
- 7. Identifying and Implementing Solutions
 Where to Find Ideas? Making Connections
- Obtaining Employee Buy-In Change Management 101
 Insights

- 9. Tips for Successful Implementation
- 10. Reviewing Your Ergonomics Program
- 11. Basic Ergonomic Principles
- Optimal Sitting and Standing Best Practices for Sitting Best Practices for Standing Identifying Areas for Improvement
- 13. Safe Lifting and Transporting Lifting Safely Transporting Materials Safely
- Ergonomic Workstations Overview Making Connections
- Safe Tool Selection and Use Safe Tool Design Making Connections Vibration Considerations
- 16. Creating an Ergonomic Environment See the Light! Breathe the Air! Hear the Sounds!
- 17. Bringing It All Together
- 18. Personal Action Plan
- 19. Recommended Reading List
- 20. Post-Course Assessment

WORKPLACE HARASSMENT: WHAT IT IS AND WHAT TO DO ABOUT IT

Harassment complaints can be costly to businesses but financial repercussions are not the only reason why workplaces need to be proactive when it comes to preventing harassment. This course will provide the information needed to understand, help prevent, and deal with harassment in the workplace.

LEARNING OUTCOMES

Explain what is acceptable behavior in the workplace and what is not, and why Apply the benefits of harassment training

Define the various types of harassment, including sexual harassment Assist in creating a harassment policy

State some ways to prevent harassment and understand what role you can play Demonstrate some ways to protect yourself from harassment

Know what to do if you are harassed or accused of harassment

Understand the complaint process, from the complaint to the reply, to mediation or investigation, to a solution

Identify situations where mediation is appropriate, and understand how mediation works in those situations

Describe appropriate solutions for a harassment incident Know what to do if a complaint is false Help your workplace return to normal after a harassment incident

- 1. Course Overview Learning Objectives Pre-Assignment Pre-Course Assessment
- 2. Defining Harassment What is Harassment? Defining Harass-

What is Harassment? Types of Harassment

What is Harassment? Legal Definitions What is Harassment? Summary Reasonable Man/Reasonable Woman

3. Defining Sexual Harassment What is Sexual Harassment? The Three Elements

What is Sexual Harassment? Types of Harassment

What is Sexual Harassment? Behavior Categories

What is Sexual Harassment? Questionable Scenarios

Is This Harassment?

- 4. The Purpose of Training Why is Training Important?
- 5. Creating a Harassment Policy Key Policy Points Writing the Policy The Complaint Procedure Educating Staff Monitoring the Policy
- 6. Other Prevention Strategies Making Connections
- 7. Nipping it in the Bud Your Role as a Manager Making Connections
- 8. Protecting Yourself Minimizing Your Risks Key Strategies
- 9. What If It Happens to Me? What Works and What Does Not? Part One What Works and What Does Not? Part Two Saying No
- 10. What If It's Happening to Someone Else? What's Really Happening?

WORKPLACE HARASSMENT: WHAT IT IS AND WHAT TO DO ABOUT IT

COURSE OUTLINE CONT'D

 Someone Has Filed a Complaint Against Me!

Steps to Take

- 12. Addressing a Complaint Steps to Take
- Handling False Complaints About False Complaints
- 14. Mediation

Basics of Mediation: About Mediation Choosing a Mediator, Part One Choosing a Mediator, Part Two The Mediation Process: Step One

The Mediation Process: Step Two The Mediation Process: Step Three How to Document Mediation

15. Investigating a Complaint Setting up the Investigation: When to Investigate Setting up the Investigation: Choosing the Investigator Setting up the Investigation: The Investigation Plan

The Investigation Process: Gathering

Evidence

The Investigation Process: Witness Evidence, Part One The Investigation Process:

Witness Evidence, Part Two

The Investigation Process: Documents The Investigation Process: Location Evidence

The Manager's Role During the Investigation

The Investigation Report: Creating the Report

Who Should See the Report? What Information Should Be Shared?
Who Should Share This Information With

Who Should Share This Information With the Recipients?

- 16. Making the Decision Who Makes the Decision? When Should a Lawyer Be Involved?
- 17. Creating Solutions
 To Fix or To Punish?
 Outcomes for the Complainant Outcomes
 for the Respondent Changes in the Organization
- After It's Over
 Getting Back to Normal Maintaining Records
- Skill Application
 Task Preparation Case Study

Stage 1

Stage 2

Stage 3

Stage 4

- 20. Personal Action Plan Starting Point Where I Want to Go How I Will Get There
- 21. Recommended Reading List
- 22. Post-Course Assessment

WORKPLACE HEALTH AND SAFETY: THE SUPERVISOR'S ROLE AND RESPONSIBILITIES

This course aims to provide an understanding of the supervisor's role in organizational health and safety. It will explore the requirements of due diligence, the rights of workers, supervisor and worker health and safety requirements, employee competency, and the role of Health and Safety Committees. The course will also look at the supervisor's roles in hazard identification and control, accident reporting and investigation and the importance of communicating health and safety information.

This course will highlight the most important aspects of the supervisor's role so that they can participate effectively in health and safety responsibilities and work towards the continual improvement of health and safety performance in their organization.

LEARNING OUTCOMES

Understand the employer's responsibility to display due diligence for organizational health and safety

Know and understand the three rights of workers

Identify the responsibilities and roles of supervisors and workers in organizational health and safety

Realize the role of the Health and Safety Committee in organizational health and safety Identify the responsibilities of supervisors and workers in hazard identification, assessment and control, safety and health inspections, and accident reporting and investigation Create an employee orientation checklist

List the necessary health and safety training for employees

Understand the importance of communicating health and safety information.

- 1. Course Overview
- 2. Workplace Health and Safety Experience Due Diligence Health and Safety Policy Statement
- 3. Worker's Rights Three Rights of Workers
- 4. Supervisor and Worker Health and Safety Responsibilities Health and Safety Responsibilities Local Health and Safety Responsibilities
- 5. Health and Safety Committees (HSC) HSC's
- 6. Hazard Identification, Assessment, and Control Responsibilities Safety and Health Inspections Safety Audit

- 7. Employee Competency Employee Orientation Training
- 8. Accident Reporting and Investigation Accident Reporting **Accident Investigation**
- 9. Communicating Health and Safety Infor-
 - Communication Tools Right-to-know Information Station Summary Exercise
- 10. Personal Action Plan
- 11. Recommended Reading List
- 12. Post-Course Assessment

WORKPLACE VIOLENCE: HOW TO MANAGE ANGER AND VIOLENCE IN THE WORKPLACE

Violence of any sort has many roots. Sometimes there are warning signs of workplace violence, but this is not always the case. It is up to us to learn whatever we can to prevent, identify, and mitigate any threats, and this comprehensive course includes everything a workplace leader needs to get started.

LEARNING OUTCOMES

Describe what workplace violence is Identify some warning signs of violence Apply the cycle of anger

Understand Albert Bandura's behavior wheel and how it applies to anger Develop a seven-step process for managing your anger and others' anger Apply better communication and problem solving skills, which will reduce frustration and anger

Develop some other ways of managing anger, including coping thoughts and relaxation techniques Use the nine components of an organizational approach to managing anger, including risk assessment processes

Respond if a violent incident occurs in the workplace, on both an individual and organizational level

- 1. Course Overview
- 2. What is Workplace Violence?
- 3. Understanding the Behavior Wheel
- 4. The Anger Management Process
- 5. Communicating Better **Building Your Message Asking Questions** Three Keys
- 6. Basic Problem Solving Tools The Three-Phase Model Phase One Phase Two Phase Three The Problem Solving Toolkit Task Information **Skill Application**
- 7. Other Ways of Managing Anger Coping **Strategies Sanctuary Relaxation Techniques**
- 8. A Systems Approach
- 9. Developing a Policy and Program
- 10. Risk Assessment The Five Stages Risk Assessment for the Acme Widgets Company
- 11. Hiring Practices
- 12. Workplace Design
- 13. Workplace Practices and Procedures Workplace Policies **Workplace Procedures**
- 14. Security Systems and Personnel Systems Criteria

- A System for the Acme Widgets Company
- 15. Training Programs
- 16. Developing Emergency Response Plans Guide to Developing a Plan Emergency Response Plans for the Acme Widgets Company
- 17. Program Review
- 18. Developing a Threat Response Process
- 19. The Immediate Response What To Do When Violence Happens Case Study
- 20. Consulting with the Experts
- 21. Gathering Additional Information
- 22. Re-Evaluating Information
- 23. Communicating Incidents and Threats Deciding What to Say Developing a Communication Plan
- 24. Interviewing Employees Stages Seven and **Eight Making Connections**
- 25. Risk Level Analysis The Five Categories Case Studies
- 26. Reviewing the Options
- 27. Analyzing the Impact
- 28. Incident Response Checklist
- 29. Process Application
- 30. Personal Action Plan
- 31. Recommended Reading List
- 32. Post-Course Assessment

WRITING A BUSINESS PLAN

This course is designed for business owners and entrepreneurs who are ready to create a business plan. All the essential steps are covered, including drafting the original document; identifying the audience; gathering information; researching; describing product plans; and marketing, sales, and accounting terms. Students will come away from the course energized and prepared to write their business plan.

LEARNING OUTCOMES

Research and analyze the individual components needed for a business plan Apply skills to create a business plan for different audiences, including investors, banks, and other stakeholders

Explain the purpose and future of your business in easy to understand terms Use accounting terms to describe the future for your business Describe your marketing, sales, and planning strategies

- 1. Course Overview
- 2. What is a Business Plan For?
- 3. A General Business Plan Framework Creating a Framework Pre-Assignment Review
- 4. Identifying Your Audience Who Are You Writing For? The Rules of Writing
- 5. Gathering and Analyzing Information GO-**PARSE** PARSE in Action
- 6. Defining Your Company Identifying Your USP Writing Your Company Description **Describing Your Products and Services** Performing a Market Analysis Developing an Operations Plan Types of Operations
- 7. Getting to Work
- 8. Creating a Marketing Strategy Introduction to Marketing Analyzing the Competition and Yourself **Analyzing Distribution Channels Creating** a Marketing Plan Sketching Out the Plan Evaluate, Review, and Revise Leveraging

- Social Media
- 9. Creating the Sales Plan Building Your Sales Force The Sales Cycle
- 10. Developing Financial Projections Accounting Terminology General Accepted Accounting Principles (GAAP)
- 11. Key Reports Financial Projections Putting It All Together Writing the Executive Summary Making a Strong Presentation The Finishing Touches Reviewing and Revising
- 12. Personal Action Plan
- 13. Recommended Reading List
- 14. Post-Course Assessment

WRITING FOR THE WEB

Headlines, sub-titles, chunks of content, pictures, video, hyperlinks, menu buttons, and alternative text are all things that you need to keep in mind when writing for the web.

LEARNING OUTCOMES

Apply engaging techniques that draw readers to web pages Plan what to write to reflect your web hierarchy

Create engaging content, including catchy headlines Enhance your writing with other forms of media Make your writing accessible to a variety of readers

- Course Overview
 Learning Objectives
 Pre-Assignment, Part One Pre-Assignment, Part Two Pre-Course Assessment
- Getting to Know the Web
 Web Writing Is Not The Same! Part One
 Web Writing Is Not The Same! Part Two
 Pre-Assignment Review, Part One
 Pre-Assignment Review, Part Two
 Working with a Designer
 It's Work to Influence Others
- Creating Your Content
 Writing Eye-Catching Headlines Tips for
 Creating Great Headlines
 Writing Content Presenting Your Message
 Writing Goals, Part One Writing Goals, Part
 Two Making Connections
 Don't Forget to Proofread and Edit
- Writing For Different Mediums
 Writing for Social Media Tips for Various
 Platforms
- Testing the Waters
 Walk the Talk
 Writing for the Web Review
- Deciding What's Fit to Print What's Getting Read?Give Them What They Need Test Your Usability

- Consider Eye Tracking Break Up Content Reviewing and Planning
- Adding Audio and Video to Your Content The Debate Pros and Cons Making Connections
- 8. Getting Your Content Noticed Standing out in Crowds. Part One Standing out in Crowds, Part Two Standing out in Crowds, Part Three Search Engine Optimization Some Key Points to Keep in Mind How It Works **Pinging** Optimizing Keywords Keywords, Search Terms, and Tags Tips and Tricks Develop a Search Terms List Balancing SEO and Word Stuffing **Making Connections** Sharing your Content, Part One Sharing your Content, Part Two Sharing
- Personal Action Plan
 Starting Point Where I Want to Go
 How I Will Get There

your Content, Part Three

- 10. Course Summary
- 11. Recommended Reading List
- 12. Post-Course Assessment

WRITING REPORTS AND PROPOSALS

It is essential to understand how to write reports and proposals that get read. We write reports in a range of formats and a variety of purposes. Whether you need to report on a product analysis, inventory, feasibility studies, or something else, report writing is a skill you will use again and again.

Having a method to prepare these documents will help you be as efficient as possible with the task. This course will build on a solid base of writing skills to present information in formal, informal, and proposal styles.

LEARNING OUTCOMES

Prepare reports and proposals that inform, persuade, and provide information Review your work so that it is clear, concise, complete, and correct Apply these skills in real work applications

- 1. Course Overview
- 2. The Stages of Report Writing
- 3. The First Stage Investigating Gathering Information Let's Get Thinking!
- 4. The Second Stage Planning Choosing a Report Format Individual Activity
- 5. The Third Stage Writing
- 6. The Fourth Stage Revising Checklist for Success Spelling Test
- 7. Using Headings
- 8. Using Charts and Graphs
- 9. The Proposal The Differences When Writing Proposals The Ten Steps of Proposal Writing

Writing Exercise

- 10. Persuasion
- 11. Practical Application
- 12. Giving Credit Citing Sources Bibliography Exercise
- 13. Personal Action Plan
- 14. Recommended Reading List
- 15. Post-Course Assessment